

SEPTEMBER 2026

Reading Every Day: Building Stamina with Complex Text

This Month's Focus: HMC-1's High Literacy Driving Principles call for every student to read and respond to complex, grade-level text daily. This month is about building reading stamina and volume, not just accuracy.

Tips for Parents & Families

- Read a little every single day rather than a lot on just one day.
- Visit the school or public library and let your child choose their own books.
- Before reading, ask what they think the book will be about; afterward, ask them to summarize it in a few sentences.
- Model reading yourself so your child sees reading as something adults value too.

Tips for School Volunteers & Tutors

Grade Band	Volunteer & Tutor Tip
K-3	Practice sounding out unfamiliar words together, and celebrate when a student decodes a tricky word independently.
4-6	Read two short texts on the same topic and ask the student to compare what each one says.
7-8	Support close reading by asking students to underline or note one interesting sentence per page.
9-12	Discuss word origins and academic vocabulary that come up in a novel-length text or article.

Try This at Home: Build a Reading Stamina Chart

Make a simple chart and add a sticker or checkmark for every day your child reads for at least 15 minutes. Celebrate reaching 10, 20, and 30 days.

"Every student will read a 500-word text (minimum) in each content area daily, with appropriate support, independently reading an age-appropriate number of words in each hour of instruction."