



SEPTEMBER 2026

PRESCHOOL

FREE LUNCH FOR ALL STUDENTS
INCLUDES : PROTEIN ENTRÉE
WHOLE GRAINS, VEGGIES, FRESH FRUIT
MILK CHOICE

Monday

Tuesday

Wednesday

Thursday

Friday

7
HOLIDAY
LABOR DAY
NO SCHOOL

8
ORGANIC CHICKEN TACOS
BEAN & CHEESE TACOS
PINTO BEANS
FRESH LOCAL ORANGE
WEDGES

9
TURKEY SANDWICH
CHEESE SANDWICH
LETTUCE & TOMATO
VEGGIE STICKS
FRESH SEASONAL FRUIT

10
CHICKEN NUGGETS
GF/PLANT NUGGETS
BAKED POTATO WEDGES
FRESH SEASONAL FRUIT

11
FAVORITE
PIZZA CHOICES
CHEESE, VEGAN, GF
CEASAR SALAD
FRESH SEASONAL FRUIT

14
CHICKEN ALFREDO
VEGGIE/DAIRY FREE PASTA BOWL
FRESH STEAMED BROCCOLI
FRESH SEASONAL FRUIT

15
CHICKEN QUESADILLA
VEGETARIAN QUESADILLA
MEXICAN CHOPPED SALAD
FRESH SEASONAL FRUIT

16
PETITE GRILLED CHEESE
DAIRY FREE GRILLED CHEESE
GLUTEN FREE GRILLED CHEESE
CUCUMBER SLICES
FRESH SEASONAL FRUIT

17
CRISPY
CHICKEN FINGERS
GF/PLANT NUGGETS
SWEET POTATO FRIES
FRESH SEASONAL FRUIT

18
FAVORITE
PIZZA CHOICES
CHEESE, VEGAN, GF
LEAFY GREEN SALAD
FRESH SEASONAL FRUIT

21
FISH TREASURES
VEGAN/OR GF CHICKEN NUGGETS
SWEET POTATO TATER TOTS
FRESH SEASONAL FRUIT

22
CHICKEN TERIYAKI BOWL
BROCCOLI & CARROTS
VEGAN TOFU TERIYAKI STIR FRY
FORTUNE COOKIE
FRESH SEASONAL FRUIT

23
GRASSFED BEEF HAMBURGER
VEGGIE BURGER
GLUTEN FREE HAMBURGER
BAKED FRENCH FRIES
FRESH SEASONAL FRUIT

24
PASTA W/MEAT SAUCE
Veggie pasta/GF Pasta
ZUCCHINI STICKS
FRESH SEASONAL FRUIT

25
FAVORITE
PIZZA CHOICES
CHEESE, VEGAN, GF
ROMAINE & SPINACH SALAD
FRESH SEASONAL FRUIT

28
CHEESE & MACARONI
GF & DF MAC & CHEESE
MIXED VEGGIES
FRESH SEASONAL FRUIT

29
ROASTED TURKEY W/GRAVY
MASHED POTATOES
STEAMED GREEN BEANS
FRESH SEASONAL FRUIT

30
CRUNCHY
CHICKEN SLIDERS
VEGAN CHICKEN SLIDER
ZUCCHINI STICKS
FRESH SEASONAL FRUIT

MENU SUBJECT TO CHANGE

FOR SPECIAL DIETARY NEEDS, PLEASE FILLOUT A REQUEST FOR MEAL ACCOMMODATIONS FORM OR EMAIL M.JENNINGS@PATTERSON.K12.CA.US

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