



WEEK 1 - GLUTEN FREE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
SOUP OF THE DAY	Cream of Vegetable	French Onion	Minestrone	Chicken Noodle	Spiced Parship
MAIN COURSE 1	Roast Chicken Casserole With Herb Roasted Potatoes	Pasta Bolognaise With Garlic Bread	Chicken Nuggets, Crispy Potatoes & Beans	Chicken Blackbean With Noodles	Battered Haddock, Chips & Mushy Peas
MAIN COURSE 2	Leek & Mushroom Pie With Herb Roasted Potatoes	Macaroni Cheese	Baked Potato With Beans & Cheese	Sausage Mash, Peas & Gravy	Chicken Curry With Rice