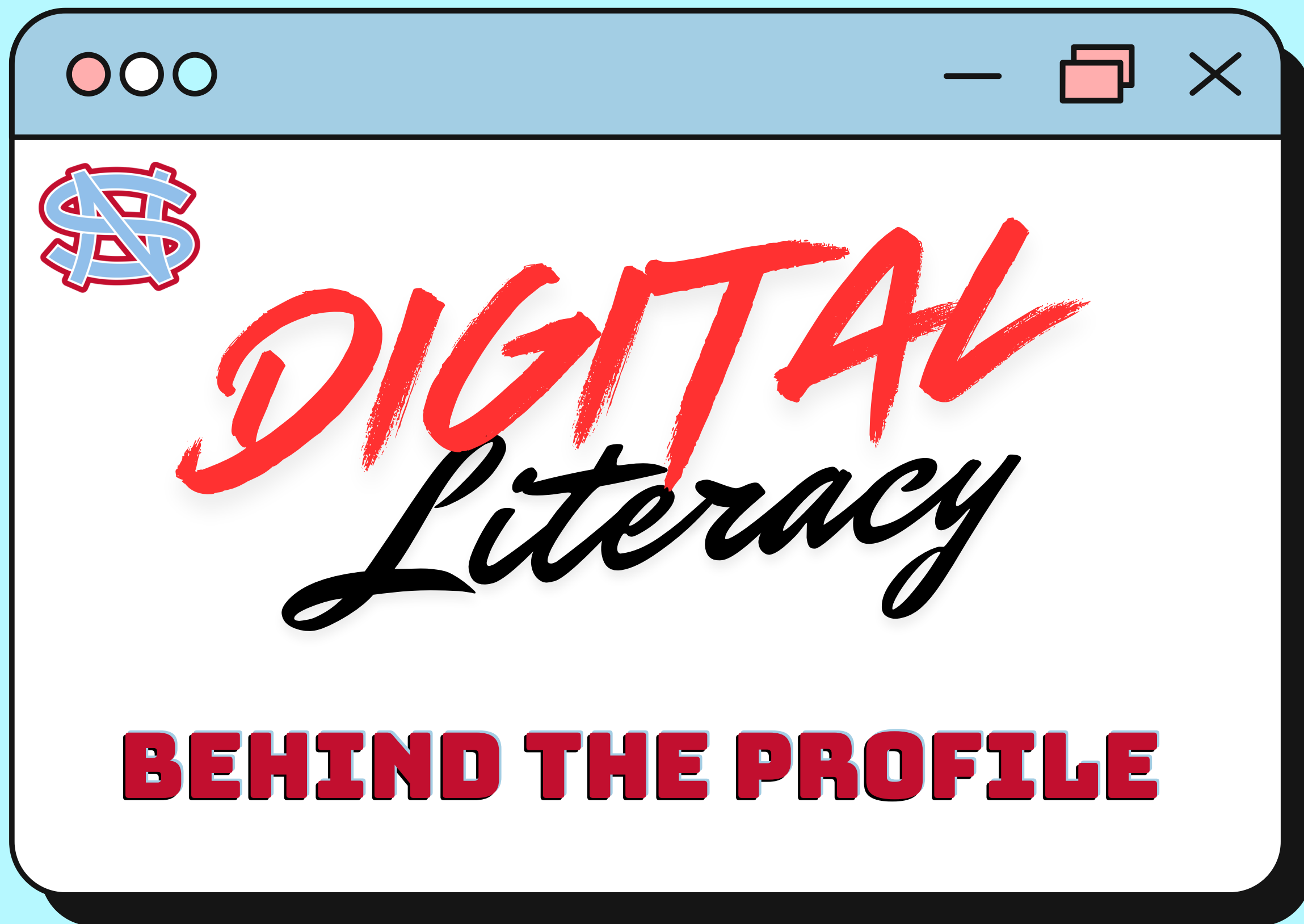






TOPICS:

- Digital Footprint & Identity
- Online reputation
- Posting online
- Personal information
- Privacy & Security



DIGITAL FOOTPRINT & IDENTITY:

What is a digital footprint? 📑

Your digital footprint is the trail of information you leave behind when you use the internet.

It can include:

Social media posts, comments & likes
Photos and videos
Websites you visit
Apps you use
Searches and online activity

What is a digital identity?

Your digital identity is how you are represented online – both by what you share and what others share about you.



Think about it:

If someone searched your name online, what would they learn about you?

DIGITAL FOOTPRINT & IDENTITY:

Why is it important to be careful about how your Digital Identity is shaped?

Future education opportunities:

- Public posts can affect how colleges perceive you.

Future jobs:

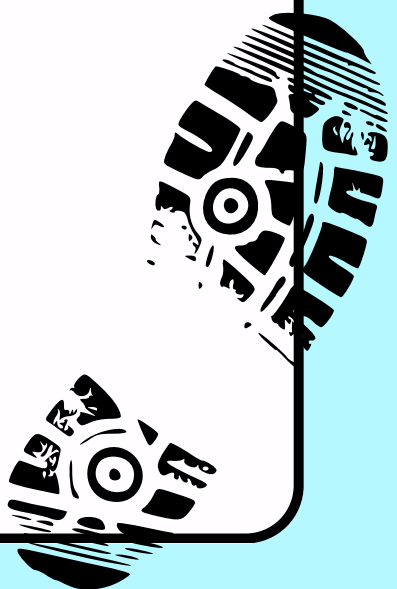
- Employers may see your online presence when considering you for a position.

Relationships & reputation:

- What you post can change how others view or trust you.

Privacy & safety:

- Sharing too much personal information can put you or others at risk.



ONLINE REPUTATION:

What is an online reputation?

Your online reputation is the impression people form about you based on information that they find online.

 **Before you post, ask:**

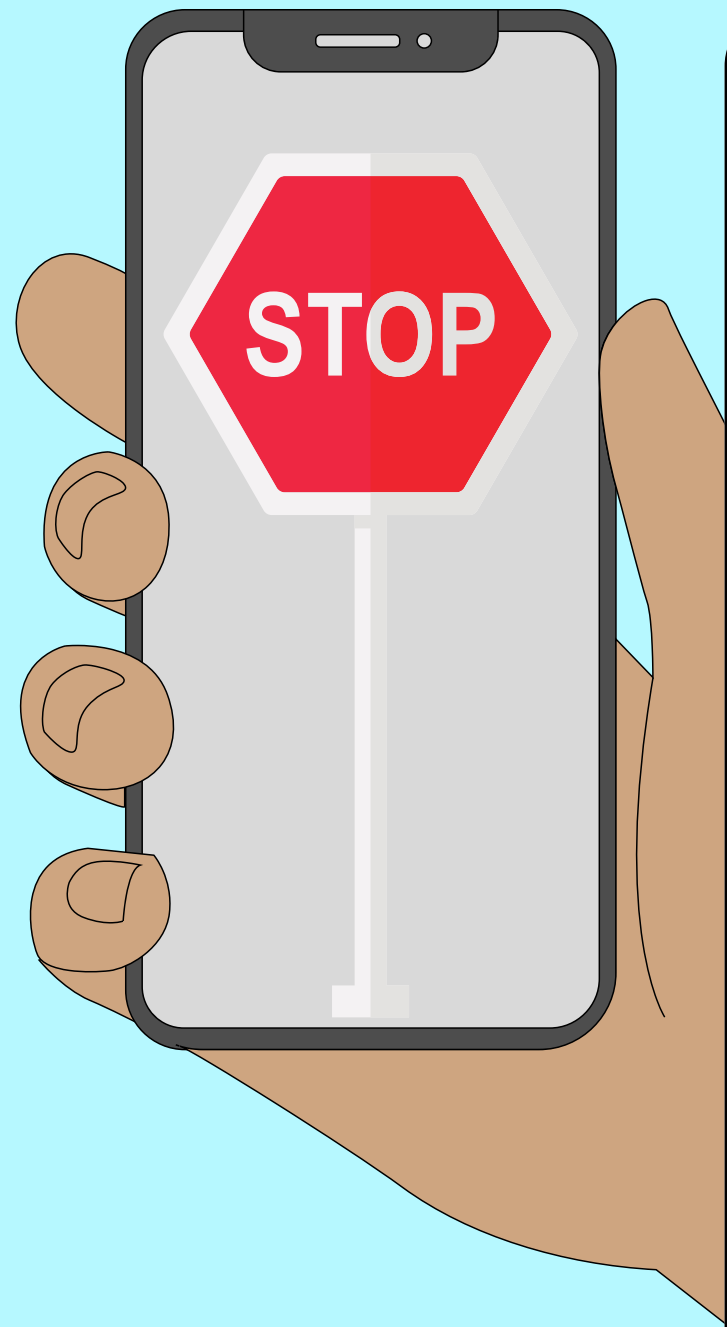
Would I be okay with my teacher, family member, coach, or future employer seeing this?



Reminders:

- Employers, colleges, teachers, family, and others may see what you post.
- Something posted as a joke can be misunderstood.
- Deleting a post doesn't mean that it's gone.
- Your reputation online is shaped by your actions and reactions.
- Post with your future self in mind.

POSTING ONLINE:



Before you post, ask yourself:

- **S – Safe:** Am I sharing something that could put me or someone else at risk?
- **T – True:** Is the information accurate?
- **O – Others:** Could this hurt, embarrass, or disrespect someone?
- **P – Permanent:** Could this exist online longer than I expect?

You control what you post — but you don't always control what happens to that information once it's made public.

PERSONAL INFORMATION:

Personal Information:

Personal information is information that can identify you or help someone learn about you.

Only share info with a trusted source:

Full name	School or daily schedule
Home address	Location
Phone number	Personal photos
Passwords	Financial information
Social Security Number	Account information

What counts as personal info?



Full name



Email address



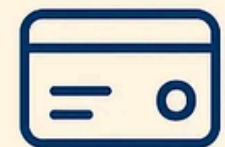
Phone number



Home address



Birthdate



Bank details

Common risks



26%

of consumers
affected



88%

of data breaches

PRIVACY & SECURITY:



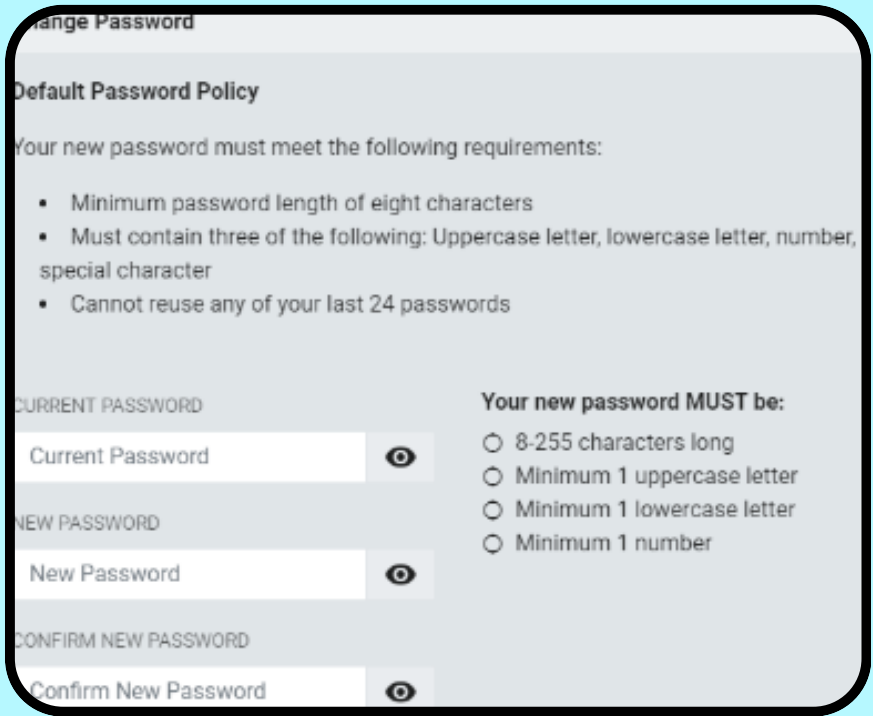
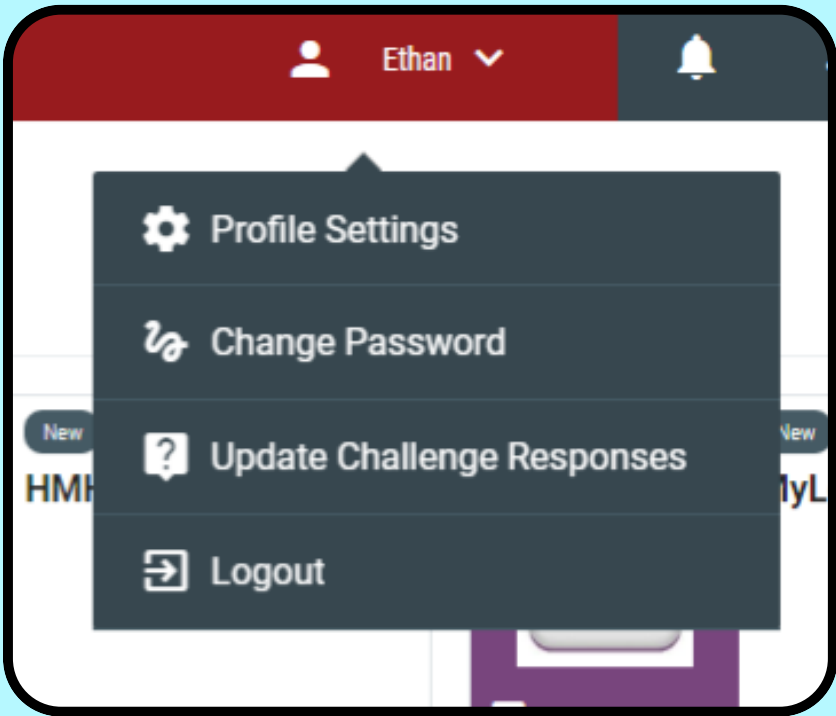
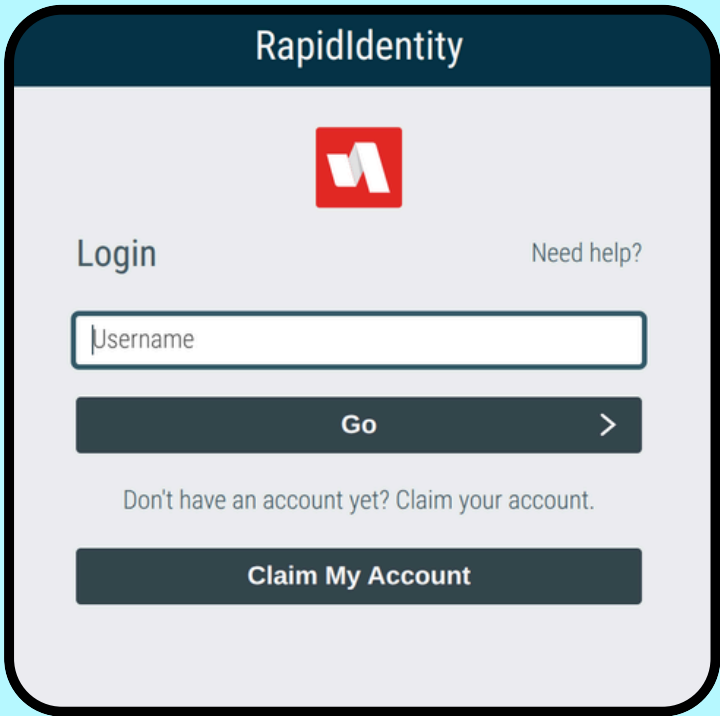
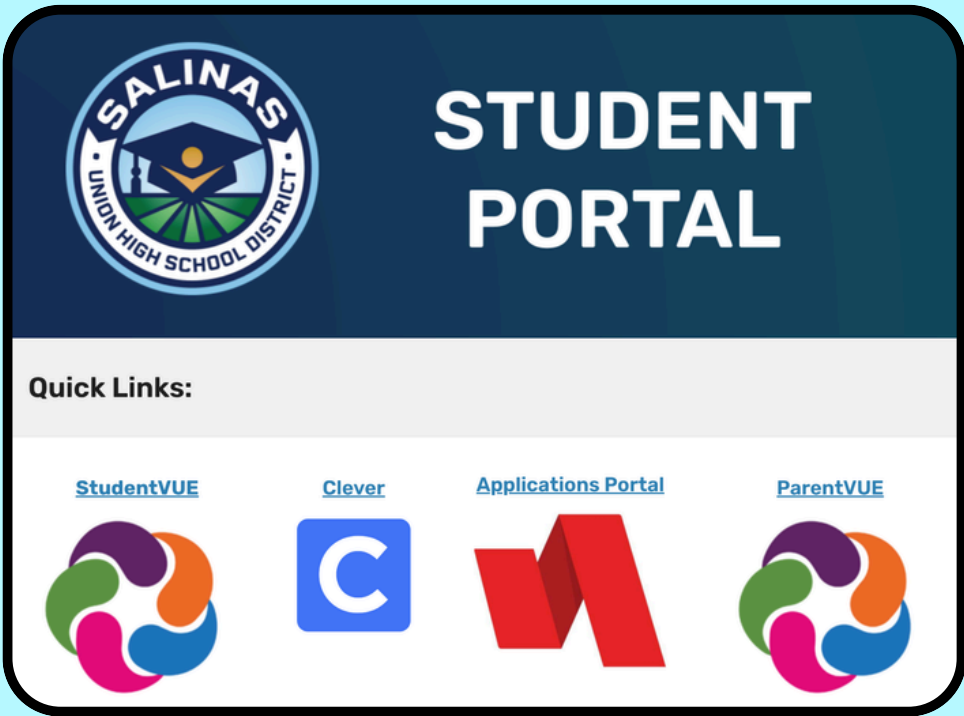
Privacy = controlling who has access to your information.
Security = protecting your accounts, devices, and information.

Protect yourself:

- 🔑 Use strong, unique passwords
- ➡️📱 Turn on two-factor authentication
- ⚙️ Check your privacy settings
- 🚫 Don't share passwords
- 👂 Be careful with suspicious links and messages
- 📍 Think before sharing your location

**If something online feels suspicious,
STOP before you click, share, or respond.**

HOW TO CHANGE YOUR SUHSD PASSWORD:



Go to the SUHSD Student Portal and find the **Applications Portal**

Login with your **SUHSD ID #** and **Password**

Expand drop-down menu and click **"Change Password"**

Create a **new password** that fits the **criteria** listed

PASSWORD SECURITY:



Creating a Strong Password:

- **Never use personal information**
- **Use a longer password (use a minimum of 6 characters)**
- **Don't use the same password for each account**
- **Include numbers, symbols, lower & upper case letters**
- **Avoid using words that are obvious**
- **Random passwords are the strongest**

Securing your New Password:

- Keep your password safe somewhere (if you are going to write down, make sure it's somewhere secure)
- Most phones have the ability to "lock" notes, or write it down somewhere at home where it is not visible to others
- Change your password every 3–6 months
- If you suspect your password is compromised, change it immediately!



TEST YOUR KNOWLEDGE:

→ Go to: bit.ly/NSHS-DLQ1-2627

