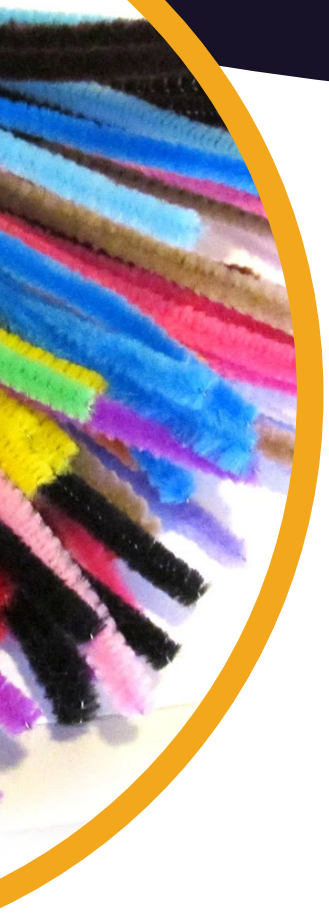
MINNEAPOLIS PUBLIC SCHOOLS

Healthy School Celebrations



We love celebrating achievements and special days! Here is how you can celebrate while following our school guidelines:

1 in 13 children have a food allergy, so chances are there is a food allergy in your child's classroom. Please check with the school before sending any food.

Fun, Food-Free Ideas

- Extra recess, a dance party, a classroom scavenger hunt, escape room puzzles, or a favorite craft.
- "Free choice" time (reading, coloring, quiet games), pajama days, crazy hair days, or spa days.
- A classroom community service project or acts of kindness.



Ideas Just for Birthdays

- Families can donate a favorite book or board game to the classroom.
- Swap cupcakes for stickers, erasers, pencils, bookmarks, or fidget toys.
- Make the birthday student a crown, badge, or sash, or let them be the teacher's assistant for the day.



bit.ly/MPS_wellness