

## September Menu

|                        | Monday     |                                                                                                                                                                                           | Tuesday                                                                      |  | Wednesday                                                                                   |                                                                                                                                                                                                                                                             | Thursday                                                                                                 |                                                       | Friday                                                                                           |  |
|------------------------|------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------|--|---------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------|-------------------------------------------------------|--------------------------------------------------------------------------------------------------|--|
|                        |            |                                                                                                                                                                                           | 2026-09-01                                                                   |  | 2026-09-02                                                                                  |                                                                                                                                                                                                                                                             | 2026-09-03                                                                                               |                                                       | 2026-09-04                                                                                       |  |
| International          |            |                                                                                                                                                                                           | <b>Beef, Egg Nasi Goreng</b><br>(Beef: Australia)<br>(1,5,6,9,13,16,18)      |  | <b>Peri-Peri Chicken with Paprika</b><br><b>Sauce (Chicken: Brazil)</b><br>(2,5,6,12,13,15) |                                                                                                                                                                                                                                                             | <b>Mexican Tacos</b><br>(Pork : Korea/ Beef: Australia)<br>(1,2,5,6,10,12,13,15,16)                      |                                                       | <b>Chicken Cutlet</b><br><b>w. White Mushroom Gravy</b><br>(Chicken: Korea) (1,2,5,6,13,15,16)   |  |
|                        |            |                                                                                                                                                                                           | Spring Roll & Shrimp Chips<br>(5,6) & (5,9)                                  |  | Roasted Sweet Potato<br>(5)                                                                 |                                                                                                                                                                                                                                                             | Cajun Fries & Various Toppings<br>(6,13) & (2,5,6,12,13)                                                 |                                                       | Citrus Roasted Potatoes<br>(5,6)                                                                 |  |
|                        |            |                                                                                                                                                                                           | Cucumber and Tomato Salad<br>(5,6,12)                                        |  | Sautéed Spinach<br>(5)                                                                      |                                                                                                                                                                                                                                                             | Grilled Vegetables & Tomato Soup<br>(5) & (5,6,12,15)                                                    |                                                       | Fruit Pudding & Mushroom<br>Consommé (2) & (5,6)                                                 |  |
| Korean                 |            |                                                                                                                                                                                           | <b>Soy Sauce Braised Pork</b><br>(Pork:America)<br>(5,6,10)                  |  | Steamed Tofu & Stir-Fried Kimchi<br>(Soybean: Imported)<br>(5,6,9,18)                       |                                                                                                                                                                                                                                                             | <b>Steamed Pork Belly</b><br><b>&amp; Vegetables w. Chili Sauce</b><br>(Pork: Spain)<br>(5,10)& (5,6,12) |                                                       | Fried Rice with Kimchi And Egg<br>(1,5,6,9)                                                      |  |
|                        |            |                                                                                                                                                                                           | Bibim Makguksu (MS/HS)<br>Perilla Oil Buckwheat Noodles(ES)<br>(3,5,6,10,16) |  | Sweet Pumpkin Salad<br>(1,5)                                                                |                                                                                                                                                                                                                                                             | Fried Seaweed Rolls<br>& Sweet Potato Gangjeong<br>(5,6,12,16)                                           |                                                       | Chive Pancakes<br>(5,6,9,17)                                                                     |  |
|                        |            |                                                                                                                                                                                           | Seasoned Dried Radish<br>(9)                                                 |  | Stir-Fried Seaweed Stems<br>(2,5,6,16)                                                      |                                                                                                                                                                                                                                                             | Fresh Green Onion<br>And Perilla Leaf Kimchi<br>(5,6)                                                    |                                                       | Apple Potato Salad & Fruit Pudding<br>(1,5) (2)                                                  |  |
|                        |            |                                                                                                                                                                                           | Spicy Beef and Radish Soup<br>(Beef: Australia)<br>(2,5,6,12,16)             |  | <b>Boneless Gamjatang</b><br>(Pork:America)<br>(2,5,6,10,16)                                |                                                                                                                                                                                                                                                             | Dried Radish Greens Soybean Paste<br>Soup<br>(2,5,6,16)                                                  |                                                       | <b>Deungchon Style Shabu Shabu</b><br><b>Noodle Soup</b><br>(Beef: New Zealand)<br>(2,5,6,15,16) |  |
| Vegetarian/<br>Halal   | MON        | Vegetarian                                                                                                                                                                                |                                                                              |  |                                                                                             | GRILL<br>(Only HS/MS)                                                                                                                                                                                                                                       | MON                                                                                                      |                                                       |                                                                                                  |  |
|                        |            | Halal                                                                                                                                                                                     |                                                                              |  |                                                                                             |                                                                                                                                                                                                                                                             |                                                                                                          |                                                       |                                                                                                  |  |
|                        | TUES       | Vegetarian                                                                                                                                                                                | Tofu & Egg Nasi Goreng<br>1,5,6,13,                                          |  |                                                                                             |                                                                                                                                                                                                                                                             | TUES                                                                                                     | Hot Dog                                               |                                                                                                  |  |
|                        |            | Halal                                                                                                                                                                                     | Beef & Egg Nasi Goreng<br>1,5,6,9,13,16,18                                   |  |                                                                                             |                                                                                                                                                                                                                                                             |                                                                                                          | Sausage (Pork : korean, Imported)<br>1,2,5,6,10,16,18 |                                                                                                  |  |
|                        | WED        | Vegetarian                                                                                                                                                                                | Peri Peri Tofu with Paprika Sauce<br>2,5,6,12,13                             |  |                                                                                             |                                                                                                                                                                                                                                                             | WED                                                                                                      | Mexican Burrito                                       |                                                                                                  |  |
|                        |            | Halal                                                                                                                                                                                     | Peri Peri Tofu with Paprika Sauce<br>2,5,6,12,13                             |  |                                                                                             |                                                                                                                                                                                                                                                             |                                                                                                          | Pork : Korea / Beef : Australia<br>2,5,6,10,16        |                                                                                                  |  |
|                        | THURS      | Vegetarian                                                                                                                                                                                | Vegetarian Mexican Tacos<br>1,2,5,6,12,13                                    |  |                                                                                             |                                                                                                                                                                                                                                                             | THURS                                                                                                    | Stir-Fried Black Bean Noodles                         |                                                                                                  |  |
|                        |            | Halal                                                                                                                                                                                     | Steamed Chicken Breast & Vegetables<br>5,6,15                                |  |                                                                                             |                                                                                                                                                                                                                                                             |                                                                                                          | Pork : America / Squid : China<br>1,2,5,6,10,16,17,18 |                                                                                                  |  |
| FRI                    | Vegetarian | Tofu Cutlet w. Oriental Sauce<br>1,5,6                                                                                                                                                    |                                                                              |  | FRI                                                                                         | Mara Xiangguo                                                                                                                                                                                                                                               |                                                                                                          |                                                       |                                                                                                  |  |
|                        | Halal      | Chicken Cutlet w/ White Gravy Sauce<br>1,2,2,3,13,15,16                                                                                                                                   |                                                                              |  |                                                                                             | Beef : Australia<br>5,6,15,16,17                                                                                                                                                                                                                            |                                                                                                          |                                                       |                                                                                                  |  |
| CEZARS<br>KITCHEN      |            | Country of Origin :<br>Kimchi : Cabbage : Korean, Red Pepper<br>Korean Rice : Korean<br>Salad Bar : 12 Healthy Toppings, 5 Salad Dressings<br>Beverage, Fruits and Yoqurt Served Evervdav |                                                                              |  |                                                                                             | *Allergy Code :<br>1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig<br>11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids<br>18.Shellfish (Included Oysters, Abalones, Mussels)<br>19.Pine Nut |                                                                                                          |                                                       |                                                                                                  |  |
| Additional Information |            |                                                                                                                                                                                           |                                                                              |  |                                                                                             |                                                                                                                                                                                                                                                             |                                                                                                          |                                                       |                                                                                                  |  |

## September Menu

|                                                                                     | Monday                                                                                                                                 |                                                               | Tuesday                                                                                                                                                         |  | Wednesday                                                                         |                                                                                     | Thursday                                                                           |                                                                                      | Friday                                                                                            |  |
|-------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------|--|-----------------------------------------------------------------------------------|-------------------------------------------------------------------------------------|------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|--|
|                                                                                     | 2026-09-07                                                                                                                             |                                                               | 2026-09-08                                                                                                                                                      |  | 2026-09-09                                                                        |                                                                                     | 2026-09-10                                                                         |                                                                                      | 2026-09-11                                                                                        |  |
| International                                                                       | Bolognese Pasta<br>(Pork : Korea)(Beef : Australia)<br>(2.5.6.10.12.15.16)                                                             |                                                               | Mediterranean Herb Chicken<br>(Chicken : Brazil)<br>(2.5.6.13.15.16.18)                                                                                         |  | Loco Moco w. Gravy Sauce<br>(Pork,Chicken,Beef : Korea)<br>(2.5.6.10.12.13.16.18) |                                                                                     | Miso Ramen w. Bean Sprout &<br>Boiled Egg<br>(Pork :USA)<br>(1.5.6.10.13.15.16.18) |                                                                                      | Chicken Fajita<br>(Chicken : Brazil)<br>(1.2.5.6.12.13.15.16.18)                                  |  |
|                                                                                     | Garlic Rye Bread<br>(1.2.5.6)                                                                                                          |                                                               | Pita Bread w. Hummus<br>(2.5.6)                                                                                                                                 |  | Fried Egg<br>(1.5.6)                                                              |                                                                                     | Sweet Potato Croquette<br>w. Tartare Sauce<br>(5.6) / (1.2.5.6)                    |                                                                                      | Nacho w. Nacho Cheese<br>(2.5.6)                                                                  |  |
|                                                                                     | Roasted Vegetables<br>(5.6)                                                                                                            |                                                               | Wedge Fries<br>/ Balsamic Tomato, Cucumber Salad<br>(5.6) / (5.6)                                                                                               |  | Pineapple Salsa & Roasted<br>Vegetable Mix (5.6) & (5.6)                          |                                                                                     | Pickled Onions / Pickled Radish<br>( 5.6) / (13)                                   |                                                                                      | Corn Salad<br>/ Roasted Vegetable<br>(1.5.6) / (5.6)                                              |  |
| Korean                                                                              | Braised Chicken & Sweet Potato<br>(Chicken: Brazil)<br>(2.5.6.12.13.15.16.18)                                                          |                                                               | Sausage & Rice Cake Skewers<br>(Chicken: Korea)<br>(2.5.6.10.12.13.15.16)                                                                                       |  | Grilled Doubanjiang Pork<br>(Pork: Austria)<br>(5.6.10.12.13.18)                  |                                                                                     | Honey Butter Chicken<br>(Chicken: Brazil)<br>(2.5.6.15)                            |                                                                                      | Eonyang-Style Grilled Beef<br>Bulgogi<br>(Beef: Australia)(Rice: Imported)<br>(2.5.6.12.13.16.18) |  |
|                                                                                     | Vegetable Soy Sauce Jjolmyeon<br>(5.6.13.16)                                                                                           |                                                               | Minced Beef Steamed Egg<br>(Beef:America)<br>(1.5.6.13.16)                                                                                                      |  | Soybean Sprout Rice<br>w. Seasoned Soy Sauce<br>(5.6)                             |                                                                                     | Rice w. Seasoned Seaweed Flakes<br>(5.6.16.18)                                     |                                                                                      | Grilled King Oyster Mushrooms<br>(2.5.6.16.18)                                                    |  |
|                                                                                     | Perilla Leaves & Pickled Radish<br>(13)                                                                                                |                                                               | Smashed Cucumber Salad<br>(5.6)                                                                                                                                 |  | Lettuce & Green Onion Salad<br>(5.6)                                              |                                                                                     | Stir-Fried Anchovies<br>(Anchovy: Vietnam)<br>(5.6.13.18)                          |                                                                                      | Seasoned Young Summer Radish<br>Greens<br>(5.6)                                                   |  |
|                                                                                     | Tuna Kimchi Stew <br>(Tuna: Oceanic)<br>(5.6.9.13.16) |                                                               | Spicy Chicken Soup w. Glass<br>Noodles <br>(Chicken: Korea)<br>(1.2.5.6.15.16) |  | Beef Bone Mushroom Soup<br>(Beef: Australia, Korea)<br>(2.5.6.9.10.15.16.18)      |                                                                                     | Mallow Soup<br>(5.6.16)                                                            |                                                                                      | Seaweed Soup<br>(5.6)                                                                             |  |
| Vegetarian/<br>Halal                                                                | MON                                                                                                                                    | Vegetarian                                                    | Tomato Mushroom Pasta<br>(5.6.12.18)                                                                                                                            |  |                                                                                   | GRILL<br>(Only HS/MS)                                                               | MON                                                                                | Fried Kimchi Rice<br>Pork : Imported<br>1,2,5,6,9,10,16,18                           |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Halal                                                         | Tomato Mushroom Pasta<br>(5.6.12.18)                                                                                                                            |  |                                                                                   |                                                                                     |                                                                                    |                                                                                      |                                                                                                   |  |
|                                                                                     | TUES                                                                                                                                   | Vegetarian                                                    | Vegan Falafel<br>(2.5.6.18)                                                                                                                                     |  |                                                                                   |                                                                                     | TUES                                                                               | Hot Dog<br>Sausage (Pork : Imported)<br>1,2,5,6,10                                   |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Halal                                                         | Mediterranean Herb Chicken<br>(2.5.6.13.15.16.18)                                                                                                               |  |                                                                                   |                                                                                     |                                                                                    |                                                                                      |                                                                                                   |  |
|                                                                                     | WED                                                                                                                                    | Vegetarian                                                    | Vegan Salisbury Steak<br>(2.5.6.12.13.18)                                                                                                                       |  |                                                                                   |                                                                                     | WED                                                                                | Mexican Burrito<br>Pork : Korea / Beef : Australia<br>2,5,6,10,16                    |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Halal                                                         | Vegan Salisbury Steak<br>(2.5.6.12.13.18)                                                                                                                       |  |                                                                                   |                                                                                     |                                                                                    |                                                                                      |                                                                                                   |  |
|                                                                                     | THURS                                                                                                                                  | Vegetarian                                                    | Veggie Crunch Nuggets & Carrot Râpée<br>-5.6                                                                                                                    |  |                                                                                   |                                                                                     | THURS                                                                              | Stir-Fried Black Bean Noodles<br>Pork : Korea / Squid : China<br>1,2,5,6,10,16,17,18 |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Halal                                                         | Honey Butter Chicken<br>(2.5.6.15)                                                                                                                              |  |                                                                                   |                                                                                     |                                                                                    |                                                                                      |                                                                                                   |  |
|                                                                                     | FRI                                                                                                                                    | Vegetarian                                                    | Tofu Cutlet<br>(1.2.5.6.12.13)                                                                                                                                  |  |                                                                                   |                                                                                     | FRI                                                                                | Malatang<br>Beef : Australia<br>5,6,15,16,17                                         |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Halal                                                         | Chicken Fajitas<br>(1.2.5.6.12.13.15.16.18)                                                                                                                     |  |                                                                                   |                                                                                     |                                                                                    |                                                                                      |                                                                                                   |  |
|  |                                                                                                                                        | Country of Origin :                                           |                                                                                                                                                                 |  |                                                                                   | *Allergy Code :                                                                     |                                                                                    |                                                                                      |                                                                                                   |  |
| Additional Information                                                              |                                                                                                                                        | Kimchi : Cabbage : Korean, Red Pepper<br>Korean Rice : Korean |                                                                                                                                                                 |  |                                                                                   | 1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig |                                                                                    |                                                                                      |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Salad Bar : 12 Healthy Toppings, 5 Salad Dressings            |                                                                                                                                                                 |  |                                                                                   | 11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids        |                                                                                    |                                                                                      |                                                                                                   |  |
|                                                                                     |                                                                                                                                        | Beverage, Fruits and Yoqurt Served Everyday                   |                                                                                                                                                                 |  |                                                                                   | 18.Shellfish (Included Oysters, Abalones, Mussels)<br>19.Pine Nut                   |                                                                                    |                                                                                      |                                                                                                   |  |

## September Menu

|                        | Monday<br>2026-09-14                                               |                                                                                                                                                                                           | Tuesday<br>2026-09-15                                                                  |                                   | Wednesday<br>2026-09-16                                          |                                                                                                                                                                                                                                                             | Thursday<br>2026-09-17                                                                                 |                                                            | Friday<br>2026-09-18                                                                                               |                                                                               |  |
|------------------------|--------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------|-----------------------------------|------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------|--|
| International          | Tandoori Boneless Chicken<br>(Chicken : Brazil)<br>(2.5.6.15)      |                                                                                                                                                                                           | Rigatoni Tomato Cream Pasta<br>(Pork : Korea) (Beef:Australia)<br>(2.5.6.10.15.16)     |                                   | Banh Mi Sandwich<br>(Pork : USA)<br>(1.2.5.6.12.13.15.18)        |                                                                                                                                                                                                                                                             | Mexican Pulled Pork Rice Bowl<br>(Pork : USA)<br>(5.6.10.12.16)                                        |                                                            |                                 |                                                                               |  |
|                        | Indian Tofu Curry<br>(Tofu : Imported)<br>(2.5.12.15)              |                                                                                                                                                                                           | Whole Wheat Bread<br>(2.5.6)                                                           |                                   | Shrimp Chips<br>(9.13)                                           |                                                                                                                                                                                                                                                             | Assorted Toppings<br>(1.2.5.12.15.16)                                                                  |                                                            | <b>**Chuseok Special**</b>                                                                                         |                                                                               |  |
|                        |                                                                    | Flatbread & Cucumber Salad<br>(6)& (5.13)                                                                                                                                                 |                                                                                        | Italian Chopped Salad<br>(2.5.12) |                                                                  | Vietnam Salad<br>(5)                                                                                                                                                                                                                                        |                                                                                                        | Nacho Chips<br>(6)                                         |                                                                                                                    | <b>LA Style Braised Pork Ribs</b><br><b>(Prok Ribs: Korea) (Pork : Korea)</b> |  |
| Korean                 | Stir-Fried Pork Belly Bean Sprout<br>(Pork : Spain)<br>(5.6.10.18) |                                                                                                                                                                                           | Seasoned Fried Chicken<br>(Chicken : Brazil)<br>(5.6.12.15.18)                         |                                   | Grilled Pork w. Soybean Paste<br>(Pork : USA)<br>(5.6.10.16)     |                                                                                                                                                                                                                                                             | Sweet Potato, Cheese Pork Cutlet<br>w. Pork Cutlet Sauce<br>(Pork : Korea)<br>(1.2.5.6)&(5.6.12.16.18) |                                                            | Assorted Korean Pancakes<br>(5.6.9.16.17.18)(5.6.9.17)<br>(5.6.10.16)(2.5.6.15.16)<br>(Kimchi Chives /Meat Patty ) |                                                                               |  |
|                        | Vegetable Fried Rice<br>(5.6)                                      |                                                                                                                                                                                           | Macaroni Salad<br>(1.5.6)                                                              |                                   | Sweet and Sour Dumplings<br>(Pork : Korea)<br>(2.5.6.10.5.16.18) |                                                                                                                                                                                                                                                             | Beef, Vegetable Fried Rice<br>(우육:뉴질랜드산)<br>(5.6.16)                                                   |                                                            | Samsaek Namul<br>(5.6)                                                                                             |                                                                               |  |
|                        | Seasoned Bok Choy<br>(5.6)                                         |                                                                                                                                                                                           | Acorn Jelly w. Crown Daisy<br>(5.6)                                                    |                                   | Seasoned Napa Cabbage<br>w. Soybean Paste<br>(5.6)               |                                                                                                                                                                                                                                                             | Seasoned Chicory, Cucumber Salad<br>(5.6)                                                              |                                                            | Beef, Radish Soup<br>(5.6.16)                                                                                      |                                                                               |  |
|                        | Fried Tofu Udon Soup<br>(5.6)                                      |                                                                                                                                                                                           | Dried Pollack Soup<br>(Pollack :Russia)<br>(2.5.6.9.18)                                |                                   | Potato Noodle Soup<br>(5.6.16)                                   |                                                                                                                                                                                                                                                             | Cold Buckwheat Noodles<br>(2.5.6.7.9)                                                                  |                                                            | Songpyeon<br>(5.6)                                                                                                 |                                                                               |  |
| Vegetarian/<br>Halal   | MON                                                                | Vegetarian                                                                                                                                                                                | Vegan Chicken<br>5.6                                                                   |                                   |                                                                  | GRILL<br>(Only HS/MS)                                                                                                                                                                                                                                       | MON                                                                                                    | Fried Kimchi Rice<br>Pork : Imported<br>1,2,5,6,9,10,16,18 |                                                                                                                    |                                                                               |  |
|                        |                                                                    | Halal                                                                                                                                                                                     | Tandoori Boneless Chicken<br>2,5,6,15                                                  |                                   |                                                                  |                                                                                                                                                                                                                                                             |                                                                                                        | TUES                                                       | Hot Dog<br>Sausage (Pork : Imported)<br>1,2,5,6,10                                                                 |                                                                               |  |
|                        | TUES                                                               | Vegetarian                                                                                                                                                                                | Vegan Tomato Pasta<br>5,6,12,15<br>양념치킨                                                |                                   |                                                                  |                                                                                                                                                                                                                                                             | TUES                                                                                                   |                                                            | Mexican Burrito<br>Pork : Korea / Beef : Australia<br>2,5,6,10,16                                                  |                                                                               |  |
|                        |                                                                    | Halal                                                                                                                                                                                     | Seasoned Fried Chicken<br>Vegan Meat Banh Mi Sandwich<br>5,6,12,13,15,18)              |                                   |                                                                  |                                                                                                                                                                                                                                                             |                                                                                                        | WED                                                        | Stir-Fried Black Bean Noodles<br>Pork : Korea / Squid : China<br>1,2,5,6,10,16,17,18                               |                                                                               |  |
|                        | WED                                                                | Vegetarian                                                                                                                                                                                | Vegan Meat Banh Mi Sandwich<br>5,6,12,13,15,18)                                        |                                   |                                                                  |                                                                                                                                                                                                                                                             | WED                                                                                                    |                                                            | Mara Xiangguo<br>Beef : Australia<br>5,6,15,16,17                                                                  |                                                                               |  |
|                        |                                                                    | Halal                                                                                                                                                                                     | Mexico Plant Minced Rice Bowl<br>5,6,12,16<br>Mexico Chicken Rice Bowl<br>5,6,12,15,16 |                                   |                                                                  |                                                                                                                                                                                                                                                             |                                                                                                        | THURS                                                      |                                                                                                                    |                                                                               |  |
|                        | THURS                                                              | Vegetarian                                                                                                                                                                                | Vegan Meat Hamburg Steak<br>5.6                                                        |                                   |                                                                  |                                                                                                                                                                                                                                                             | THURS                                                                                                  |                                                            |                                                                                                                    |                                                                               |  |
|                        |                                                                    | Halal                                                                                                                                                                                     | Braised Chicken<br>5,6,15,16                                                           |                                   |                                                                  |                                                                                                                                                                                                                                                             |                                                                                                        | FRI                                                        |                                                                                                                    |                                                                               |  |
|                        | FRI                                                                | Vegetarian                                                                                                                                                                                |                                                                                        |                                   |                                                                  |                                                                                                                                                                                                                                                             | FRI                                                                                                    |                                                            |                                                                                                                    |                                                                               |  |
|                        |                                                                    | Halal                                                                                                                                                                                     |                                                                                        |                                   |                                                                  |                                                                                                                                                                                                                                                             |                                                                                                        |                                                            |                                                                                                                    |                                                                               |  |
| CEZARS<br>KITCHEN      |                                                                    | Country of Origin :<br>Kimchi : Cabbage : Korean, Red Pepper<br>Korean Rice : Korean<br>Salad Bar : 12 Healthy Toppings, 5 Salad Dressings<br>Beverage, Fruits and Yoqurt Served Everyday |                                                                                        |                                   |                                                                  | *Allergy Code :<br>1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig<br>11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids<br>18.Shellfish (Included Oysters, Abalones, Mussels)<br>19.Pine Nut |                                                                                                        |                                                            |                                                                                                                    |                                                                               |  |
| Additional Information |                                                                    |                                                                                                                                                                                           |                                                                                        |                                   |                                                                  |                                                                                                                                                                                                                                                             |                                                                                                        |                                                            |                                                                                                                    |                                                                               |  |

# September Menu

|                        | Monday                                                                                                                              |                                                                                                   | Tuesday                                                                                                                                                                 |  | Wednesday                                                                                                                                                          |                                                                                                                                                                                                                                                             | Thursday                                                                                                                                                                 |                                                                                      | Friday                                                                                                                                  |  |
|------------------------|-------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|--------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------|--|
|                        | 2026-09-28                                                                                                                          |                                                                                                   | 2026-09-29                                                                                                                                                              |  | 2026-09-30                                                                                                                                                         |                                                                                                                                                                                                                                                             | 2026-10-01                                                                                                                                                               |                                                                                      | 2026-10-02                                                                                                                              |  |
| International          | Garlic Parmesan Bacon Burger<br>(Pork:USA)(Beef:Imported,Korea)<br>(1.2.5.6.10.12.15.16)                                            |                                                                                                   | Honey Garlic Mayo Chicken Rice Bowl<br>(Chicken:Brazil)<br>(1.5.6.15)                                                                                                   |  | Beef Rice Noodle Pho<br>(2.5.6.10.15.16.18)<br>(Beef:USA)                                                                                                          |                                                                                                                                                                                                                                                             | Meat Doria<br>(2.5.6.10.12.15.16.18)<br>(Pork:Korea),(Beef:USA)                                                                                                          |                                                                                      | Chicken Scarpariello<br>(2.5.6.10.15.16)<br>(Chicken:Imported))                                                                         |  |
|                        | Tater Tots<br>(5.6)<br><br>Carmelized Onions / Roasted Vegetable<br>(5.6)/(5)                                                       |                                                                                                   | Roasted Potato<br>(5)<br><br>Asian Broccoli Coleslaw<br>(1.5.6)                                                                                                         |  | Spring Roll<br>(5.6)<br><br>Vietnamese Cucumber Salad<br>(5)                                                                                                       |                                                                                                                                                                                                                                                             | Japanese Tofu<br>(5.6)<br>(Soy:Imported)<br><br>Japanese Salad<br>(5)                                                                                                    |                                                                                      | Mashed Potato<br>(1.5)<br><br>Roasted Vegetable<br>(5)                                                                                  |  |
| Korean                 | Salt-Grilled Chicken<br>(Chicken:Korea)<br>(5.6.15)                                                                                 |                                                                                                   | Meatball Takoyaki<br>(5.6.10.15.16.18)<br>(Chicken:Korea)(Pork:Korea)                                                                                                   |  | Black Bean Rice<br>(2.5.6.10.18)<br>(Pork:Korea)                                                                                                                   |                                                                                                                                                                                                                                                             | Pork Bulgogi<br>(5.6.10)<br>(Pork:USA)                                                                                                                                   |                                                                                      | Baked Tteokgalbi Bell Peppers<br>(1.2.5.6.10.12.15.16.18)<br>(Pork:Korea)(Rice:Imported)                                                |  |
|                        | Steamed Honey Squash<br>(5)<br><br>Konjac w. Oriental Dressing<br>(5.6.13)<br><br>Beef Seaweed Soup<br>(Beef:Australia)<br>(5.6.16) |                                                                                                   | Stir-Fried Fish Cakes, Mushroom<br>(연육:외국산)<br>(5.6.18)<br><br>Chive Ponzu Salad<br>(5.6)<br><br>Korean Rice Cake Soup<br>(1.5.6.15.16)<br>(Rice:Imported),(Beef:Korea) |  | Chinese Style Silken Tofu<br>(5.6)<br>(Soy:Imported)<br><br>Korean Pickled Cucumbers<br>(5)<br><br>Nagasaki Jjamppong<br>(5.6.15.16)<br>(Squid:Chile),(Beef:Korea) |                                                                                                                                                                                                                                                             | Braised Soy Sauce Quail Eggs, Mushroom<br>(1.5.6)<br><br>Assorted Vegetable Wraps<br>(5.6)<br><br>Jeonju Style Bean Sprout Soup<br>(Beef:Australia,Korea)<br>(5.6.15.16) |                                                                                      | Five Color Japchae<br>(5.6.10)<br><br>Soy Sauce Glazed Dried Squid<br>(5.6)<br>(Squid: Peru)<br><br>Spinach Soybean Paste Soup<br>(5.6) |  |
| Vegetarian/<br>Halal   | MON                                                                                                                                 | Vegetarian                                                                                        | Vegan Meat Paremsan Garlic Burger<br>1.2.5.6.12.15.16                                                                                                                   |  |                                                                                                                                                                    | GRILL<br>(Only HS/MS)                                                                                                                                                                                                                                       | MON                                                                                                                                                                      | Fried Kimchi Rice<br>Pork : Imported<br>1.2,5,6,9,10,16,18                           |                                                                                                                                         |  |
|                        |                                                                                                                                     | Halal                                                                                             | Salt-Grilled Chicken<br>5.6.15                                                                                                                                          |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
|                        | TUES                                                                                                                                | Vegetarian                                                                                        | Vegan Meat Garlic Mayo Rice Bowl<br>1.2,5,6                                                                                                                             |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             | TUES                                                                                                                                                                     | Hot Dog<br>Sausage (Pork : Imported)<br>1,2,5,6,10                                   |                                                                                                                                         |  |
|                        |                                                                                                                                     | Halal                                                                                             | Honey Garlic Mayo Chicken Rice Bow<br>1.5,6.15                                                                                                                          |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
|                        | WED                                                                                                                                 | Vegetarian                                                                                        | Rice Noodle Pho<br>5.6.15.16                                                                                                                                            |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             | WED                                                                                                                                                                      | Mexican Burrito<br>Pork : Korea / Beef : Australia<br>2,5,6,10,16                    |                                                                                                                                         |  |
|                        |                                                                                                                                     | Halal                                                                                             | Rice Noodle Pho<br>5.6.15.16                                                                                                                                            |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
|                        | THURS                                                                                                                               | Vegetarian                                                                                        | Vegan Meat Doria<br>2.5.6.12.15.16.18                                                                                                                                   |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             | THURS                                                                                                                                                                    | Stir-Fried Black Bean Noodles<br>Pork : Korea / Squid : China<br>1,2,5,6,10,16,17,18 |                                                                                                                                         |  |
|                        |                                                                                                                                     | Halal                                                                                             | Vegan Meat Doria<br>2.5.6.12.15.16.18                                                                                                                                   |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
| FRI                    | Vegetarian                                                                                                                          | Vegan Meat Scarpariello<br>2.5.6.10.15.16                                                         |                                                                                                                                                                         |  | FRI                                                                                                                                                                | Malatang<br>Beef : Australia<br>5,6,15,16,17                                                                                                                                                                                                                |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
|                        | Halal                                                                                                                               | Chicken Scarpariello<br>2.5.6.10.15.16                                                            |                                                                                                                                                                         |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
| CEZARS KITCHEN         |                                                                                                                                     | Country of Origin :<br>Kimchi : Cabbage : Korean, Red Pepper<br>Korean Rice : Korean              |                                                                                                                                                                         |  |                                                                                                                                                                    | *Allergy Code :<br>1.Egg 2.Milk 3.Buckwheat 4.Peanut 5.Bean 6.Gluten 7.Mackerel 8.Crab 9.Shrimp 10.Pig<br>11.Peach 12.Tomato 13.Sulfurous Acids 14.Walnut 15.Chicken 16.Beef 17.Squids<br>18.Shellfish (Included Oysters, Abalones, Mussels)<br>19.Pine Nut |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |
| Additional Information |                                                                                                                                     | Salad Bar : 12 Healthy Toppings, 5 Salad Dressings<br>Beverage, Fruits and Yoqurt Served Everyday |                                                                                                                                                                         |  |                                                                                                                                                                    |                                                                                                                                                                                                                                                             |                                                                                                                                                                          |                                                                                      |                                                                                                                                         |  |

# September Menu

|                        | Monday     |                                                                                                                          | Tuesday                                         | Wednesday                                                                                                                                 | Thursday                                               | Friday                                                |                                                     |
|------------------------|------------|--------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|-------------------------------------------------------|-----------------------------------------------------|
|                        |            |                                                                                                                          | 2026-09-01                                      | 2026-09-02                                                                                                                                | 2026-09-03                                             | 2026-09-04                                            |                                                     |
| International          |            |                                                                                                                          | 비프 계란 나시 고행<br>(우육:미국산)<br>(1.54.6.9.13.16.18)  | 페리페리 치킨<br>(계육:브라질산)<br>(2.5.6.12.13.15)                                                                                                  | 멕시칸 타코<br>(돈육:국내산)(우육:호주산)<br>(1.2.5.6.10.12.13.15.16) | 치킨까스 w. 화이트 버섯 그레이비<br>(계육:국내산)<br>(1.2.5.6.13.15.16) |                                                     |
|                        |            |                                                                                                                          | 스프링롤 / 새우칩<br>(5.6)&(5.9)                       | 고구마 구이<br>(5)                                                                                                                             | 케이준 프라이 / 다양한 토핑<br>(6.13)/(2.5.6.12.13)               | 시트러스 감자 구이<br>(5.6)                                   |                                                     |
|                        |            |                                                                                                                          | 오이 & 토마토 샐러드<br>(5.6.12)                        | 시금치 소테 / 구운 야채<br>(5.6)/ (5.6)                                                                                                            | 구운 야채 / 토마토 스프<br>(5.6)/(5.6.12.15)                    | 버섯 콘소메/과일푸딩<br>(2) / (5.6)                            |                                                     |
| Korean                 |            |                                                                                                                          | 간장 수육<br>(돈육 : 미국산)<br>(5,6,10)                 | 온두부 & 볶음김치🔥<br>(대두 : 외국산)<br>(5,6,9,18)                                                                                                   | 대패 삼겹 채소찜 w.칠리소스<br>(돈육:스페인산)<br>(5,10) (5,6,12)       | 후식 계란 김치볶음밥<br>(1,5,6,9)                              |                                                     |
|                        |            |                                                                                                                          | 비빔 막국수(MS/HS) /<br>들기름 막국수(ES)<br>(3,5,6,10,16) | 단호박 샐러드<br>(1,5)                                                                                                                          | 김말이 고구마 강정<br>(5,6,12,16)                              | 부추전<br>(5,6,9,17)                                     |                                                     |
|                        |            |                                                                                                                          | 무말랭이 무침<br>(9)                                  | 미역줄기볶음<br>(2,5,6,16)                                                                                                                      | 파채 깻잎 겉절이<br>(5,6)                                     | 사과감자 사라다 & 과일 푸딩<br>(1,5) (2)                         |                                                     |
|                        |            |                                                                                                                          | 경상도식소고기무국🔥<br>(우육 : 호주산)<br>(2,5,6,12,16)       | 뼈없는 감자탕🔥<br>(돈육 : 미국산)<br>(2,5,6,10,16)                                                                                                   | 시래기 된장국<br>(2,5,6,16)                                  | 등촌샤브칼국수<br>(우육 : 뉴질랜드산)<br>(2,5,6,15,16)              |                                                     |
| Vegetarian/<br>Halal   | MON        | Vegetarian                                                                                                               | GRILL<br>(Only HS/MS)                           |                                                                                                                                           | MON                                                    | 스팸 김치 볶음밥<br>돈육 : 국내산<br>1,2,5,6,9,10,16,18           |                                                     |
|                        |            | Halal                                                                                                                    |                                                 |                                                                                                                                           |                                                        |                                                       |                                                     |
|                        | TUES       | Vegetarian                                                                                                               |                                                 |                                                                                                                                           | 두부계란나시고랭<br>1.5.6.13                                   | TUES                                                  | 핫도그<br>소시지 (돈육 : 외국산)<br>1,2,5,6,10                 |
|                        |            | Halal                                                                                                                    |                                                 |                                                                                                                                           | 비프계란나시고랭<br>1.5.6,9.13.16.18                           |                                                       |                                                     |
|                        | WED        | Vegetarian                                                                                                               |                                                 |                                                                                                                                           | 페리페리 두부와 파프리카소스<br>2.5.6.12.13                         | WED                                                   | 멕시칸 부리토<br>돈육 : 국내산/ 우육 : 외국산<br>2,5,6,10,16        |
|                        |            | Halal                                                                                                                    |                                                 |                                                                                                                                           | 페리페리 두부와 파프리카소스<br>2.5.6.12.13                         |                                                       |                                                     |
|                        | THURS      | Vegetarian                                                                                                               |                                                 |                                                                                                                                           | 채식 멕시칸타코<br>1.2.5.6.12.13                              | THURS                                                 | 볶음짜장<br>돈육 : 국내산 / 오징어 : 중국산<br>1,2,5,6,10,16,17,18 |
|                        |            | Halal                                                                                                                    |                                                 |                                                                                                                                           | 닭가슴살채소찜<br>5.15                                        |                                                       |                                                     |
| FRI                    | Vegetarian | 두부까스 w. 오리엔탈소스<br>1.5.6                                                                                                  | FRI                                             | 마라상귀<br>우육 : 호주산<br>5,6,15,16,17                                                                                                          |                                                        |                                                       |                                                     |
|                        | Halal      | 치킨까스 w. 화이트 그레이비소스<br>1.2,2.3.13.15.16                                                                                   |                                                 |                                                                                                                                           |                                                        |                                                       |                                                     |
| CEZARS™<br>KITCHEN     |            | Country of Origin :<br>김치 : (배추 : 국내산, 고춧가루 : 국내산)<br>쌀 : 국내산<br>샐러드 바 : 12 가지 신선 토핑, 5 가지 드레싱<br>음료, 과일, 요거트는 매일 제공됩니다. |                                                 | *Allergy Code :<br>1.계란 2.우유 3.메밀 4.땅콩 5.대두 6.밀 7.고등어 8.게 9.새우 10.돼지고기<br>11.복숭아 12.토마토 13.아황산류 14.호두 15.닭고기 16.쇠고기 17.오징어<br>18.조개류 19.젓 |                                                        |                                                       |                                                     |
| Additional Information |            |                                                                                                                          |                                                 |                                                                                                                                           |                                                        |                                                       |                                                     |

## September Menu

|                                | Monday                                              |                                                                                                   | Tuesday                                        | Wednesday                                                                                                              | Thursday                                               | Friday                                         |                                             |
|--------------------------------|-----------------------------------------------------|---------------------------------------------------------------------------------------------------|------------------------------------------------|------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|------------------------------------------------|---------------------------------------------|
|                                | 2026-09-07                                          |                                                                                                   | 2026-09-08                                     | 2026-09-09                                                                                                             | 2026-09-10                                             | 2026-09-11                                     |                                             |
| International                  | 볼로네제 파스타<br>(돈육:국내산)(우육:호주산)<br>(2.5.6.10.12.15.16) |                                                                                                   | 지중해식 허브 치킨<br>(계육:브라질산)<br>(2.5.6.13.15.16.18) | 로코모코 w. 그레이비 소스<br>(돈육:국내산)(계육:국내산)(우육:국내산)<br>(2.5.6.10.12.16.18)                                                     | 숙주 미소 라멘 w. 삶은 계란<br>(돈육:미국산)<br>(1.2.5.6.10.15.16.18) | 치킨 파히타<br>(계육:브라질산)<br>(1.2.5.6.12.15.16.18)   |                                             |
|                                | 호밀 마늘빵<br>(2.5.6)                                   |                                                                                                   | 피타 빵 w. 후무스<br>(2.5.6)                         | 계란 후라이<br>(1.5.6)                                                                                                      | 고구마고로케 w. 타르타르소스<br>(5.6) * (1.2.5.6)                  | 나쵸 w. 나쵸 치즈<br>(2.5.6)                         |                                             |
|                                | 구운 야채<br>(5.6)                                      |                                                                                                   | 웨이 감자튀김 (5.6)<br>/ 발사믹 토마토 오이 샐러드(5.6)         | 파인애플 살사 & 구운 야채 믹스<br>(5.6)&(5.6)                                                                                      | 절인 양파 / 단무지<br>( 5.6)                                  | 옥수수 샐러드<br>/ 구운 야채<br>(1.5.6) / (5.6)          |                                             |
| Korean                         | 닭갈비고구마조림<br>(계육:브라질산)<br>(2.5.6.12.13.15.16.18)     |                                                                                                   | 소떡소떡<br>(계육:국내산)<br>(2.5.6.10.12.13.15.16)     | 제육두반장구이<br>(돈육:오스트리아)(쌀:외국산)<br>(5.6.10.12.13.18)                                                                      | 허니버터치킨<br>(계육:브라질산)<br>(2.5.6.15)                      | 연양식우불고기<br>(우육:호주산)(쌀:외국산)<br>(2.5.6.12.13.16) |                                             |
|                                | 야채간장폴면<br>(5.6.13.16)                               |                                                                                                   | 소보로계란찜<br>(우육:미국산)<br>(1.5.6.16)               | 콩나물밥 w .양념장<br>(5.6)                                                                                                   | 후리가게김가루밥<br>(5.6.16.18)                                | 새송이버터구이<br>(2.5.6.16.18)                       |                                             |
|                                | 깻잎&쌈무                                               |                                                                                                   | 오이탕탕이<br>(5.6)                                 | 상추파채무침<br>(5.6)                                                                                                        | 멸치볶음<br>(멸치:베트남산)<br>(5.6.18)                          | 열무된장무침<br>(5.6)                                |                                             |
|                                | 참치김치찌개<br>(다량어:원양산)<br>(5.6.9.13.16)                |                                                                                                   | 닭개장 w.당면<br>(계육:국내산)<br>(1.2.5.6.15.16)        | 사골버섯국<br>(우육:호주산, 국내산)<br>(2.5.6.9..10.15.16.18)                                                                       | 아욱국<br>(5.6.16)                                        | 미역국<br>(5.6)                                   |                                             |
| Vegetarian/<br>Halal           | MON                                                 | Vegetarian                                                                                        | 토마토버섯 파스타<br>5.6.12.18                         |                                                                                                                        | GRILL<br>(Only HS/MS)                                  | MON                                            | 스팸 김치 볶음밥<br>돈육 : 국내산<br>1,2,5,6,9,10,16,18 |
|                                |                                                     | Halal                                                                                             | 토마토버섯파스타<br>5.6.12.18                          |                                                                                                                        |                                                        |                                                | TUES                                        |
|                                | TUES                                                | Vegetarian                                                                                        | 비건 팔라펠<br>2.5.6.18                             |                                                                                                                        |                                                        | TUES                                           |                                             |
|                                |                                                     | Halal                                                                                             | 지중해식허브치킨<br>2.5.6.13.15.16.18                  |                                                                                                                        |                                                        |                                                | THURS                                       |
|                                | WED                                                 | Vegetarian                                                                                        | 비건함박스테이크<br>2.5.6.12.13.18                     |                                                                                                                        |                                                        | WED                                            |                                             |
|                                |                                                     | Halal                                                                                             | 비건함박스테이크<br>2.5.6.12.13.18                     |                                                                                                                        |                                                        |                                                | FRI                                         |
|                                | THURS                                               | Vegetarian                                                                                        | 비건 크런치너겟<br>5.6                                |                                                                                                                        |                                                        | FRI                                            |                                             |
|                                |                                                     | Halal                                                                                             | 허니버터치킨<br>2.5.6.15                             |                                                                                                                        |                                                        |                                                |                                             |
|                                | FRI                                                 | Vegetarian                                                                                        | 두부까스<br>1,2,5,6,12,13                          |                                                                                                                        |                                                        |                                                |                                             |
| Halal                          |                                                     | 치킨피자타<br>(1.2,5,6,12,13,15,16,18)                                                                 |                                                |                                                                                                                        |                                                        |                                                |                                             |
| CEZARS <sup>™</sup><br>KITCHEN |                                                     | Country of Origin :                                                                               |                                                |                                                                                                                        |                                                        | *Allergy Code :                                |                                             |
| Additional Information         |                                                     | 김치 : (배추 : 국내산, 고춧가루 : 국내산)<br>쌀 : 국내산<br>샐러드 바 : 12 가지 신선 토핑, 5 가지 드레싱<br>음료, 과일, 요거트는 매일 제공됩니다. |                                                | 1.계란 2.우유 3.메밀 4.땅콩 5.대두 6.밀 7.고등어 8.계 9.새우 10.돼지고기<br>11.복숭아 12.토마토 13.아황산류 14.호두 15.닭고기 16.쇠고기 17.오징어<br>18.조개류 19.젓 |                                                        |                                                |                                             |

## September Menu

|                                | Monday                                                                       |                                                                                                                          | Tuesday                                                 |  | Wednesday                                    |                                                                                                                                           | Thursday                                               |                                               | Friday                                                                                                                                                                                                                     |  |
|--------------------------------|------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------|--|----------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------|-----------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--|
|                                | 2026-09-14                                                                   |                                                                                                                          | 2026-09-15                                              |  | 2026-09-16                                   |                                                                                                                                           | 2026-09-17                                             |                                               | 2026-09-18                                                                                                                                                                                                                 |  |
| International                  | 탄두리 순살 치킨<br>(계육:브라질산)<br>(2.5.6.15)                                         |                                                                                                                          | 리가토니 토마토 크림 파스타<br>(돈육:국내산)(우육:호주산)<br>(2.5.6.10.15.16) |  | 반미 샌드위치<br>(돈육:미국산)<br>(1.2.5.6.12.13.15.18) |                                                                                                                                           | 멕시코식 폴드포크 덮밥<br>(돈육:미국산)<br>(5.6.10.12.16)             |                                               |                                                                                                                                         |  |
|                                | 인도 두부 카레라이스<br>(대두:외국산)<br>(2.5.12.15)<br><br>플랫 브레드 & 오이 샐러드<br>(6)& (5.13) |                                                                                                                          | 호밀빵<br>(2.5.6)<br><br>이탈리안 참 샐러드<br>(2.5.112)           |  | 새우 칩<br>(9.13)<br><br>베트남식 샐러드<br>(5)        |                                                                                                                                           | 다양한 토핑<br>(1.2.5.12.15.16)<br><br>나초 칩스<br>(6)         |                                               | <b>**추석 특식**</b><br><br><b>LA돈갈비찜</b><br>(돈갈비:국내산)(돈육:국내산)<br><br>모듬전<br>(5.6.9.16.17.18)(5.6.9.17)<br>(5.6.10.16)(2.5.6.15.16)<br>(김치전 부추전 / 동그랑땡전 )<br><br>삼색나물<br>(5.6)<br><br>잡곡밥/소고기뭇국<br>(5.6.16)<br><br>송편<br>(5.6) |  |
| Korean                         | 대패숙주볶음<br>(돈육:스페인산)<br>(5.6.10.18)                                           |                                                                                                                          | 양념치킨<br>(계육:브라질산)<br>(5.6.12.15.18)                     |  | 원장묵살구이<br>(돈육:미국산)<br>(5.6.10.16)            |                                                                                                                                           | 고구마치즈돈까스&돈까스소스<br>(1.2.5.6)&(5.6.12.16.18)<br>(돈육:국내산) |                                               |                                                                                                                                                                                                                            |  |
|                                | 야채볶음밥<br>(5.6)                                                               |                                                                                                                          | 마카로니샐러드<br>(1.5.6)                                      |  | 만두탕수<br>(돈육:국내산)<br>(2.5.6.10.5.16.18)       |                                                                                                                                           | 소고기야채볶음밥<br>(우육:뉴질랜드산)<br>(5.6.16)                     |                                               |                                                                                                                                                                                                                            |  |
|                                | 청경채새콤무침<br>(5.6)                                                             |                                                                                                                          | 도토리묵속갓무침<br>(5.6)                                       |  | 단배추된장무침<br>(5.6)                             |                                                                                                                                           | 치커리오이무침<br>(5.6)                                       |                                               |                                                                                                                                                                                                                            |  |
|                                | 유부우동국물<br>(5.6)                                                              |                                                                                                                          | 황태해장국<br>(황태:러시아산)<br>(2.5.6.9.18)                      |  | 감자수제비국<br>(5.6.16)                           |                                                                                                                                           | 냉모밀<br>(2.5.6.7.9)                                     |                                               |                                                                                                                                                                                                                            |  |
| Vegetarian/<br>Halal           | MON                                                                          | Vegetarian                                                                                                               | 비건치킨<br>5.6                                             |  |                                              | GRILL<br>(Only HS/MS)                                                                                                                     | MON                                                    | 스팸 김치 볶음밥<br>돈육 : 국내산<br>1,2,5,6,9,10,16,18   |                                                                                                                                                                                                                            |  |
|                                |                                                                              | Halal                                                                                                                    | 탄두리순살치킨<br>2,5,6,15                                     |  |                                              |                                                                                                                                           | TUES                                                   | 핫도그<br>소시지 (돈육 : 외국산)<br>1,2,5,6,10           |                                                                                                                                                                                                                            |  |
|                                | TUES                                                                         | Vegetarian                                                                                                               | 비건토마토파스타<br>5,6,12,15                                   |  |                                              |                                                                                                                                           | WED                                                    | 멕시코산 부리또<br>돈육 : 국내산/ 우육 : 외국산<br>2,5,6,10,16 |                                                                                                                                                                                                                            |  |
|                                |                                                                              | Halal                                                                                                                    | 양념치킨<br>5,6,12,15,18                                    |  |                                              |                                                                                                                                           |                                                        | THURS                                         | 볶음짜장<br>돈육 : 국내산 / 오징어 : 중국산<br>1,2,5,6,10,16,17,18                                                                                                                                                                        |  |
|                                | WED                                                                          | Vegetarian                                                                                                               | 비건반미샌드위치<br>5,6,12,13,15,18                             |  |                                              |                                                                                                                                           | FRI                                                    |                                               | 마라상귀<br>우육 : 호주산<br>5,6,15,16,17                                                                                                                                                                                           |  |
|                                |                                                                              | Halal                                                                                                                    | 비건반미샌드위치<br>5,6,12,13,15,18                             |  |                                              |                                                                                                                                           |                                                        |                                               |                                                                                                                                                                                                                            |  |
|                                | THURS                                                                        | Vegetarian                                                                                                               | 멕시코식 비건 민스덮밥<br>5,6,12,16                               |  |                                              |                                                                                                                                           |                                                        |                                               |                                                                                                                                                                                                                            |  |
|                                |                                                                              | Halal                                                                                                                    | 멕시코식 닭가슴살 덮밥<br>5,6,12,15,16                            |  |                                              |                                                                                                                                           |                                                        |                                               |                                                                                                                                                                                                                            |  |
| FRI                            | Vegetarian                                                                   | 비건말락스테이크<br>5.6                                                                                                          |                                                         |  |                                              |                                                                                                                                           |                                                        |                                               |                                                                                                                                                                                                                            |  |
|                                | Halal                                                                        | 닭다리살조림<br>5,6,15,16                                                                                                      |                                                         |  |                                              |                                                                                                                                           |                                                        |                                               |                                                                                                                                                                                                                            |  |
| CEZARS <sup>™</sup><br>KITCHEN |                                                                              | Country of Origin :<br>김치 : (배추 : 국내산, 고춧가루 : 국내산)<br>쌀 : 국내산<br>샐러드 바 : 12 가지 신선 토핑, 5 가지 드레싱<br>음료, 과일, 요거트는 매일 제공됩니다. |                                                         |  |                                              | *Allergy Code :<br>1.계란 2.우유 3.메밀 4.땅콩 5.대두 6.밀 7.고등어 8.계 9.새우 10.돼지고기<br>11.복숭아 12.토마토 13.아황산류 14.호두 15.닭고기 16.쇠고기 17.오징어<br>18.조개류 19.잣 |                                                        |                                               |                                                                                                                                                                                                                            |  |
| Additional Information         |                                                                              |                                                                                                                          |                                                         |  |                                              |                                                                                                                                           |                                                        |                                               |                                                                                                                                                                                                                            |  |

## September Menu

|                        | Monday                                                         |                                                               | Tuesday                                          |  | Wednesday                                  |                                                                                                                                           | Thursday                                             |                                                     | Friday                                                     |  |
|------------------------|----------------------------------------------------------------|---------------------------------------------------------------|--------------------------------------------------|--|--------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------|-----------------------------------------------------|------------------------------------------------------------|--|
|                        | 2026-09-28                                                     |                                                               | 2026-09-29                                       |  | 2026-09-30                                 |                                                                                                                                           | 2026-10-01                                           |                                                     | 2026-10-02                                                 |  |
| International          | 갈릭 파마산 베이컨 버거<br>(돈육:미국산)(우육:외국산,국내산)<br>(1.2.5.6.10.12.15.16) |                                                               | 허니 갈릭 마요 치킨 덮밥<br>(계육:브라질산)<br>(1.5.6.15)        |  | 소고기 쌀국수<br>(2.5.6.10.15.16.18)<br>(우육:미국산) |                                                                                                                                           | 미트 도리아<br>(2.5.6.10.12.15.16.18)<br>(돈육:국내산)(우육:미국산) |                                                     | 치킨 스킨파리에로<br>(2.5.6.10.15.16)<br>(계육:브라질산)                 |  |
|                        | 테이터 잼<br>(5.6)                                                 |                                                               | 구운 감자<br>(5)                                     |  | 스프링롤<br>(5.6)                              |                                                                                                                                           | 일본식 두부<br>(5.6)<br>(대두:외국산)                          |                                                     | 매쉬드 포테이토<br>(1.5)                                          |  |
|                        | 볶음 양파 / 구운 야채<br>(5.6)/(5)                                     |                                                               | 아시안 브로콜리 코울슬로<br>(1.5.6)                         |  | 베트남식 오이 샐러드<br>(5)                         |                                                                                                                                           | 일본식 샐러드<br>(5)                                       |                                                     | 구운 야채<br>(5)                                               |  |
| Korean                 | 닭살소금구이<br>(계육:국내산)<br>(5.6.15)                                 |                                                               | 미트볼타코야키<br>(5.6.10.15.16.18)<br>(계육:국내산)(돈육:국내산) |  | 짜장라이스<br>(2.5.6.10.18)<br>(돈육:국내산)         |                                                                                                                                           | 바싹돈불고기<br>(5.6.10)<br>(돈육:미국산)                       |                                                     | 떡갈비파프리카오븐구이<br>(1.2.5.6.10.12.15.16.18)<br>(돈육:국내산)(쌀:외국산) |  |
|                        | 단호박꿀찜<br>(5)                                                   |                                                               | 부들어묵목이볶음<br>(연육:외국산)<br>(5.6.18)                 |  | 중화풍연두부<br>(5.6)<br>(대두:외국산)                |                                                                                                                                           | 매추리알버섯조림<br>(1.5.6)                                  |                                                     | 오색잡채<br>(5.6.10)                                           |  |
|                        | 오리엔탈실곤약무침<br>(5.6.13)                                          |                                                               | 부추폰즈무침<br>(5.6)                                  |  | 꼬들오이지<br>(5)                               |                                                                                                                                           | 모듬쌈 *쌈장<br>(5.6)                                     |                                                     | 간장진미채조림<br>(5.6)<br>(오징어: 페루산)                             |  |
|                        | 소고기미역국<br>(우육:호주산)<br>(5.6.16)                                 |                                                               | 사골떡국<br>(1.5.6.15.16)<br>(쌀:외국산)(우육:국내산)         |  | 나가사키짬뽕<br>(5.6.15.16)<br>(오징어:칠레산)(우육:국내산) |                                                                                                                                           | 전주콩나물국<br>(우육:호주산,국내산)<br>(5.6.15.16)                |                                                     | 시금치 된장국<br>(5.6)                                           |  |
| Vegetarian/<br>Halal   | MON                                                            | Vegetarian                                                    | 비건 갈릭파마산버거<br>1,2,5,6,12,15,16                   |  |                                            | GRILL<br>(Only HS/MS)                                                                                                                     | MON                                                  | 스팸 김치 볶음밥<br>돈육 : 국내산<br>1,2,5,6,9,10,16,18         |                                                            |  |
|                        |                                                                | Halal                                                         | 닭살소금구이<br>5,6,15                                 |  |                                            |                                                                                                                                           |                                                      | 핫도그<br>소시지 (돈육 : 외국산)<br>1,2,5,6,10                 |                                                            |  |
|                        | TUES                                                           | Vegetarian                                                    | 비건 갈릭마요 덮밥<br>1,2,5,6                            |  |                                            |                                                                                                                                           | TUES                                                 | 멕시코칸 부리또<br>돈육 : 국내산/ 우육 : 외국산<br>2,5,6,10,16       |                                                            |  |
|                        |                                                                | Halal                                                         | 허니갈릭마요치킨덮밥<br>1,5,6,15                           |  |                                            |                                                                                                                                           |                                                      | 볶음짜장<br>돈육 : 국내산 / 오징어 : 중국산<br>1,2,5,6,10,16,17,18 |                                                            |  |
|                        | WED                                                            | Vegetarian                                                    | 쌀국수<br>5,6,15,16                                 |  |                                            |                                                                                                                                           | WED                                                  |                                                     |                                                            |  |
|                        |                                                                | Halal                                                         | 쌀국수<br>5,6,15,16                                 |  |                                            |                                                                                                                                           |                                                      |                                                     |                                                            |  |
|                        | THURS                                                          | Vegetarian                                                    | 비건미트도리아<br>2,5,6,12,15,16,18                     |  |                                            |                                                                                                                                           | THURS                                                |                                                     |                                                            |  |
|                        |                                                                | Halal                                                         | 비건미트도리아<br>2,5,6,12,15,16,18                     |  |                                            |                                                                                                                                           |                                                      |                                                     |                                                            |  |
|                        | FRI                                                            | Vegetarian                                                    | 비건 치킨 스킨파리에로<br>2,5,6,10,15,16                   |  |                                            |                                                                                                                                           | FRI                                                  | 마라탕<br>우육 : 호주산<br>5,6,15,16,17                     |                                                            |  |
|                        |                                                                | Halal                                                         | 치킨 스킨파리에로<br>2,5,6,10,15,16                      |  |                                            |                                                                                                                                           |                                                      |                                                     |                                                            |  |
| CEZARS™<br>KITCHEN     |                                                                | Country of Origin :<br>김치 : (배추 : 국내산, 고춧가루 : 국내산)<br>쌀 : 국내산 |                                                  |  |                                            | *Allergy Code :<br>1.계란 2.우유 3.메밀 4.땅콩 5.대두 6.밀 7.고등어 8.계 9.새우 10.돼지고기<br>11.복숭아 12.토마토 13.아황산류 14.호두 15.닭고기 16.쇠고기 17.오징어<br>18.조개류 19.젓 |                                                      |                                                     |                                                            |  |
| Additional Information |                                                                | 샐러드 바 : 12 가지 신선 토핑, 5 가지 드레싱<br>음료, 과일, 요거트는 매일 제공됩니다.       |                                                  |  |                                            |                                                                                                                                           |                                                      |                                                     |                                                            |  |