



RAISING HEALTHY FAMILIES

Join Cindy Horgan for a supportive, evidence-informed 6-week parenting series designed to strengthen families. Build confidence, deepen connection, and explore tools that nurture your child's self-esteem and development.

Topics include:

- ▶ **Understanding Temperament**
- ▶ **Building routines that support development**
- ▶ **Positive discipline strategies**
- ▶ **Strengthening parent-child connection**

TUESDAYS
9/22 – 10/27
6 – 7:30PM



**DENNIS PUBLIC
LIBRARY**



PIZZA
5:30PM



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TO REGISTER: call 508-240-3310 • or email dolly@capecodchildrensplace.org