

# September Super Power Box



COMMUNITY SITES 2026

[mpschoools.org/menus](https://mpschoools.org/menus)

|                                                                           |                                                                  |                                                                   |                                                                     |                                                                |
|---------------------------------------------------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------|---------------------------------------------------------------------|----------------------------------------------------------------|
| 7                                                                         | 8                                                                | 9                                                                 | 10                                                                  | 11                                                             |
| 14                                                                        | 15                                                               | 16                                                                | 17                                                                  | 18                                                             |
| Bagel & Apple Chickpea Spread<br><br>Fruit, vegetable, & milk offered     | Cracker & Cheese Cup<br><br>Fruit, vegetable, & milk offered     | Animal Crackers & Yogurt<br><br>Fruit, vegetable, & milk offered  | Tortilla Chips & Salsa<br><br>Fruit, vegetable, & milk offered      | Flatbread & Hummus<br><br>Fruit, vegetable, & milk offered     |
| 21                                                                        | 22                                                               | 23                                                                | 24                                                                  | 25                                                             |
| Bagel & Chocolate Chickpea Spread<br><br>Fruit, vegetable, & milk offered | Granola Bites and Yogurt<br><br>Fruit, vegetable, & milk offered | Chickpea & Jelly Sandwich<br><br>Fruit, vegetable, & milk offered | Flatbread & Hard Boiled Egg<br><br>Fruit, vegetable, & milk offered | Pretzel & Turkey Stick<br><br>Fruit, vegetable, & milk offered |
| 28                                                                        | 29                                                               | 30                                                                | 1                                                                   | 2                                                              |
| Bagel & Apple Chickpea Spread<br><br>Fruit, vegetable, & milk offered     | Cracker & Cheese Cup<br><br>Fruit, vegetable, & milk offered     | Animal Crackers & Yogurt<br><br>Fruit, vegetable, & milk offered  | Tortilla Chips & Salsa<br><br>Fruit, vegetable, & milk offered      | Flatbread & Hummus<br><br>Fruit, vegetable, & milk offered     |

For nutrition facts and allergens, visit [schoolcafe.com/](https://schoolcafe.com/) MinneapolisPublicSchools. Menu subject to change.  
This institution is an equal opportunity provider.



**WE DO NOT SERVE PORK HERE.**

No servimos cerdo aqui.

Waxaan halkan kuma adeegi doofaarka.

Peb tsis pab nqaij npuas no.