

SEPTEMBER 2026

TASTY

HEALTHY

FUN

VARIETY

BALANCED

Name of the menu :K-8 A Breakfast w Cereal Menu

Meal Pattern :NSLP

Grade : K-8 Grades

Meal : Breakfast

|                                                                                                                                                                                         |           |                                                        |                                                        |                                                        |                                                        |                                                        |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|--------------------------------------------------------|
| Week IV                                                                                                                                                                                 | BREAKFAST | Tuesday, 9/1/2026                                      |                                                        | Wednesday, 9/2/2026                                    | Thursday, 9/3/2026                                     | Friday, 9/4/2026                                       |
|                                                                                                                                                                                         |           | Sliced Bagel w/ Strawberry Cream Cheese                |                                                        | Pumpkin Muffin                                         | Fun Donut Day                                          | Ultimate Breakfast Round                               |
|                                                                                                                                                                                         |           | 100% 4.23 oz Fruit Juice                               |                                                        | 100% 4.23 oz Fruit Juice                               | Mini Donut Bites                                       | 100% 4.23 oz Fruit Juice                               |
|                                                                                                                                                                                         |           | Choice Milk & Second Fruit                             |                                                        | Choice Milk & Second Fruit                             | 100% 4.23 oz Fruit Juice<br>Choice Milk & Second Fruit | Choice Milk & Second Fruit                             |
| Entrée of the Day is 2 Whole Grain Items Equivalent.                                                                                                                                    |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| Week V                                                                                                                                                                                  | BREAKFAST | Monday, 9/7/2026                                       | Tuesday, 9/8/2026                                      | Wednesday, 9/9/2026                                    | Thursday, 9/10/2026                                    | Friday, 9/11/2026                                      |
|                                                                                                                                                                                         |           | Assorted Cereal Bowl                                   | Blueberry Muffin                                       | Fun Chocolate-y Day                                    | Apple Fritter Bun                                      | Glazed PullAparts                                      |
|                                                                                                                                                                                         |           | 100% 4.23 oz Fruit Juice                               | 100% 4.23 oz Fruit Juice                               | Chocolate Swirls                                       | 100% 4.23 oz Fruit Juice                               | 100% 4.23 oz Fruit Juice                               |
|                                                                                                                                                                                         |           | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             | 100% 4.23 oz Fruit Juice<br>Choice Milk & Second Fruit | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             |
| Entrée of the Day is 2 Whole Grain Items Equivalent.                                                                                                                                    |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| Week VI                                                                                                                                                                                 | BREAKFAST | Monday, 9/14/2026                                      | Tuesday, 9/15/2026                                     | Wednesday, 9/16/2026                                   | Thursday, 9/17/2026                                    | Friday, 9/18/2026                                      |
|                                                                                                                                                                                         |           | Fun Nom-Nom Day                                        | Assorted Cereal Bowl                                   | Blueberry Breakfast Bread                              | Cinnamon Swirls                                        | Confetti Maple Waffle (Natural Colors)                 |
|                                                                                                                                                                                         |           | Brekkie                                                | 100% 4.23 oz Fruit Juice                               | 100% 4.23 oz Fruit Juice                               | 100% 4.23 oz Fruit Juice                               | 100% 4.23 oz Fruit Juice                               |
|                                                                                                                                                                                         |           | 100% 4.23 oz Fruit Juice<br>Choice Milk & Second Fruit | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             |
| Entrée of the Day is 2 Whole Grain Items Equivalent.                                                                                                                                    |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| Week I                                                                                                                                                                                  | BREAKFAST | Monday, 9/21/2026                                      | Tuesday, 9/22/2026                                     | Wednesday, 9/23/2026                                   | Thursday, 9/24/2026                                    | Friday, 9/25/2026                                      |
|                                                                                                                                                                                         |           | Assorted Cereal Bowl                                   | Smoothie Day - Drink Your Breakfast                    | Apple Muffin                                           | Pumpkin Bread Super Slice                              | Fun Donut Day                                          |
|                                                                                                                                                                                         |           | 100% 4.23 oz Fruit Juice                               | Yogurt & Fruit Smoothie   Strawberry Crispie Bar       | 100% 4.23 oz Fruit Juice                               | 100% 4.23 oz Fruit Juice                               | Chocolate Cake Donut                                   |
|                                                                                                                                                                                         |           | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             | Choice Milk & Second Fruit                             | 100% 4.23 oz Fruit Juice<br>Choice Milk & Second Fruit |
| Entrée of the Day is 2 Whole Grain Items Equivalent.                                                                                                                                    |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| Week II                                                                                                                                                                                 | BREAKFAST | Monday, 9/28/2026                                      | Tuesday, 9/29/2026                                     | Wednesday, 9/30/2026                                   |                                                        |                                                        |
|                                                                                                                                                                                         |           | Assorted Cereal Bowl                                   | Fun Nom-Nom Day                                        | Dunkin Stix                                            |                                                        |                                                        |
|                                                                                                                                                                                         |           | 100% 4.23 oz Fruit Juice                               | Apple Cinnamon Brekkie                                 | 100% 4.23 oz Fruit Juice                               |                                                        |                                                        |
|                                                                                                                                                                                         |           | Choice Milk & Second Fruit                             | 100% 4.23 oz Fruit Juice<br>Choice Milk & Second Fruit | Choice Milk & Second Fruit                             |                                                        |                                                        |
| Entrée of the Day is 2 Whole Grain Items Equivalent.                                                                                                                                    |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| *** Three Items meet USDA requirements (One Item must be fruit).                                                                                                                        |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| Assorted Fluid Milk / Fluid Milk Substitute Choices offered.                                                                                                                            |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan. |           |                                                        |                                                        |                                                        |                                                        |                                                        |
| This menu is pork-free                                                                                                                                                                  |           |                                                        |                                                        |                                                        |                                                        |                                                        |

\*\*\* Three Items meet USDA requirements (One Item must be fruit).

Assorted Fluid Milk / Fluid Milk Substitute Choices offered.

This menu is pork-free.

This menu uses WG products and 100% full-strength juices in all featured places. Check page 2 to know more about what goes into our menus and to take a peek at the upcoming menu plan.

## WHAT GOES INTO OUR MENUS?

All bread /bread products /chips /tortillas /pastas listed in the menu are whole grain products.

All rice dishes /rice products are made of whole grain brown rice.

All juices listed in the menu are 100% full-strength fruit Juice.

| (Menu Subject to Change)                             |                                                      |                                                      |                                                        |                            | OCTOBER 2026               |  |
|------------------------------------------------------|------------------------------------------------------|------------------------------------------------------|--------------------------------------------------------|----------------------------|----------------------------|--|
| TASTY                                                |                                                      | HEALTHY                                              | FUN                                                    | VARIETY                    | BALANCED                   |  |
| Week II<br>BREAKFAST                                 |                                                      |                                                      |                                                        | Thursday, 10/1/2026        | Friday, 10/2/2026          |  |
|                                                      |                                                      |                                                      |                                                        | Honey Breakfast Bun        | Banana Muffin              |  |
|                                                      |                                                      |                                                      |                                                        | 100% 4.23 oz Fruit Juice   | 100% 4.23 oz Fruit Juice   |  |
|                                                      |                                                      |                                                      |                                                        | Choice Milk & Second Fruit | Choice Milk & Second Fruit |  |
|                                                      | Entrée of the Day is 2 Whole Grain Items Equivalent. |                                                      |                                                        |                            |                            |  |
| Week III<br>BREAKFAST                                | Monday, 10/5/2026                                    | Tuesday, 10/6/2026                                   | Wednesday, 10/7/2026                                   | Thursday, 10/8/2026        | Friday, 10/9/2026          |  |
|                                                      | Assorted Cereal Bowl                                 | Smoothie Day - Drink Your Breakfast                  | Fun Chocolate-y Day                                    | Banana Bread Super Slice   | Cinnamon Roll              |  |
|                                                      | 100% 4.23 oz Fruit Juice                             | Yogurt & Fruit Smoothie  <br>Berry Apple Crispie Bar | Choco Chip Muffin                                      | 100% 4.23 oz Fruit Juice   | 100% 4.23 oz Fruit Juice   |  |
|                                                      | Choice Milk & Second Fruit                           | Choice Milk & Second Fruit                           | 100% 4.23 oz Fruit Juice<br>Choice Milk & Second Fruit | Choice Milk & Second Fruit | Choice Milk & Second Fruit |  |
|                                                      | Entrée of the Day is 2 Whole Grain Items Equivalent. |                                                      |                                                        |                            |                            |  |
| Week IV<br>BREAKFAST                                 | Monday, 10/12/2026                                   |                                                      |                                                        |                            |                            |  |
|                                                      | Assorted Cereal Bowl                                 |                                                      |                                                        |                            |                            |  |
|                                                      | 100% 4.23 oz Fruit Juice                             |                                                      |                                                        |                            |                            |  |
|                                                      | Choice Milk & Second Fruit                           |                                                      |                                                        |                            |                            |  |
| Entrée of the Day is 2 Whole Grain Items Equivalent. |                                                      |                                                      |                                                        |                            |                            |  |