

Ardsley High School

09/14/2026 - 09/18/2026

Welcome to our
Lunch Cafe

MEATLESS MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



BBQ Pulled Pork Sandwich
shredded pork smothered in a smoky BBQ sauce and arranged on a soft bun
Buttered Corn
Homemade Carrot & Raisin Slaw
Fresh Apple

★ Crispy Tacos
homemade spicy taco meat inside a crispy taco shell topped with cheese
Black Beans
Fresh Baby Carrots
Watermelon Slices

General Tso Chicken Noodle Bowl
freshly baked chicken in a soy ginger sauce with vegetables over noodles
Green Beans
Cucumber Coins
Fresh Banana

Steamed Chicken and Vegetable Dumplings
Vegetable Fried Rice
Sauteed Zucchini
Chilled Red Pepper Strips
Fresh Pear

Pasta with Meat ★ Sauce
freshly cooked pasta with meat sauce
Sauteed Spinach
Side Salad
Fresh Grapes

*Beef

*Beef

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2%



Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

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Hand Crafted Buffalo Chicken Pizza
fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

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fresh dough layered with sauce, topped with cheese and Buffalo chicken pieces and baked until crisp

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Chicken & Cheese Quesadilla
hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

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hand crafted grilled flour tortilla filled with juicy chicken and melty cheese

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Bacon, Egg and Cheese Breakfast Sandwich
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese

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warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese

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Bacon, Egg and Cheese Breakfast Sandwich
warm breakfast sandwich prepared in-house and made with bacon, egg, and cheese

Available Daily: Assorted Cold Cuts, Cheeses, Bread, Wraps, Rolls & Condiments Made to Order and ALWAYS Fresh!



Chicken Caesar Salad
Crispy Chicken Garden Salad
NY Fruity Yogurt Parfait with Granola
Strawberry Banana Smoothie

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Crispy Chicken Garden Salad
NY Fruity Yogurt Parfait with Granola
Strawberry Banana Smoothie

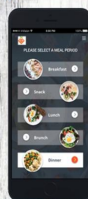
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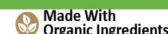
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



Check out our mobile menu at www.FDMealPlanner.com or download FD MealPlanner free of charge, from the App Store or Google Play, and view your menu on your mobile device anywhere.

Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions. * Menu is subject to change, notice posted when available. * In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. * This institution is an equal opportunity provider.

WHITSON'S FAMILY OF COMPANIES WWW.WHITSONS.COM



Ardsley High School

09/21/2026 - 09/25/2026

Welcome to our
Lunch Cafe

MEATLESS MONDAY
Monday

Tuesday

Wednesday

Thursday

Friday



**SCHOOL
CLOSED
TODAY**

Incredibowls Fiesta
Chicken & Rice Bowl
seasoned rice topped
with beans, chicken, corn
and cheese 🌱🌱
Black Beans
Chilled Red Pepper
Strips
Fresh Melon Cup

Chicken Parmesan
Over Pasta
oven baked chicken
topped with sauce and
melted cheese, all over
pasta 🌱
Sauteed Zucchini
Cucumber Coins
Fresh Banana

French Toast
French toast baked to
perfection 🌱
*Sausage Patty
Crispy Potato Puffs
Confetti Garbanzo
Bean Salad
Blueberries
**IT'S BRUNCH
FOR LUNCH** 🌱
*Chicken

Beef Goulash
Hungarian style beef
stew with fresh
mushrooms, carrots,
onions and celery
simmered to perfection
in-house 🌱
Steamed Broccoli
Fresh Baby Carrots
Fresh Apple

Served with choice of side salad, variety of fresh fruit and vegetables. Choice of Fat Free, 1% or 2% chilled milk



BBQ Chicken Pizza
freshly prepared pizza
dough topped with BBQ
sauce, mozzarella,
cheddar, chicken strips,
and red onion 🌱

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cheddar, chicken strips,
and red onion 🌱

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freshly prepared pizza
dough topped with BBQ
sauce, mozzarella,
cheddar, chicken strips,
and red onion 🌱

BBQ Chicken Pizza
freshly prepared pizza
dough topped with BBQ
sauce, mozzarella,
cheddar, chicken strips,
and red onion 🌱

Available Daily: cheese pizza, pepperoni pizza and specialty on whole grain rich pizza dough



Cheesy Stuffed
Bread Sticks
baked bread sticks filled
with melted cheese 🌱
Tomato Sauce

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baked bread sticks filled
with melted cheese 🌱
Tomato Sauce

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Tomato Sauce

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Bread Sticks
baked bread sticks filled
with melted cheese 🌱
Tomato Sauce

Available Daily: hamburgers, cheeseburgers, and chicken patty sandwiches



Vegan Hummus
Wrap Halal
creamy hummus spread
over a soft tortilla rolled
up with a variety of hand
sliced crispy vegetables
🌱🌱

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Available Daily: Assorted Cold Cuts, Cheeses, Breads, Rolls, Wraps & Condiments made to order and ALWAYS Fresh!



Chicken Caesar
Salad 🌱
Crispy Chicken
Garden Salad 🌱
NY Fruity Yogurt
Parfait with Granola
🌱🌱
Strawberry Banana
Smoothie 🌱

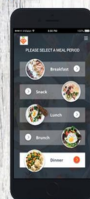
Chicken Caesar
Salad 🌱
Crispy Chicken
Garden Salad 🌱
NY Fruity Yogurt
Parfait with Granola
🌱🌱
Strawberry Banana
Smoothie 🌱

Chicken Caesar
Salad 🌱
Crispy Chicken
Garden Salad 🌱
NY Fruity Yogurt
Parfait with Granola
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Strawberry Banana
Smoothie 🌱

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Garden Salad 🌱
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Smoothie 🌱



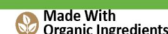
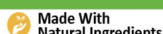
Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes WW dinner roll and choice of fruit and milk



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Ardsley High School

09/28/2026 - 09/30/2026

Welcome to our
Lunch Cafe

MEATLESS
MONDAY

Monday

Tuesday

Wednesday

Thursday

Friday



Chicken and Waffles
*crispy chicken placed on
top of fluffy waffles*
Steamed Peas
Cherry Tomatoes
Fresh Melon Cup

Baked Chicken
Breast
Baked Chicken Breast
Roasted Butternut
Squash
Homemade Sweet
Beet Salad
Fresh Orange
Quinoa

Nachos Grande
*tortilla chips topped with
freshly prepared mexi
style meat and cheese*

Black Beans
Green Pepper Slices
Fresh Pear



Beef



Hawaiian Pizza
*ham and pineapple
chunks over a cheese
pizza slice* P 🌱 🍌

P Bacon Pizza
*pizza dough topped with
tomato sauce, cheese
and crispy bacon* 🍌

P Bacon Pizza
*pizza dough topped with
tomato sauce, cheese
and crispy bacon* 🍌

Available Daily: Cheese Pizza, Pepperoni Pizza and Vegetable Pizza all featuring whole grain rich pizza dough



Toasty Garlic
Mozzarella Sandwich
with Tomato
*toasted garlic bread
sandwich stuffed with
mozzarella and tomato* 🌱 🍌

Pretzel
Cheddar Cheese
Sauce

Pretzel
Cheddar Cheese
Sauce

Available Daily: Hamburgers, Cheeseburgers, Turkey Burgers, Veggie Burgers, Chicken Patties and Spicy Chicken



BLT Wrap
*freshly made wrap filled
with crispy bacon, lettuce,
tomato and cheese* P 🍌

All American Wrap
*roast beef, turkey breast,
ham and cheese on a
wrap with lettuce and
tomato* P 🍌

All American Wrap
*roast beef, turkey breast,
ham and cheese on a
wrap with lettuce and
tomato* P 🍌

Available Daily: Assorted cold cuts, cheeses, bread, rolls, wraps & Condiments Made to Order Always Fresh!



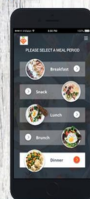
NY Fruity Yogurt
Parfait with Granola 🌱 🍌 🍌
Chicken Caesar
Salad 🍌
Crispy Chicken
Garden Salad 🍌
Apple Cinnamon
Smoothie 🌱 🍌 🍌

NY Fruity Yogurt
Parfait with Granola 🌱 🍌 🍌
Chicken Caesar
Salad 🍌
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Chicken Caesar
Salad 🍌
Crispy Chicken
Garden Salad 🍌
Apple Cinnamon
Smoothie 🌱 🍌 🍌



Available Daily: Garden Salad, Chef Salad, Caesar Salad. Includes whole wheat dinner roll and your choice of fruit and milk



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