

# PHILOMATH MIDDLE SCHOOL CROSS COUNTRY SCHEDULE 2026



| Date       | Teams and Locations                                              | Dismiss                                                        | Leave  | Return |
|------------|------------------------------------------------------------------|----------------------------------------------------------------|--------|--------|
| 9/10/2026  | Parent Meeting @ 4:30 @ PMS Library                              |                                                                |        |        |
| 9/21/2026  | <b>Team Photos @ PMS during Practice</b>                         |                                                                |        |        |
| 9/23/2026  | Conquer the Hill @ Delphian<br>Starts @ 3:30pm                   | 12:45pm                                                        | 1:00pm | 6:30pm |
| 10/1/2026  | Stayton Middle School<br>Starts @ 3:30pm                         | 1:20pm                                                         | 1:30pm | 5:45pm |
| 10/8/2026  | NW Middle School Showdown<br>@ Crystal Lake Sports Park @ 3:30pm | 2:00pm                                                         | 2:15pm | 6:00pm |
| 10/10/2026 | Paul Mariman Invitational<br>@ Philomath High School @ 11:00am   | OPTIONAL SATURDAY EVENT<br>Parent Transport - Arrive @ 10:00am |        |        |
| 10/15/2026 | Kings Valley MS Invitational<br>Starts @ 4:15pm                  | 2:35pm                                                         | 2:45pm | 6:15pm |
| 10/19/2026 | <b>PHILOMATH MS XC Meet</b><br>Parents please volunteer          | <b>Meet Starts @ 4:00 pm</b>                                   |        |        |

For event information and results, please visit  
<https://www.athletic.net/team/20534/cross-country/2026>

If your athlete has a cell phone, please allow him or her to call you after away meets to confirm arrival time.  
 If you pick up your athletes at the meet, please check out with coaches prior to leaving.

**Coaches:** Nancy Thompson [nancy.thompson@philomath.k12.or.us](mailto:nancy.thompson@philomath.k12.or.us)  
 Sarah Peterson [sarah.peterson@philomath.k12.or.us](mailto:sarah.peterson@philomath.k12.or.us)

Phone: 541-929-3167

**Driving Directions on Reverse**

## **Driving Directions:**

### **Kings Valley Charter School – 38840 Kings Valley Hwy, Philomath OR 97370**

Head west on US-20 W/ Main St Philomath out of town. Turn right onto OR-223 N onto Kings Valley Hwy. Continue for almost 8 miles until arriving at the school on the left hand side.

### **Stayton Middle School – 1021 Shaff Road, Stayton**

Follow I-5 north to exit 238, toward south Jefferson. Turn left onto Jefferson Highway/OR-164. After 2.5 miles, turn right onto North Avenue. North Avenue becomes Jefferson-Marion Road SE. Turn right onto Stayton Road SE. Turn left onto Wilco Rd. Turn right onto Shaff Road SE. The school will be on the left.

### **Delphian School – 20950 Rock Creek Rd, Sheridan OR 97378**

Take HWY 99N out of Corvallis towards Monmouth to OR 22 W in Polk County. At the traffic circle, take the 2<sup>nd</sup> exit to continue on OR-99W. Use the left lane to merge onto OR-22W towards the Oregon Coast. Continue on OR-22W. Turn right onto OR-18 BUS E. Slight right onto NE Main St. Continue onto OR-18 BUS E/Willamina Sheridan HWY 157. Turn left onto Rock Creek Rd. Turn left and your destination will be on the right.

### **Middle School Showdown (Crystal Lake Park)- 100 SE Fischer Ln, Corvallis**

Take Philomath Blvd out of Philomath towards Corvallis. Pass Safeway. Continue until turning right on on SW 15<sup>th</sup> St into Avery Park. Once in Avery Park, continue to the left to stay on SW Avery Park Dr. At the stop sign, turn left on SW Avery Ave. Go straight through the light onto Crystal Lake Dr. Turn left onto SE Fisher Ln.