

September 2026



Rye City School District MS Lunch Menu

MEAL OF THE DAY \$4.50
Vegetable, Fresh Whole Fruit,
100% Fruit Juice (6oz)
Hormone/Antibiotic Free Skim,
Low Fat Choc, 1%, and Whole
Milk
Fresh Fruit Basket offered Daily

Pre-Made Sandwiches offered daily with Boar's Head Meats
(Turkey, Ham, Salami, Buffalo Chicken and Cheddar Cheese)
Sun Butter and Jelly Sandwich

Pre-Made Salads Available:
Chicken Caesar Salad/Caesar Salad
Garden Salad/Greek
Large: \$5.75-6.75

À la Carte Prices
Poland Spring Water 16oz \$1.50
Horizon Organic Milk \$2.50
Silk Soy Milk \$2.50
Baked Snack Varieties
\$1.50-\$2.75
Fresh Fruit Purchase \$1.00
Fruit Cup 9oz \$2.50
Baked Cookie \$1.25
Ice Cream \$1.75-\$2.50

**Powering
potential.™**

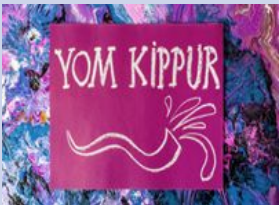


Gluten Free
Rolls, Cereal, Pizza/Pasta
Chicken Nuggets
Available upon request

Strawberry Banana Smoothies
made fresh at your school!

Try our Own
Fresh Made Hummus
With Pretzels or
Carrot/ Celery Sticks
Greek Yogurt Parfit
Nut Free Granola
Strawberries
Blueberries

aramark
STUDENT
NUTRITION
Menus are subject to change.

MON	TUES	WED	THURS	FRI
7 	8 Chicken Tenders Baked Waffle Fries Steamed Corn Fresh Apple 100% Fruit Juice Hormone Free Milk	9 Shell Pasta Marinara/Meat Sauce Garlic Bread Cucumber Tomato Salad Cantaloupe Slice	10 <u>Brunch for Lunch</u> French Toast Sticks Sausage Links Hash Brown Cherry Tomato Cup/ Banana 100% Fruit Juice Hormone Free Milk	11 <u>Pizza Day</u> Cheese Pizza \$3.00 Specialty Pizza \$4.25 Gluten Free Pizza \$6.75
14 Boneless Chicken Wings BBQ/Honey Mustard Roasted Kale (Local Jersey Farm) Veggie Pasta Salad 100% Fruit Juice Hormone Free Milk	15 Penne Pasta Basil (Local NY Farm) Marinara/Meat Sauce Garlic Bread Roasted Broccoli Grapes 100% Fruit Juice Hormone Free Milk	16 Cheese Quesadilla Black Beans Brown Rice with Pico Sour Cream/Guacamole Apple Sauce (Peterson's Farms) Sushi \$7.00	17 <u>Brunch for Lunch</u> Challah French Toast Potato Rounds Sausage Patty Orange Wedges 100% Fruit Juice Hormone Free Milk	18 <u>Pizza Day</u> Cheese Pizza \$3.00 Specialty Pizza \$4.25 Gluten Free Pizza \$6.75
21 	22 Chicken Patty Deluxe Mac Sauce Lettuce, Tomato, Pickle French Fries Green Beans with Fresh Garlic (NJ Local Farm) 100% Fruit Juice Hormone Free Milk	23 Rotini Pasta Chicken Rose/Marinara Sauce Garlic Bread Sautéed Spinach Garden Salad 100 Fruit Juice Hormone Free Milk	24 <u>Brunch for Lunch</u> Waffle Bar Strawberry, Banana, Blueberry Hard Boiled Egg/Hash Brown Green Pepper Slices (Local Jersey Farms) 100 Fruit Juice Hormone Free Milk	25 <u>Pizza Day</u> Cheese Pizza \$3.00 Specialty Pizza \$4.25 Gluten Free Pizza \$6.75
28 Beef Sliders King's Hawaiian Rolls Lettuce, Tomato, Pickle Waffle Fries Cabbage Slaw 100% Fruit Juice Hormone Free Milk	29 <u>Chipotle Bowl</u> Boneless Chicken Brown Rice Black Bean Corn Salad Pico de Gallo Chipotle Mayo Drizzle Apple Sauce	30 <u>Taco Bowl</u> Seasoned Ground Beef White Rice Shredded Cheddar/Lettuce Pico de Gallo Sour Cream/Guacamole 100% Fruit Juice Hormone Free Milk		Acai Bar Offered Daily \$6.00