Breakfast

SEPTEMBER 2026

West Canada Valley Elementary

All COMPLETE Meals are Free!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	**2**	**3**	**4**
7 Labor Day- No School!	**8** Whole Grain Blueberry Muffin Top	**9** Cold Cereal	**10** Frudel	**11** Cold Cereal
14 Cereal Bar	**15** Warm Mini Cinni	**16** Cold Cereal	**17** Mini French Toast	**18** Yogurt with Graham Crackers
21 Cold Cereal	**22** Mini Waffles	**23** Whole Grain Glazed Donut Holes	**24** Cream Cheese Stuffed Bagel	**25** Cereal Bar
28 Whole Grain Blueberry MuffinTop	**29** Frudel	**30** Yogurt with Graham Crackers		

Welcome Back!!

West Canada Valley and USDA are Equal Opportunity Employers and Providers

Available Daily: Assorted Fresh and Chilled Fruit, Assorted 100% Fruit Juice, Assorted Ice Cold NY Milk,

Menu is Subject to Change

Don't forget to fill out your Income Collection Form!

Snacks, Extras, Beverages and other A la Carte items available for purchase.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Lunch

SEPTEMBER 2026

West Canada Valley Kindergarden- 12th

All COMPLETE Meals are Free!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	**2**	**3**	**4**
	Welcome Back!! West Canada Valley and USDA are Equal Opportunity Employers and Providers			
7 Labor Day- No School!	**8** Chicken Patty on a WG Bun Tater Tots Buttered Corn Assorted Fruit	**9** Turkey Sub w/ Lettuce & Tomato Mini Pretzels Carrots Sticks Assort Fruit	**10** Big Daddy Pizza Chopped Romaine Salad w/ Dressing Fresh Veggie Sticks Assorted Fruit	**11** Ham & Cheese Melt on WG Kaiser Roll Tomato Soup Sliced Cucumber & Carrot Sticks
14 Oven Roasted Chicken Seasoned Rice Steamed Broccoli Assorted Fruit	**15** Tacos on Crunchy Shell Toppings! Refried Beans Corn Assorted Fruit	**16** Burger on WG Bun Toppings! Steamed Carrots Celery Sticks Assorted Fruit	**17** Homemade Pizza Tossed Salad w/ Dressing Fresh Veggie Sticks Assorted Fruit	**18** BBQ Pork Rib On WG Kaiser Roll Sweet Potato Fries Celery Sticks Assorted Fruit
21 Chicken Tenders Mixed Green Salad w/ Dressing Peas Assorted Fruit	**22** Tacos on Soft Shell Toppings! Refried Beans Corn Assorted Fruit	**23** Meatball Sub French Fries Steamed Broccoli Assorted Fruit	**24** Tony's Cheese Pizza Tossed Salad w/ Dressing Fresh Veggie Sticks Assorted Fruit	**25** BRUNCH Mini Pancakes Sausage Link Hash Brown Carrot Sticks Assorted Fruit
28 Popcorn Chicken Mashed Potatoes Corn Assorted Fruit	**29** Chicken Wraps w/ Lettuce and Cheese Grape Tomatoes Assorted Fruit	**30** All Beef Hot Dog on WG Bun Macaroni Salad Veggie Beans Sliced Cucumbers Assorted Fruit		

Available Daily: Assorted Fresh and Chilled Fruit, Assorted 100% Fruit Juice, Assorted Ice Cold NY Milk, Peanut Butter and Jelly Sandwiches, Variety of Deli Sandwiches

Menu is Subject to Change

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Snacks, Extras, Beverages and other A la Carte items available for purchase.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Breakfast

SEPTEMBER 2026

West Canada Valley Middle/High

All COMPLETE Meals are Free!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7 Labor Day- No School!	8 Whole Grain Blueberry Muffin Top	9 Variety Breakfast Bars	10 Frudel	11 Cold Cereal
14 Warm Cinni Mini	15 Breakfast Pizza	16 Variety Cold Cereal	17 Breakfast Sandwich	18 Yogurt with Graham Crackers
21 Variety Cold Cereal	22 Breakfast Pizza	23 Mini Waffles	24 Breakfast Sandwich	25 Variety Cereal Bars
28 Pancake Sausage on Stick	29 Breakfast Pizza	30 Frudel		

Welcome Back!!

West Canada Valley and USDA are Equal Opportunity Employers and Providers

Available Daily: Assorted Fresh and Chilled Fruit, Assorted 100% Fruit Juice, Assorted Ice Cold NY Milk,

Breakfast is Available 7:25-8:00 in the High School Cafeteria

Menu is Subject to Change

Don't forget to fill out your Income Collection Form!

Snacks, Extras, Beverages and other A la Carte items available for purchase.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com

Breakfast & Lunch

SEPTEMBER 2026

West Canada Valley Pre- K

All COMPLETE Meals are Free!

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
7 Labor Day- No School!	8	9	10 Mini French Toast Big Daddy Pizza Fresh Veggie Sticks Assorted Fruit	11 Yogurt and Graham Cracker Turkey Rolls + Cheese Stick Goldfish Pretzels Baby Carrots, Assorted Fruit
14 Cereal Bar Baked Chicken Seasoned Rice Steamed Broccoli Assorted Fruit	15 Mini Waffles Tacos on Crunchy Shell Toppings! Corn Assorted Fruit	16 Cold Cereal Burger on WG Bun Toppings! Steamed Carrots Assorted Fruit	17 Yogurt and Graham Crackers English Muffin Pizza Tossed Salad Assorted Fruit	18 Cereal Bar Turkey Rolls + Cheese Stick Goldfish Pretzels Baby Carrots, Assorted Fruit
21 Cold Cereal Chicken Tenders Baby Carrots Assorted Fruit	22 Mini Waffles Tacos on Soft Shell Corn Assorted Fruit	23 WG Donut Holes Meatballs w/ Sauce Dinner Roll Steamed Broccoli Assorted Fruit	24 Yogurt and Graham Crackers Tony's Cheese Pizza Tossed Salad Assorted Fruit	25 Cereal Bar Mini Pancakes Sausage Link Hash Brown Assorted Fruit
28 Blueberry Muffin Top Popcorn Chicken Corn Assorted Fruit	29 Cold Cereal Turkey Rolls + Cheese Stick Goldfish Pretzels Sliced Cukes Assorted Fruit	30 Cereal Bar Yogurt Parfait Cups Baby Carrots Assorted Fruit		

We can't wait to meet you!!

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Available Daily: Assorted Fresh and Chilled Fruit, Assorted 100% Fruit Juice, Assorted Ice Cold NY Milk,

Menu is Subject to Change

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Snacks, Extras, Beverages and other A la Carte items available for purchase.

MY SCHOOL BUCKS PAY FOR MEALS ONLINE MySchoolBucks.com