



BE MORE THAN A RUNNING COACH

Let Me Run uses the power of running to help boys build confidence, healthy relationships, and active lifestyles.

LET ME RUN COLUMBUS VOLUNTEER COACHES NEEDED



Make a real difference for boys in **grades 3-8**



Teams meet **twice per week** for **7 weeks**



Use a **proven Let Me Run curriculum**



Training, resources, and support provided



YOU DON'T HAVE TO BE A RUNNER.

You bring the encouragement. We'll provide the tools.

READY TO MAKE A DIFFERENCE?

SCAN TO BECOME A COACH



LetMeRun.org

Questions?

Contact Shruti Gupta

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Preparing Boys for the Long Run