

Breakfast Menu

Hamlin Upper Grade Center

September 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Pull Apart Donut Hole 
Fresh Orange
Applesauce

2 Strawberry Breakfast Bar 
Plums
100% Apple Juice

3 Banana Muffin 
Fresh Pear
Fresh Orange

4 Yogurt with Graham Crackers 
Apple Slices
100% Juice Fruit Punch

7



8 Brown Sugar Cinnamon Pop Tart
Light Mozzarella Cheese Stick
Fresh Pear
Fresh Red Delicious Apple

9 Trix Cereal Bar
Fresh Orange
Very Berry 100% Juice

10 Apple Strudel 
Fresh Pear
Apple Slices

11 Strawberry Mini Bagel 
Fresh Apple
Very Berry 100% Juice

14 Golden Grahams Cereal 
Light Mozzarella Cheese Stick
Fresh Orange
100% Fruit Punch Juice

15 Mini Cinnamon Pull Apart Roll 
Fresh Orange
Apple Slices

16 Banana Chocolate Breakfast Bar 
Applesauce
100% Orange Tangerine

17 Blueberry Bread Sliced 
Plums
Fresh Orange

18 Soft Filled Cinnamon Toast Crunch Bar 
Apple Slices
100% Juice Fruit Punch

21 Cheerios Cereal 
Light Mozzarella Cheese Stick
Applesauce
Very Berry 100% Juice

22 Strawberry Mini Bagel 
Plums
Fresh Orange

23 Chocolate Chip Muffin 
Fresh Orange
100% Fruit Punch Juice

24 Blueberry Chex Cereal 
Fresh Orange
Applesauce

25 Yogurt with Graham Crackers 
Fresh Apple
100% Juice Fruit Punch

28 Red. Sugar Cocoa Puffs Cereal 
Light Mozzarella Cheese Stick
Plums
100% Fruit Punch Juice

29 Pull Apart Donut Hole 
Fresh Orange
Applesauce

30 French Toast Breakfast Bar 
Plums
100% Apple Juice



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

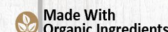
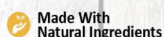
**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex

(including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Breakfast Includes: An Entree, Choice of Fruit, and Choice of Milk.

Variety of Milk Offered Daily.



Breakfast Menu

Lawn Manor School

September 2026

WHITSONS FAMILY OF COMPANIES

WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

1 Pull Apart Donut Hole 
Fresh Orange
Applesauce

2 Strawberry Breakfast Bar 
Plums
100% Apple Juice

3 Banana Muffin 
Fresh Pear
Fresh Orange

4 Yogurt with Graham Crackers 
Apple Slices
100% Juice Fruit Punch

7



8 Brown Sugar Cinnamon Pop Tart
Light Mozzarella Cheese Stick
Fresh Pear
Fresh Red Delicious Apple

9 Trix Cereal Bar
Fresh Orange
Very Berry 100% Juice

10 Apple Strudel 
Fresh Pear
Apple Slices

11 Strawberry Mini Bagel 
Fresh Apple
Very Berry 100% Juice

14 Golden Grahams Cereal 
Light Mozzarella Cheese Stick
Fresh Orange
100% Fruit Punch Juice

15 Mini Cinnamon Pull Apart Roll 
Fresh Orange
Apple Slices

16 Banana Chocolate Breakfast Bar 
Applesauce
100% Orange Tangerine

17 Blueberry Bread Sliced 
Plums
Fresh Orange

18 Soft Filled Cinnamon Toast Crunch Bar 
Apple Slices
100% Juice Fruit Punch

21 Cheerios Cereal 
Light Mozzarella Cheese Stick
Applesauce
Very Berry 100% Juice

22 Strawberry Mini Bagel 
Plums
Fresh Orange

23 Chocolate Chip Muffin 
Fresh Orange
100% Fruit Punch Juice

24 Blueberry Chex Cereal 
Fresh Orange
Applesauce

25 Yogurt with Graham Crackers 
Fresh Apple
100% Juice Fruit Punch

28 Red. Sugar Cocoa Puffs Cereal 
Light Mozzarella Cheese Stick
Plums
100% Fruit Punch Juice

29 Pull Apart Donut Hole 
Fresh Orange
Applesauce

30 French Toast Breakfast Bar 
Plums
100% Apple Juice



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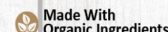
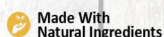
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Variety of Milk Offered Daily.



Breakfast Menu

Meadow Lane School

September 2026

WHITSONS FAMILY OF COMPANIES

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Monday

Tuesday

Wednesday

Thursday

Friday

7



8

Brown Sugar Cinnamon Pop Tart
Light Mozzarella Cheese Stick
Fresh Pear
Fresh Red Delicious Apple

9

Trix Cereal Bar
Fresh Orange
Very Berry 100% Juice

10

Apple Strudel
Fresh Pear
Apple Slices

11

Strawberry Mini Bagel
Fresh Apple
Very Berry 100% Juice

14

Golden Grahams Cereal
Light Mozzarella Cheese Stick
Fresh Orange
100% Fruit Punch Juice

15

Mini Cinnamon Pull Apart Roll
Fresh Orange
Apple Slices

16

Banana Chocolate Breakfast Bar
Applesauce
100% Orange Tangerine

17

Blueberry Bread Sliced
Plums
Fresh Orange

18

Soft Filled Cinnamon Toast Crunch Bar
Apple Slices
100% Juice Fruit Punch

21

Cheerios Cereal
Light Mozzarella Cheese Stick
Applesauce
Very Berry 100% Juice

22

Strawberry Mini Bagel
Plums
Fresh Orange

23

Chocolate Chip Muffin
Fresh Orange
100% Fruit Punch Juice

24

Blueberry Chex Cereal
Fresh Orange
Applesauce

25

Yogurt with Graham Crackers
Fresh Apple
100% Juice Fruit Punch

28

Red. Sugar Cocoa Puffs Cereal
Light Mozzarella Cheese Stick
Plums
100% Fruit Punch Juice

29

Pull Apart Donut Hole
Fresh Orange
Applesauce

30

French Toast Breakfast Bar
Plums
100% Apple Juice



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