

26-27 Rebel Report

COMPASSION HONESTY RESPECT RESPONSIBILITY

September 4, 2026



FIRST WEEK UPDATE

Dear Families,

What an excellent first week! We are off to a great start, and students are doing a wonderful job adjusting to the new schedule. Thank you for your support in making this transition such a success.



Happy Labor Day! We hope you and your family enjoy a wonderful long weekend. School resumes **Tuesday, September 8th.**

School Pictures: We will be taking school pictures on **Tuesday, September 8th.** All students were given picture envelopes to bring home – please [use the graphic below] to scan and enter your information.

Safety Drills: We have begun our safety drills for the year. RSU 22 uses the **I Love You Guys** safety protocol. We practice these drills regularly so that students and staff are prepared and confident in an emergency.

Class Changes: As a reminder, any class changes – specifically adding or dropping band or chorus – must be submitted by **Friday, September 11th.**

Sports Tryouts: This week, sports tryouts have begun. This is a great time for students to stretch themselves and take a risk. We know this can be a challenge when there are limited roster slots, but please know there are lots of ways to get involved.

Clubs: Role Playing Club begins Friday, September 11th. All other clubs begin the week of September 14th. Students must have a permission form completed in order to participate. A late bus is available should students need transportation.

Support: For families who would like to receive weekend food bags, please feel free to contact Denise Williamson (dwilliamson@rsu22.us) or Ann Moody (amoody@rsu22.us) confidentially – we're glad to support you.

Have a wonderful long weekend!

Sincerely,
Jen Cyr, Principal

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RSU 22 POLICY ON CELL PHONES AND PERSONAL ELECTRONIC DEVICES



JICJ - Cell Phones and Other Personal Electronic Devices in Schools 6.17.26.pdf

Download
70.1 KB

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Lifetouch.

Picture Day is Coming!

¡Ya llega el Día de la Foto!

Tuesday, September 08, 2026

Reeds Brook Middle School



Scan to
order now!
¡Echa un vistazo para
encargar ahora!



How it Works:



Pre-order today on
mylifetouch.com. Create
an account or login with
your Picture Day ID:
EVTZVVXFW



Students are
photographed on
Picture Day.



Orders will be sent home
with your student after
Picture Day.





Nurse's Corner

Welcome Back to School!

A Health & Wellness Update from Your School Nurse

Dear Families,

Welcome to the 2026-2027 school year! I'm excited to partner with you to keep your middle schooler healthy, safe, and ready to learn. Here are some important health reminders and resources as we start the year.

Health Office Contact Information

Students should check in with me for any illness, injury, medical orders or medication needs during the school day.

Contact information:

Alison Ramsdell RN, BSN
Reeds Brook Middle School Nurse
28 Main Rd S # A,
Hampden, ME 04444
aramsdell@rsu22.us
Phone (207)862-3540
Fax (207)862-3551



Medication Reminders

If your child needs to take medication at school (prescription or over-the-counter), please Complete a **Request for Administering Medicine in School form** signed by both you and your child's physician. Deliver all medications directly to the health office in their **original containers**.

Students may not carry medication except for emergency medications like inhalers or EpiPens (with proper documentation). Permission for **Self-Administration of Inhaler/Permission for Self-Administration of Epinephrine Injector**

Immunization Requirements

All students must be up to date on required immunizations, including:

- 5 doses of DTaP (4 doses are acceptable if the 4th dose is given on or after the 4th birthday).
- 4 doses of Polio (3 doses are acceptable if the 3rd dose is given on or after the 4th birthday).
- 2 doses of MMR.
- 2 doses of Varicella.

For 7th Grade Entry all previously required vaccinations are required along with

- 1 dose of Tdap
- 1 dose of Meningococcal Conjugate Vaccine.

An Annual flu vaccine is strongly recommended for all students.

Illness Guidelines – When to Keep Your Child Home

To keep our school community healthy, please keep your child home if they have a fever of 100.4°F or higher, vomiting or diarrhea. Students must be symptom free for 24 hours without the use of medication before returning to school.

Promoting Wellness at School

Help your middle schooler thrive by encouraging: - **8-10 hours of sleep** each night - **Healthy breakfast** every morning - **Daily physical activity** (at least 60 minutes) - **Hydration** – send a reusable water bottle to school - **Mental health check-ins** – talk openly about stress, friendships, and school challenges

Emergency Contact Information

Please ensure your contact information is current in our school system. In case of illness or injury, we need to reach you quickly. Update emergency contacts, phone numbers, and any changes to your child’s health conditions as soon as possible.

Mental Health & Counseling Support

Middle school can bring new social and emotional challenges. Our school counseling team is here to support students with stress, anxiety, peer relationships, and more. Please reach out if you have concerns about your child’s emotional well-being.

I look forward to working with you this year to support your child’s health and success. Please don’t hesitate to contact me with questions or concerns!

Warmly,

Alison Ramsdell RN

PLEASE CLICK ON THIS LINK TO FILL OUT YOUR ANNUAL HEALTH REPORT FOR YOUR STUDENT

Morning Clubs (7:00–7:40 AM)

Day	Club	Advisor
Monday	Jazz Band	Max Carter
Tuesday	Show Choir	Jessica Kust
Wednesday	Jazz Band	Max Carter
Thursday	Show Choir	Jessica Kust
Friday	Jazz Band	Max Carter





ROLE PLAYING GAMES STARTS FRIDAY, SEPTEMBER 11TH WITH MS. STONETON

Afternoon Clubs (2:00–3:00 PM)

Day	Club	Advisor
Monday	TombStone	Carol Gourmelon
Monday	Art Club	Connor Reese
Monday	Tech Club	Judi Michalik
Monday	Math Club	Dorothy
Monday	Yearbook (<i>every other Monday</i>)	—
Tuesday	TombStone	Carol Gourmelon
Wednesday	Chess Club	Dorothy
Thursday	(<i>No clubs listed</i>)	—
Friday	Unified	Andrea Lee
Friday	Writing	Tracey Cowan
Friday	Role Playing Games	Juliet Stoneton

ALL OTHER CLUBS BEGIN THE WEEK OF SEPTEMBER 14th

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RMBS Yearbook Information:

2026 - 2027 Yearbooks can be ordered online
ONLY at:

www.Treering.com → Buy a Yearbook
PassCode=1017259887783996
You will need to create an account to purchase

Copies of the Yearbook will NOT be
available for purchase on-site at RBMS

The deadline to order a yearbook is:
Saturday, 5/1/2027

For 8th Graders Only:

Please email a baby or toddler photo of your 8th
Grader to RBMSYearbook@RSU22.us by no later
than 12/22. Photos must be in .jpg or .png format
(iPhone HEIC photos and .pdf files can not be
accepted.)

Please name the photo file your student's first and
last name and include "(Student Name) Baby
Photo" in the subject of your email.



Information about 8th Grade
Tribute Ads will be sent home
after winter break

A- F SCHEDULE

September 2026 — A/B/C/D/E/F Day Rotation

Monday	Tuesday	Wednesday	Thursday	Friday
31 A First Day of School	1 B Day	2 C Day	3 D Day	4 E Day
7 Labor Day	8 F Day	9 A Day	10 B Day	11 C Day
14 D Day	15 E Day	16 F Day	17 A Day	18 B Day
21 C Day	22 D Day	23 E Day	24 F Day	25 A Day
28 B Day	29 C Day	30 D Day		

☐ Holiday / No School
 ☐ No School (Weekend)
 Letter = Rotation Day (A–F)

LUNCH MENU

7	8	9	10	11
LABOR DAY  NO SCHOOL	French Toast Sticks <i>Baked whole grain french toast served with syrup, Maine Blueberries, and Sausage</i>	Nachos <i>Crispy tortilla chips topped with seasoned beef, cheese, and choice of south border toppings</i>	Chicken Sandwich <i>Crispy chicken on a whole grain bun with choice of cheese, sauces, and toppings.</i> Dilly Cukes	Pizza Cheese, Pepperoni, & Special 

Breakfast and lunch are free for ALL students.



RBMS Sept.pdf

[Download](#)
 290.9 KB



POWERSCHOOL PORTAL ACCESS FOR PARENTS & STUDENTS

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The guides below will help you access your student's schedule in PowerSchool.
Should you need any assistance, you can contact our RSU#22 Tech HelpDesk at:
help@rsu22.freshdesk.com

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Powerschool Parent Account Setup Guide.pdf

Download

239.1 KB



RSU22PSStudentSignin (5).pdf

Download

700.6 KB

RBMS ATHLETICS

MONDAY SEPTEMBER 7

NO EVENTS
LABOR DAY

TUESDAY SEPTEMBER 8

X COUNTRY PARENT MEETING 4PM

FOOTBALL @ SEDEMOCHA
4PM IN DOVER

WEDNESDAY SEPTEMBER 9

SPORTS PHOTOS - ALL TEAMS

RESCHEDULED SOCCER GAMES
GIRLS SOCCER HOME V. HERMON
A 3:30 B 4:45

BOYS SOCCER @ HERMON
A 3:30 B 4:45

THURSDAY SEPTEMBER 10

NO SOCCER GAMES
RESCHEDULED TO 9/9

FIELD HOME HOCKEY GAME V. LEONARD MIDDLE
3:30PM - A ONLY

"JV" FOOTBALL GAME @ BANGOR
4PM START - NO BUS

FRIDAY SEPTEMBER 11

NO EVENTS

REBEL EVENTS SEPTEMBER 7-11



7 NO SCHOOL HOLIDAY	8 XC 2:10-3:45 PARENT MEETING 4pm Girls Soccer 2:15-3:45 FH 2:45 - 4:00 HA Track Boys Soccer 3:45-5:15 FB Game @ Dover Bus: WG 1:40 RB 1:55 4pm Start @ SeDoMoCha	9  SPORTS PHOTOS XC 2:10-3:45 GS Home Game V. Hermon A First 3:30 then B 4:45 BS Game @ Hermon Bus Leaves 2:15 A First 3:30 then B 4:45 Girls Soccer 2:15-3:45 FH 2:45 - 4:00 HA Track FB 5-7 @ HA *soccer practices changed to games on this date	10 XC 2:10-3:45 Girls Soccer 2:15-3:45 FH Home v LMS A Team only @ 3:30 Boys Soccer 3:45-5:15 FB JV Game @ Bangor No Bus/ 4pm Start *soccer games changed to practices this date.	11 XC 2:10-3:45 Girls Soccer OFF FH 2:45 - 4:00 HA Track Boys Soccer OFF FB 5-7 @ HA
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SPORTS PICTURES ARE WEDNESDAY, SEPTEMBER 9th



**We're so happy to be partnering with
REEDS BROOK MIDDLE SCHOOL**

GALLERY ACCESS CODE

RBMS26

Three easy steps to order online:

CLICK.



Go to
pictureday.207photo.com

**GET
NOTIFIED.**



Enter your gallery access code and leave your contact info. You'll be sent a link via e-mail and text when images are uploaded.

ORDER.



Order the images you love within three days of notification for **FREE SHIPPING!** *Orders over **\$30**

BUS INFORMATION

Please see the attached LINK 22 article regarding all bus routes for the 26-27 school year. If you have any questions, please call Cyr Bus directly at 862-3984 and they'll be happy to answer your questions.



****UPDATE: Run 10 - Will be doubled with Run 11 am and pm. ****



August 2026 Bus Numbers (1).pdf

[Download](#)
975.8 KB

ATTENDANCE COUNTS



School Calendar 2026-2027 (3).pdf

[Download](#)
154.6 KB

PLANNED ABSENCE FORM

SECTION I: COMPLETED BY PARENT/GUARDIAN:

This form is required for planned absences of **three (3) or more** consecutive days. Return this form to the main office **five (5) school days** prior to date(s) of absence and no later than the start of classes on the first day of absence.

Student's Name:	Date Submitted:
School & Grade Level:	Date(s) student will be absent:

Indicate the Purpose of Absence: (These are Excused Absences as Defined by State Statutes.)

☐ Educational (College visit, internship opportunity)	☐ Recreational (vacation, family reunion, etc.)
☐ Medical (Surgery, appointment that requires travel, etc.)	☐ Religious (Observance of a religious holiday)

Understanding the Impact of Absences on Learning:

Regular school attendance is essential for academic success. When students miss school, they miss direct instruction, collaborative learning experiences, and important classroom interactions that cannot be fully replicated through make-up work. Research shows that students who miss more than 10% of school days (approximately 18 days per year) are at risk of falling behind academically, regardless of the reason for absence.

Please note: Live virtual online learning is not an option in RSU 22 for planned absences.

IMPORTANT: These days absent will be included in the total number of days absent as defined by the attendance policy and may lead to your child being considered chronically absent.

I acknowledge that not sending my child to school on these days may result in learning loss and understand the impact absences may have on my child's academic progress.

Parent/Guardian Signature: _____

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PLANNING AHEAD



Plan Ahead 2026-2027

RSU 22 greatly values instructional time, and our students benefit from consistent attendance. When looking ahead to the 26-27 school year, please consider these dates when planning holidays, appointments, and vacations.

FIRST DAY OF SCHOOL
MONDAY, AUGUST 31, 2026

HOLIDAYS & IN-SERVICE DAYS	VACATIONS
LABOR DAY	THANKSGIVING
NO SCHOOL MONDAY, 9/7/26	EARLY DISMISSAL TUESDAY, 11/24/26
INDIGENOUS PEOPLE'S DAY	NO SCHOOL 11/25 - 11/27/26
EARLY DISMISSAL FRIDAY, 10/9/26	WINTER BREAK
NO SCHOOL MONDAY, 10/12/26	NO SCHOOL 12/23/26 - 1/1/27
VETERANS' DAY	FEBRUARY BREAK
NO SCHOOL WEDNESDAY, 11/11/26	EARLY DISMISSAL FRIDAY, 2/12/27
MARTIN LUTHER KING DAY	NO SCHOOL 2/15-2/19/27
NO SCHOOL MONDAY, 1/18/27	APRIL BREAK
IN-SERVICE DAY - NO SCHOOL FRIDAY, 3/12/26	EARLY DISMISSAL FRIDAY, 4/16/27
MEMORIAL DAY	NO SCHOOL 4/19-4/23/27
EARLY DISMISSAL FRIDAY, 5/28/27	EARLY DISMISSAL & TENTATIVE LAST DAY OF SCHOOL FRIDAY, 6/11/27
NO SCHOOL MONDAY, 5/31/27	

RBMS WEBSITE

Bus Information

2026-2027 RSU 22 District Calendar

Community Events

CHECK US OUT ON FACEBOOK

Reeds Brook Middle School

Handbook for Students and Families
2026–2027 School Year

Regional School Unit #22

RBMS Student Handbook 2026-2027

Reeds Brook Middle School Handbook for Students and Families 2026–2027 School Year Regional School Unit #22 Letter from the Principal Dear Students and Families, Please join the Reeds Brook staff in creating a supportive learning environment that challenges students to learn and grow. Our sch...

docs.google.com

Strategic Plan 2022-2027

Four Building Blocks

1	2	3	4
Student Success	Professional Excellence	Community Partnerships	Operational Excellence
Academic Excellence & Achievement	Recruitment & Retention	Family & Community Engagement	Budget Development
Foundational Skills	Professional Development	RSU 22 Educational Foundation	Fiscal & Facilities Management
Instructional Models	Best Practices	Communication & Transparency	Comprehensive Planning
Engagement		Campus Based Services	

About RBMS

Reeds Brook Middle School currently serves approximately 300 students from Hampden and Newburgh, as part of RSU 22. Students at RBMS are in grades 6-8. We challenge all students to achieve individual success in a supportive environment.



Principal: Jennifer Cyr (jcyr@rsu22.us)

Dean of Students: Sandi Bellerose (sbellerose@rsu22.us)

School Counselor: Ann Moody (amoody@rsu22.us)

Nurse: Alison Ramsdell (aramsdell@rsu22.us)

Athletic Director: McKenzie Madden (mmadden@rsu22.us)

Find us [Facebook](#)

