

BREAKFAST

SEPTEMBER 2026 RCSD PRE-K School Breakfast Menu

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday

Tuesday

Wednesday

Thursday

Friday

1
Superintendent's
Conference Day
(No school for students)

2
Superintendent's
Conference Day
(No school for students)

3
Recess Day
(No school for students)

4
Recess Day
(No school for students)

5
Labor Day
(All facilities closed)

6
Cinnamon Toast Crunch
Cereal (VG)

7
Cinnamon Rice Chex
Cereal (VG)

8
Frosted Flakes
Cereal (VG)

9
Honey Graham Crackers
(VG)

10
Cinnamon Toast Crunch
Cereal (VG)

11
Golden Grahams
Cereal (VG)

12
Honey Bunches of Oats
Cereal (VG)

13
Apple Cinnamon Cheerios
Cereal (VG)

14
Vanilla Yogurt
Tiger Bites (V)

15
Cinnamon Rice Chex
Cereal (VG)

16
Cinnamon Toast Crunch
Cereal (VG)

17
Apple Cinnamon
Cheerios
Cereal (VG)

18
Honey Bunches
of Oats Cereal (VG)

19
Honey Graham Crackers
(VG)

20
Honey Bunches of Oats
Cereal (VG)

21
Golden Grahams
Cereal (VG)

22
Frosted Flakes
Cereal (VG)

Items Offered Daily:

Choice of Milk: Skim, 1%, Fat Free Chocolate,
Sun Butter & Jelly Sandwich, Fruit