

SCSD Activity Matrix Definitions

WIAA Sanctioned	Washington Interscholastic Athletic Association sporting events. These sports activities are designed for Middle and High School students under the strict supervision of trained and certified physical educators and coaches. All organized sports must comply with the WIAA standards. Transportation Policies apply to all off-campus activities.
Approved Physical Education Curriculum	Accepted departmental study course or element. All curriculum activities must meet the departmental standards. A written curriculum for each activity (study element) must be on file on site. Field Trip and Transportation Policies apply for all off-campus curriculum activities.
Playground/Playfield	Discretionary free play activities with general supervision and general safety standards. Organized and/or team sports normally requiring personal protective equipment or which include aggressive physical contact are not allowed during free play unless the Health & Fitness Department supervises them.
Low Risk Extracurricular Activity	Activities taking place on campus need no further approvals. All off-campus activities will require prior approval. Review applicable board policies and procedures and follow district protocol. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.) Require written guardian informed consent before student participation.
Moderate Risk Extracurricular Activity	These activities may require additional planning and preparation, such as student training and supervision by adults familiar with the activity. All off-campus activities will require prior approval. Review applicable board policies and procedures and follow district protocol. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.) Document the educational benefit and objectives of the activity. Require written guardian informed consent before student participation.
High Risk Extracurricular Activity	The activities have significant inherent risks that can be mitigated with careful planning, supervision, and purposeful contracting. Supervisors or third-party providers may need specific qualifications and certifications. Requestors should work closely with district risk management when planning. Review applicable board policies and procedures and follow district protocol. All activities must be performed following the recognized standards of the governing discipline (WIAA, APHERD, ORCA, etc.) Document the educational benefit and objectives of the activity. Require written guardian informed consent before student participation.
****Banned Activities	WSRMP advises prohibiting these activities as the potential educational objectives do not outweigh the activity's inherent risks even when proactive risk management steps are taken.
Approval/Disapproval	● = Please follow the standard activity or field trip approval process. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, etc.) and take into consideration any fact sheets (transportation, lodging, etc.) or checklists provided on the Washington Schools Risk Management Pool website. X = Approve activities case-by-case, subject to review by the school district Risk Management department and the appropriate affected school district department(s). Have requesters submit an Activities Request Form to the district Risk Management contact or identified administrator to initiate the review process. Find a sample Activities Request Form at the end of this document. Consultation with WSRMP Risk Services consultants will provide additional input regarding insurance requirements and best practices regarding risk management. All activities must be performed in accordance with the recognized standards of the governing discipline (WIAA, etc.) = Activity not applicable, not appropriate, or not allowed. These activities are either not covered by our insurance carrier, or the risk of serious injury outweighs the educational benefit of the activity. With proper justification and documentation, activities on this list may be placed in the "X" category.

Function	Activity	High School	Middle School	Intermediate School (3-5)	Primary School (K-2)	Preschool or TK
Approved Curriculum (PreK-12th)	Aerobic Fitness Activity	•	•	•	•	•
	Archery	•	•			
	Badminton	•	•	•	•	•
	Baseball/Skills	•	•	•	•	•
	Basketball/Skills	•	•	•	•	•
	Bicycling					
	Bowling	•	•	•	•	•
	Dance	•	•	•	•	•
	Fitness Equipment	•	•	•	•	•
	Floor Hockey	•	•	•	•	•
	Football/Skills	•	•	•	•	•
	Frisbee	•	•	•	•	•
	Handball					
	Kickball	•	•	•	•	•
	Lacrosse/Skills	•	•	•	•	•
	Model Rocketry	•	•	•	•	•
	Pickleball	•	•	•	•	•
	Playground Games	•	•	•	•	•
	Racquetball	•	•	•	•	•
	Roller Skate/Blade					
	Rope Climbing					
	Self Defense					
	Soccer/Skills	•	•	•	•	•
	Softball/Skills	•	•	•	•	•
	Swimming - School Pool	•	•	•	•	•
	Table Tennis	•	•	•	•	•
	Tennis/Skills	•	•	•	•	•
	Track & Field	•	•	•	•	•
	Traversing Wall	•	•	•	•	•
	Unicycle					
	Volleyball/Skills	•	•	•	•	•
	Weight Lifting/Training	•	•			
	Wrestling	•	•			

Function	Activity	High School	Middle School	Intermediate School (3-5)	Primary School (K-2)	Preschool or TK
Playground & Playfield (PreK-12th)	2-Square	•	•	•	•	•
	4-Square	•	•	•	•	•
	Basketball (3-on-3)	•	•	•	•	•
	Climbing/Play Structures	•	•	•	•	•
	Jump Rope	•	•	•	•	•
	Kickball	•	•	•	•	•
	Soccer	•	•	•	•	•
	Swings	•	•	•	•	•
	Tag	•	•	•	•	•
	Tetherball	•	•	•	•	•
Low Risk Extracurricular Activity	Aerobic Fitness	•	•	•	•	•
	Badminton	•	•	•	•	•
	Bowling	•	•	•	•	•
	Croquet	•	•	•	•	•
	Miniature Golf	•	•	•	•	•
	Pickleball	•	•	•	•	•
	Remote Control Car	•	•	•	•	•
	Table Tennis	•	•	•	•	•
Moderate Risk Extracurricular Activity	Baseball	•	•			
	Basketball	•	•	•	•	•
	Batting Cage	•	•			
	Biking					
	Flag Football	•	•	•	•	•
	Golf	•	•			
	Laser Tag	•	•			
	Handball	•	•			
	Racquetball	•	•			
	Remote Control Airplane	•	•			
	Remote Control Boat	•	•			
	School Dance (Social Function)	•	•	•	•	•
	Soccer	•	•	•	•	•
	Softball	•	•			
	Tennis	•	•			
	Track & Field	•	•	•		
	Traversing Wall	•	•	•		
	Unicycle					
	Volleyball	•	•	•	•	•
	Wrestling	•	•			

Function	Activity	High School	Middle School	Intermediate School (3-5)	Primary School (K-2)	Preschool or TK
High Risk Extracurricular Activity	Amusement Parks	•	•			
	Animal Experience (No Touching)	•	•	•	•	•
	Archery	•	•			
	Backpacking					
	Biking (mountain)					
	Boating					
	Camping (Outdoor Education)	•	•	•		
	Canoeing					
	Car Washes	•	•			
	Clay Target Shooting	•				
	Climbing Walls (Indoor)	•	•	•		
	Cross Country Skiing					
	Fishing					
	Fun Run/Walk	•	•	•	•	•
	Glass Blowing					
	Ice Skating (commercial ice rink)					
	Inflatable Bouncing/Jumping Games					
	Inline Skating					
	Kayaking					
	Martial Arts					
	Pony Rides (commercial)					
	Powder Puff Football	•				
	Rappelling					
	Racquetball					
	Roller skating	•	•			
	Ropes Course (Commercial)	•	•			
	Saddle Animals					
	School Carnival	•	•	•	•	•
	Skateboarding					
	Snorkeling					
	Snow Skiing					
	Snowboarding					
	Snowshoeing					
	Swimming - Public Beach					
	Swimming - Public Pool	•	•	•	•	•
	Swimming - School Pool	•	•	•	•	•
	Tug-O-War					
	Water Aerobics	•				
	Water Slides	•				
	Weight Lifting/Training	•	•			
	Wilderness Adventures					

Function	Activity	High School	Middle School	Intermediate School (3-5)	Primary School (K-2)	Preschool or TK
Banned Extracurricular Activities	Bike Racing					
	Bonfires					
	Boxing					
	Broomball					
	Bungee Jumping					
	Car Racing					
	Cricket					
	Darts					
	Dirt Bike Racing					
	Diving (springboard/platform)					
	Dodge Ball					
	Donkey Basketball					
	Dunk Tank					
	Fencing					
	Flying (Aircraft)					
	Go Carts					
	Hang Gliding					
	Hayride					
	Helicopters					
	High Impact Aerobics					
	Horse Racing					
	Hot Air Balloons					
	Ice Hockey					
	Jai-Alai					
	Jet Skis					
	Jousting					
	Kick Boxing					
	Marathon					
	Mechanical Bull					
	Motorboat Racing					
	Motocross					
	Motorcycle Racing					
	Mountain Climbing					
	Mud/Jell-O/Oil Wrestling					
	Pack Animal Trips					
	Paintballing (Virtual Assault)					
	Petting Zoo					
	Parasailing					
	Polo					
	Pyrotechnics					
	Red Rover					
	Rock Climbing (outdoors)					
	Rodeo Events					
	Ropes Course (school)					
	Rugby					
	Sandboarding					
	Search & Rescue					
	Scuba Diving					
	Skydiving					
	Slip 'N Slide (water slide toy)					
	Snow Tubing/Sledding					
	Snowmobiling					
	Soapbox Racing					
	Speed Skating					
	Spelunking (caves)					
	Squash					
	Swimming - Lakes/Rivers (open waters)					
	Trampolines					
	Transient Carnivals					
	Triathlon (Ironman)					
	Firearms Use					
	Water Polo					
	Water Skiing					
	Water Tubing					
	Whitewater Activities					
	X-treme Sports					
	Zip Line					

Function	Activity	High School	Middle School	Intermediate School (3-5)	Primary School (K-2)	Preschool or TK
WIAA Sanctioned (7th-12th)	Baseball	•	•			
	Basketball	•	•			
	Bowling	•	•			
	Cross Country	•	•			
	Dance & Drill	•	•			
	Football	•	•			
	Golf	•	•			
	Gymnastics	•	•			
	Soccer	•	•			
	Softball	•	•			
	Spirit/Cheerleading	•	•			
	Swimming & Diving	•	•			
	Tennis	•	•			
	Track & Field	•	•			
	Volleyball	•	•			
	Wrestling	•	•			