

SEPTEMBER 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu : Urban Academy Lunch Menu

Grade : K-8 Grades

Meal Pattern : NSLP

Meal : Lunch

Monday, 8/31/2026		Tuesday, 9/1/2026		Wednesday, 9/2/2026	
Thursday, 9/3/2026		Friday, 9/4/2026			
Week IV HOT MEAL					
Monday, 9/7/2026		Tuesday, 9/8/2026		Wednesday, 9/9/2026	
Thursday, 9/10/2026		Friday, 9/11/2026			
Week V HOT MEAL		Cheeseburger	Brunch Lunch	Sweet & Sour Chicken	Fresh Hot Delivered Pizza
		Bun, Chz Slice & Ketchup	French Toast Sticks w/ Syrup	Steamed Rice	Assorted Salad Bar
		Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Fresh Orange
		Fruit Cup	Banana	Fresh Watermelon Chunks	Choice Milk
		Choice Milk	Choice Milk	Choice Milk	Yahoo! Special Chips Day! Nacho Cheese Doritos
Monday, 9/14/2026		Tuesday, 9/15/2026		Wednesday, 9/16/2026	
Thursday, 9/17/2026		Friday, 9/18/2026			
Week VI HOT MEALS	Premium Chicken Nuggets	All Beef Hot Dog	Asian Chicken Dumplings	Walking Taco	Fresh Hot Delivered Pizza
	Ketchup	Served with Ketchup	Momo Sauce	Nacho Doritos, Seasoned Beef Taco	Assorted Salad Bar
	Tater Tots w/ Ketchup	Assorted Salad Bar	Assorted Salad Bar	Fill with Shred Cheddar Cheese & Mild Salsa	Fresh Orange
	Assorted Salad Bar	Fruit Cup & Choice Milk	Banana	Assorted Salad Bar	Choice Milk
	WG Roll, Crisp Apple Wedges & Choice Milk	Yahoo! Special Treat Day! Confetti Cookie	Choice Milk	Fresh Watermelon Chunks & Choice Milk	
Monday, 9/21/2026		Tuesday, 9/22/2026		Wednesday, 9/23/2026	
Thursday, 9/24/2026		Friday, 9/25/2026			
Week I HOT MEALS	Chicken Patty Sandwich	Beef Bulgogi Bowl	Hot Italian Beef Meatball Sub	Mandarin Orange Chicken & Noodles	Fresh Hot Delivered Pizza
	WG Bun & Ketchup	Sliced Beef Bulgogi served on Seasoned Rice Top with Cilantro from Salad Bar	Marinara Meatballs, WG Sub, Mozzarella Cheese (Served Separately)	Orange Chicken on Mongolian Noodles	Assorted Salad Bar
	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Assorted Salad Bar	Fresh Orange
	Crisp Apple Wedges & Choice Milk	Fruit Cup	Banana	Fresh Watermelon Chunks	Choice Milk
	Hooray! Special Chips Day! Cool Ranch Doritos	Choice Milk	Choice Milk	Choice Milk	
Monday, 9/28/2026		Tuesday, 9/29/2026		Wednesday, 9/30/2026	
Week II HOT MEALS	PopMax Chicken & Creamy Cheesy Hashbrowns	Classic Hamburger	Creamy Mac & Cheese		
	Popcorn Chicken w/ Ketchup	WG Bun, Pickles & Ketchup	Assorted Salad Bar		
	Creamy Cheesy Hashbrowns	Assorted Salad Bar	Banana		
	Assorted Salad Bar	Fruit Cup	Choice Milk		
	WG Roll, Crisp Apple Wedges & Choice Milk	Choice Milk	Woohoo! Special Treat Day! Brownie Chocolate Chip Cookie		

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

(Menu Subject to Change)					OCTOBER 2026	
	TASTY	HEALTHY	FUN	VARIETY	BALANCED	
Week II				Thursday, 10/1/2026	Friday, 10/2/2026	
				Pulled Chicken Taco Seasoned Pulled Chicken Taco served with WG Tortilla, Shred Cheddar Cheese & Crema Assorted Salad Bar Fresh Watermelon Chunks & Choice Milk	Fresh Hot Delivered Pizza Assorted Salad Bar Fresh Orange Choice Milk	
Week III	Monday, 10/5/2026	Tuesday, 10/6/2026	Wednesday, 10/7/2026	Thursday, 10/8/2026	Friday, 10/9/2026	
	Brunch Lunch Buttermilk Pancakes w/ Syrup Colby Cheese Omelet Assorted Salad Bar Crisp Apple Wedges & Choice Milk	Crispy Chicken Tenders Ketchup WG Roll Assorted Salad Bar Fruit Cup & Choice Milk	Manchurian Meatballs Brothless Ramen Top with Broccoli, Shred Carrots (Add Shred Cabbage from Salad Bar) Assorted Salad Bar Banana & Choice Milk	Roasted Chicken Drumstick Mashed Potatoes Assorted Salad Bar Fresh Watermelon Chunks & Choice Milk Yahoo! Special Chips Day! Baked Cheetos	Fresh Hot Delivered Pizza Assorted Salad Bar Fresh Orange Choice Milk	
Week IV	Monday, 10/12/2026	Tuesday, 10/13/2026	Wednesday, 10/14/2026	Thursday, 10/15/2026	Friday, 10/16/2026	
	Battered Corn Dog WG Chicken Corn Dog served with Ketchup Assorted Salad Bar Crisp Apple Wedges & Choice Milk Hooray! Special Chips Day! Cool Ranch Doritos	Twin Faves Day Chicken Nuggets w/ Ketchup Mac & Cheese Assorted Salad Bar Fruit Cup & Choice Milk	Zeus Frito Crunch Greek Style Seasoned Beef, Fritos, Tzatziki Sauce Assorted Salad Bar Banana Choice Milk	Hmong Sausage Steamed Rice Assorted Salad Bar Fresh Watermelon Chunks Choice Milk	Fresh Hot Delivered Pizza Assorted Salad Bar Fresh Orange Choice Milk	
Week V	Monday, 10/19/2026	Tuesday, 10/20/2026	Wednesday, 10/21/2026	Thursday, 10/22/2026	Friday, 10/23/2026	
	Big Bite Pop-Chicken & Mashed Potatoes Popcorn Chicken w/ Ketchup Mashed Potatoes Assorted Salad Bar WG Roll, Crisp Apple Wedges & Choice Milk	Cheeseburger Bun, Chz Slice & Ketchup Assorted Salad Bar Fruit Cup Choice Milk	Brunch Lunch French Toast Sticks w/ Syrup Assorted Salad Bar Banana Choice Milk	Sweet & Sour Chicken Steamed Rice Assorted Salad Bar Fresh Watermelon Chunks Choice Milk	Fresh Hot Delivered Pizza Assorted Salad Bar Fresh Orange Choice Milk Yahoo! Special Chips Day! Nacho Cheese Doritos	