

Lewisville ISD Elementary Recess Weather Guidelines

Heat Index

Heat Index Below 89°	Heat Index 90° - 98°	Heat Index 99° - 103°	Heat Index 104° or Above
Outside Recess	Caution at Recess	Limited Recess*	Danger
➤ Students can comfortably play outside for 30 minutes ➤ Provide waters, breaks, and shade	➤ Monitor conditions during 30 minute recess ➤ Students should be allowed water before, during, and after recess ➤ Play in shaded area if available	➤ Limit activity to 20 minutes or less ➤ Students should be allowed water before, during, and after recess ➤ Consider actual temperature ➤ Allow for cool down period	➤ No Outdoor Play ➤ All students should remain inside
*Consideration for timeframes are based on LISD SHAC input and the National Weather Service recommendation.			

Wind Chill Factor

Wind Chill 33° or Below	Wind Chill 34° - 40°	Wind Chill 41° or Above
Danger	Caution at Recess*	Outside Recess
➤ No Outdoor Play ➤ All students should remain inside	➤ Monitor conditions during 20 - 30 minute recess ➤ Students should be dressed appropriately for weather ➤ Allow for water and breaks	➤ Students can comfortably play outside for 30 minutes ➤ Allow for water and breaks
*Consideration for timeframes are based on LISD SHAC input and the National Weather Service recommendation.		



All Elementary campuses in LISD follow heat index which is indicated by the “feels” on the above graphic from Perry Weather.

Link to widgets for current weather conditions: [LISD Weather Widgets by Campus](#)

Feel free to share the widget link with anyone on your campus who needs to view current weather conditions.

Campus Administrators make the final decision for outside recess. Data indicates ozone concentrations typically occur after recess/end of school day and should not be the main factor deciding outdoor play. Always consider individual medical plans of students. LISD policy states elementary students shall participate in daily unstructured recess. Recess will not be withheld nor will specific activity be assigned consequently for behavior.