



September 2026

Saint Joseph High School - Metuchen

Lunch Entrees

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

• Main Entree: \$8.00

1

National Gyro Day!
Mediterranean Chicken Gyro
served w/ shredded lettuce, diced
tomatoes, lemon potatoes &
tzatziki sauce

2

Buffalo Chicken Mac & Cheese Bar
Assorted Toppings

3

Joey D's Pizza served w/ small
caesar salad

4

7



8

General Tso's Chicken served over
fluffy white rice & seasonal
vegetables

9

The Fat Joe- Loaded Philly
Cheesesteak stuffed with
mozzarella sticks, chicken fingers &
french fries

10

Seasoned Beef Walking Taco! Your
choice of Classic Tostitos or Nacho
Cheese Doritos topped with beef
taco, shredded lettuce, diced
tomato

11

Joey D's Pizza served w/ small
caesar salad

14

Bourbon Chicken served w/ onion
oven roasted potatoes & green
beans

15

Chicken Parmesan served w/ pasta
& housemade garlic bread

16

Belgian waffles, thick cut bacon &
breakfast potatoes

17



Hickory Sticks BBQ Day!
Your Choice of 2 items a Brisket,
Boneless BBQ Chicken, or a Hot
Dog
Served with Sliced water melon,
pasta salad, & cornbread

18

Joey D's Pizza served w/ small
caesar salad

21

Nashville Hot Chicken Sandwich
served w/ Mac N Cheese

22

Korean Ground Beef Bowl-
seasoned ground beef, fresh cut
cucumbers, shredded carrots, egg
over fluffy white rice or fried rice

23

Quesadilla Theme bar!
Your choice of Buffalo Chicken &
Bacon, Crispy Chicken, Bacon &
Ranch, or 3 Cheese Jalapeno
Pepper quesadilla cheese served
rice & beans

24

Rodeo Burger. 5 oz burger topped
with american cheese & onion
rings served w/ tater tots

25

Joey D's Pizza served w/ small
caesar salad

28



Boneless Wing Theme Day!
Your choice of Classic Buffalo,
Garlic Parmesan, and Honey BBQ.
Served with a side of Parmesan
garlic fries

29

Baked Ziti with meat sauce served
w/ a side of cheesy garlic bread

30

Roasted Lemon Pepper Chicken
served over white rice, roasted
potatoes w/ roasted vegetables

*Menu is Subject to Change



QUESTIONS OR COMMENTS?
Please call us at (973) 598-0005 to speak
to one of Maschio's Registered Dietitian
Nutritionists.

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Healthy meals grow
healthy kids!

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