

SEPTEMBER MENU BIC ELEMENTARY

BREAKFAST: Student \$2.35 | Adult: a la carte **LUNCH:** Student \$3.50 | Reduced \$0.40 | Adult \$6.00

BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk.

LUNCH: Includes entree, vegetable, fruit & choice of milk.

Labor Day



8 Breakfast
Mini Cinnis
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Hamburger
Cheeseburger
Pizza Crunchers
w/ Marinara
Sauce
Sidewinder Fries
Whole Kernel Corn
Fresh Vegetable of
the Day
Orange Wedges
Fruit Juice

9 Breakfast
Donut Rounds
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Chicken Tenders
Or
Chicken F. Steak
Wheat Roll
Or
Grilled Cheese
Sandwich
Mashed Potatoes w/
Cream Gravy
Peas and Carrots
Fresh Vegetable of the
Day
Pineapple Tidbits
Fruit Juice

10 Breakfast
Breakfast on a
Stick
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Spaghetti w/ Meat
Sauce
Or
Strawberry
Yogurt
Parfait w/ Muffin
Green Beans
Romaine Salad
Sliced Apples
Fruit Juice

11 Breakfast
Yogurt Meal w/
Grahams
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Galaxy Cheese
Pizza
Galaxy Pepperoni
Pizza
Or
Hot Dog
w/ Chili
Tater Tots
Fresh Vegetable of the
Day
Fruit Cup
Fruit Juice

14 Breakfast
Mini Pancakes
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Chicken Alfredo
Garlic Toast
Or
BBQ Rib Sandwich
Or
Grilled Cheese
Sandwich
Green Beans
Smile Potatoes
Fresh Vegetable
of the Day
Strawberry Cup
Fruit Juice

15 Breakfast
Waffle Sausage
Sandwich
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Double Cheeseburger
Double Burger
Or
Mozzarella Sticks
w/ Marinara sauce
French Fries
Peas & Carrots
Fresh Vegetable
of the Day
Grapes
Fruit Juice

16 Breakfast
Breakfast Swirl Roll
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Chicken Tenders
Steak Fingers
Wheat Roll
Or
Yogurt Meal
w/ Grahams
Mashed Potatoes
w/ Cream Gravy
Whole Kernel Corn
Fresh Vegetable
of the Day
Sliced Apples
Fruit Juice

17 Breakfast
Pull Apart Donut
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Burrito Bites
Cheese Sauce Dip
Mexican Rice
Or
Grilled Cheese
Sandwich
Ranch Beans
Broccoli
Fresh Watermelon
Fruit Cup
Fruit Juice

18 Breakfast
*Sausage Roll
String Cheese
Or
Pop Tart & Cereal
Raisels
Fruit Juice

Lunch
Galaxy Cheese
Pizza
Galaxy Pepperoni
Pizza
Or
Chicken and Cheese
Quesadilla
Or
Sidewinder Fries
California Veg Blend
Fresh Vegetable
of the Day
Applesauce
Fruit Juice

***Contains Pork • Fresh Fruit offered daily • Menu Subject to change due to product availability**



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To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: <https://www.usda.gov/sites/default/files/documents/USDA-OASCR%20P-Complaint-Form-0508-0002-508-11-28-17Fax2Mail.pdf>, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant's name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation. The completed AD-3027 form or letter must be submitted to USDA by: mail: U.S. Department of Agriculture Office of the Assistant Secretary for Civil Rights 1400 Independence Avenue, SW Washington, D.C. 20250-9410; or fax: (833) 256-1665 or (202) 690-7442; or email: program.intake@usda.gov. This institution is an equal opportunity provider.



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21 Breakfast Chocolate Filled Croissant Or Pop Tart & Cereal Raisels Fruit Juice Lunch Cheese Calzone Pepperoni Calzone w/ Marinara Sauce Or Corn Dog French Fries Broccoli Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice	22 Breakfast Donut Cake Or Pop Tart & Cereal Raisels Fruit Juice Lunch Hamburger Cheeseburger Or Fish Nuggets Hush Puppies French Fries California Blend Vegetables Baked Beans Fresh Vegetable of the Day Orange Wedges Fruit Juice	23 Breakfast Waffles Assorted Or Pop Tart & Cereal Raisels Fruit Juice Lunch Chicken Tenders Steak Fingers w/ Roll Or Cheese Pizza Lunch Pack Mashed Potatoes w/ Cream Gravy Peas & Carrots Fresh Vegetable of the Day Fruit Cup Fruit Juice	24 Breakfast Breakfast Burrito Or Pop Tart & Cereal Raisels Fruit Juice Lunch Beef Soft Tacos Mexican Rice Or Cheese Bites w/ Marinara Sauce French Fries Ranch Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice	25 Breakfast Fruit Frudel Or Pop Tart & Cereal Raisels Fruit Juice Lunch Cheese Pizza Pepperoni Pizza Or Ham & Cheese Croissant Tater Tots Whole Kernel Corn Fresh Vegetable of the Day Sliced Apples Fruit Juice
28 Breakfast Breakfast Pizza Or Pop Tart & Cereal Raisels Fruit Juice Lunch Chili Frito Pie Wheat Roll Or Breaded Chicken Sandwich Or Yogurt Meal w/ Muffin Smile Potatoes Green Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice	29 Breakfast French Toast Assorted Or Pop Tart & Cereal Raisels Fruit Juice Lunch Hamburger Cheeseburger Or Mac & Cheese Wheat Roll French Fries Peas & Carrots Fresh Vegetable of the Day Grapes Fruit Juice	30 Breakfast Waffles Assorted Or Pop Tart & Cereal Raisels Fruit Juice Lunch Chicken Nuggets Chicken Fried Steak Wheat Roll Or Grilled Cheese Sandwich Mashed Potatoes w/ Cream Gravy Carrots Tossed Salad Applesauce Cup Fruit Juice	1 Breakfast Breakfast Burrito Or Pop Tart & Cereal Raisels Fruit Juice Lunch Beef Lasagna Chicken Drumstick Garlic Toast Or Yogurt Meal w/ Grahams Smile Potatoes California Veg Blend Fresh Vegetable of the Day Pineapple Tidbits Fruit Juice	2 Breakfast Bagel with Cream Cheese Or Pop Tart & Cereal Raisels Fruit Juice Lunch Galaxy Cheese Pizza Galaxy Pepperoni Pizza Or Western BBQ Sandwich French Fries Corn on the Cob Fresh Vegetable of the Day Fruit Cup Fruit Juice

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