

Mindsets Matter: Strengthening SEL Connections between Home and School

September 2026, Volume 2

Everything is Possible

During the month of September, students will learn about the first Mindset, Everything is Possible. This Mindset focuses on hope, possibility, and the belief that each of us has the potential to grow, learn, and accomplish great things.

Students will explore four ideas central to Everything is Possible: Dream Big, Embrace Creativity, Think Positive, and Act & Adjust. Together, these ideas help students recognize their strengths, imagine what is possible, and take steps toward their goals.

At its heart, Everything Is Possible reminds us that it is important to know what we want, stay open to new possibilities, and learn from our experiences along the way. When children feel comfortable trying new things, making mistakes, and trying again, they strengthen skills like resilience and perseverance. By helping children see setbacks as opportunities to learn and adjust, we can encourage them to keep moving forward, even when things don't go exactly as planned.

7 Mindsets at Home

Caregivers play a vital role in encouraging children to believe they are capable of greatness. When children feel supported at home, they are more likely to try new things. Parents and guardians can further strengthen the development of Everything is Possible by engaging in conversations about worth and potential, the power of positive thinking, and the importance of learning from mistakes.

Caregivers should talk about their own dreams and share about some of the times things didn't go as planned. This can serve as a great reminder for children that it's totally normal to try, fail, and keep going.

Get in the habit of asking a few simple questions each day, and see where the conversations lead you!

- What is the best thing that happened today?
- What is the worst thing that happened today?
- What is something you faced that was challenging, and how did you handle it?

Attendance Awareness

To be successful at school, students need consistent access to instruction, relationships, routines, and support. It's no wonder that school success and attendance are so closely connected. Every day a student is in school is another opportunity to learn, grow, connect, and experience success.

Attendance is more than just being in a seat; it's about being present for the relationships, learning, and opportunities that allow students to thrive each day.

ALT TEXT: Two children sit at a table facing each other and work together on a colorful activity

Video Hub

Click each grade band to watch videos of students sharing what Everything Is Possible means to them:

[K-2](#) [3-5](#) [6-8](#) [9-12](#)

ALT TEXT: Three colorful cartoon figures to the right of the section title

ALT TEXT: A logo with colorful dots featuring 7 Mindsets and St. Charles Parish Public Schools