

K-8 Entrees October 2026-2027

Ingredients and menu items are subject to change or substitution without notice. Allergen information is for entrée dishes only and does not include any condiments or side dishes. Please consult a medical professional for assistance in planning for or treating a medical condition. (? = Manufactured on equipment or contains trace amounts of this allergen.) (Items in GREEN print are meatless)

Week of October 5, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer																		
WG Crumble Square (M)	Dave's Baking	44.5g	3.6g	15.5g	7.8g	X	X						X	X					
Bean & Cheese Burrito	Cabo Real	44.08g	8.9g	1.42g	0g	X							X	X					
8" French Bread Pizza Pepperoni	Nardone Bros	28.g	3g	3g	0g	X							X	X	X		X		
Tuesday																			
Egg & Cheese Burrito	Michaels B's	20g	3g	0g	0g	X	X							X					
8" French Bread Pizza Cheese	Nardone Bros	28g	3g	3g	0g	X							X	X					
Beef & Cheese Taco Stick	Integrated	28.97g	3.07g	1g	0g	X							X	X	X				
Wednesday																			
Cornbread Muffin	Daves	32g	2.2g	15g	14.2g	X	X						X	X					
Grilled Cheese Sandwich	Integrated	30.96g	3g	5.65g	0g	X							X	X					
BBQ Pork with Tortilla	Brookwood Farms/La Tapatia	29g	3g	0g	0g								X				X		
Thursday																			
NO SCHOOL																			
Friday																			
Breakfast Pizza Bagel	Tony Roberts	23.16g	1.80g	4g	0g	X	X			X			X	X			X		
Vegan Cheese & Rice Burrito	Michael B's Food	60g	11g	3g	0g									X				X	
Chicken with Alfredo Pasta	EESD (#900149)	38g	4g	3g	0g		?							X		X			
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Week of October 12, 2026		Carb Count	Dietary Fiber	Sugar	Added Sugar	Dairy	Eggs	Peanut	TreeNut	Sesame	Fish	Shellfish	Soy	Wheat	Beef	Poultry	Pork	Vegan (V)	Gluten Free (GF)
Monday	Manufacturer																		
Concha (M)	Lupitas	34g	2g	8g	7g		X						X	X					
Deep Dish Cheese Pizza	Wild Mikes	36g	1g	5g	0g	X								X					
Mini Meatball Hoagie (B)	B Michael B's Food Products	32g	4g	5.84g	0g	X	X							X					
Tuesday																			
Snack n Waffle	Arlington	37g	2g	15g	0g	X	X							X					
Cheese Ravioli & Roll	Tasty Brands / Shannons	55g	5g	7g	3g	X	?	?	?	X	?	?	X	X					
Chicken Nuggets w/ Fries	Tayson / McCain	34g	5g	1g	0g								X	X		X			
Wednesday																			
Bagel & Cream Cheese	Tony & Robert / Schreiber	50g	3g	2g	0g	X								X					
Veggie Nuggest w/Fries	Rebelyous Foods / McCain	31g	2g	2g	1g								X	X					
Chicken Empanada(C)	Albies	36g	4g	5g	3g	X							X	X					
Thursday																			
Mini Pancake Puffs	PILLSBURY	33g	2g	10g	9g	X	X						X	X					
Chickenless Tenders w/ Roll	Dr.Praegers's/Shannon's	32g	6g	3g	0g		?			?			X	X					
Chicken Double Dog	Michael B's	29g	2g	5g	0g								X	X		X			

Quesadilla Breakfast Turkey Sausage (T)	Tony Robert's	21.7g	2g	2g	2g	X								X	X				
Ciabatta Cheese Melt (M)	E.S. Food	28g	2g	6g	6g	X								X	X				
Deep Dish Pepperoni Pizza	Wild Mikes	36g	1g	0g	0g	X								X	X				
Friday																			
Mini Waffle	Kellogg's	46g	5g	13.8g	0g	X	X							X	X				
Halloween Cookies	Fun Food	20g	1g	7g	7g									X					
Galaxy Cheese Pizza (M)	Tony's	28g	3g	8g	2g	X								X					
Beef Mac and Cheese	Evergreen, SD	49.74g	3.99g	1g	0.5g	X								X	X	X			

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Item	Flavors	Brand	Size	Carb.	Sugar
Milk 1%	White Milk	Producers'	8 fl. oz.	16g	15g
Milk Fat Free	Chocolate Milk	Producers'	8 fl. oz.	20g	19g
100% Fruit Juice	Apple	Apple & Eve	4 fl. oz.	14g	13g
100% Fruit Juice	Fruit Punch	Apple & Eve	4 fl. oz.	15g	13g
100% Fruit Juice	Orange Tangerine	Apple & Eve	4 fl. oz.	12g	12g
100% Fruit Juice	Kiwi Strawberry	Apple & Eve	4 fl. oz.	13g	12g
100% Fruit Juice	Fruit Punch	SunCup	4 fl. oz.	15g	14g
100% Fruit Juice	Grape	SunCup	4 fl. oz.	20g	19g
100% Fruit Juice	Orange Tangerine	SunCup	4 fl. oz.	15g	13g
100% Fruit Juice	Kiwi Strawberry	SunCup	4 fl. oz.	14g	12g
100% Fruit Juice	Very Berry	SunCup	4 fl. oz.	17g	15g
100% Fruit Juice	Paradise Punch	SunCup	4 fl. oz.	14g	15g

Item	Brand	Size	Carb.	Sugar
Chocolate Grahams	MJM	1oz	21g	7g
Vanilla Grahams	MJM	1oz	20g	6g
Apple Cinnamon	MJM	1oz	21g	7g
Waffle	MJM	1oz	21g	7g
Cocoa Puff Cereal	NA Food Service	1oz	25g	6g
Froot Loop	Kellog's	1oz	24g	6g
Apple Jack	Kellog's	1oz	24g	6g
Golden Grahams	NA Food Service	1oz	23g	6g
Lucky Charms	General Mills	1oz	22g	6g
Rice Chex	NA Food Service	1oz	24g	2g
Scooters	Post Food Service	1oz	21g	2g
Toast Crunch	General Mills	1oz	22g	6g
Trix	General Mills	1oz	23g	6g