FORUM BY PROMÉTOUR

Wilbraham and Monson Academy

TRIP TO ITALY



Colosseum

Empire to Eruption: Rome to Naples

8 Mar 2027 - 18 Mar 2027 | 11 days

Italy´s abundance of cultural, as well as culinary, riches provide an endless feast for the senses. Whether you're sampling pastas in a local market, standing under Michaelango´s awe-inspiring frescoes, or channeling your inner gladiator, every moment promises to inspire in Italy.



Amalfi gelato





Trevi fountain

Day 1 - BOSTON - ROME

Monday, 8 Mar 2027

- Fly to **Italy**.

Day 2 - ROME

Tuesday, 9 Mar 2027

- Benvenuto in Italia! Upon arrival, you will be greeted by your bilingual **Forum Tour Manager** who will remain with your group for the duration of your stay.
- Board your private bus and transfer to your hotel in Roma
- Travel like a real Italian by using public transportation (metro pass included).
- Follow your Tour Manager on a walking tour. Walk to **Piazza di Spagna** with the famous Spanish Steps. See **Piazza Navona** , and explore **Campo de Fiori**. (Non guided)
- Visit the **Pantheon**, a former Roman temple built nearly 2,000 years ago and now a Catholic church, known to be a historical and architectural wonder with a dome that is bigger than that of St. Peter´s Basilica in the Vatican. (non guided)
- Stop at the renowned **Trevi Fountain** and follow superstition by throwing a coin into the water to ensure that you will one-day return to Rome. (non guided)
- Enjoy a meal with your group at a local restaurant.
- Night accommodation at your hotel.

Day 3 - ROME

Wednesday, 10 Mar 2027

- Have breakfast at your hotel.


Arch of constantine & colosseum

- Meet your **local guide** who will help you make the most out of your visit by providing you with details, highlights, and insights.
- Feel the spirit of Ancient Rome. Visit the **Colosseum**, where gladiators once battled, the **Roman Imperial Forum** with focus on Roman Mythology and a walk through the Roman Forum ending at the **Palatine Hill**. (guided)
- Head to **Circus Maximus** (Circo Massimo), the first and largest stadium in ancient Rome and its later Empire, located in the valley between the Aventine and Palentine hills. (non guided)
- At the **gladiator school**, assist to a show realized by historical reenactors with real weapons and armours and then learn learn yourself how gladiators used to fight. (non guided)
- Enjoy a meal with your group at a local restaurant.
- Night accommodation at your hotel.

Day 4 - ROME

Thursday, 11 Mar 2027

- Have breakfast at your hotel.
- Find your inner artist as you participate in a **Mosaics Workshop**!
- Stop at the Villa Borghese, an elegant and beautiful mansion which houses one of the most renowned art galleries in the world, the **Borghese Gallery**. Artwork from Caravaggio, Rubens, and Botticelli are on display for you to discover, along with mosaics and sculptures from ancient Rome. (guided)
- Spend some time in the **Parco della Villa Borghese**, the largest green space in the centre of the city. (guided)
- Enjoy a meal with your group at a local restaurant.
- Explore the **Trastevere** district with your Forum Tour manager. Thanks to its unique character and narrow cobbed streets lined by medieval houses, this neighborhood has attracted artists, foreign expats,and many famous people. Be sure to see the faboulous view from Gianicolo. (non guided)


Saint peter's basilica

- Night accommodation at your hotel.

Day 5 - ROME

Friday, 12 Mar 2027

- Have breakfast at your hotel.
- Meet your **local guide** who will help you make the most out of your visit by providing you with details, highlights, and insights of the **Vatican**.
- Visit the **Vatican Museum** first opened in the 16th century, including its most important sights: the Sistine Chapel, the rooms of Raphael, and the art gallery. (guided)
- Visit the **Leonardo da Vinci Museum**, dedicated to the famous artist´s ingenuity and sensory perception. The museum exhibits several working full-scale models of machines based on da Vinci´s codes, such as an armoured car and a weapon resembling a machine gun. (guided)
- Board your private bus to the Tanagra restaurant.
- Have dinner with your group at the **Tanagra restaurant**, in an elegant and delightful setting. Every evening the guests have the opportunity to taste the italian traditional cooking, while **listening to some of the most famous opera arias**, interpreted by professional singers from **Rome Opera House**.
- Board your bus back to your hotel.
- Night accommodation at your hotel.

Day 6 - ROME - POMPEII - SORRENTO

Saturday, 13 Mar 2027

- Have breakfast at your hotel.


Pompeii ruins

- Board your private motor coach in a captivating journey through time as you explore the remarkably preserved ruins of Pompeii, revealing the vibrant tapestry of ancient Roman life frozen in the shadows of Mount Vesuvius.
- Buried under 13 to 20 feet of volcanic ash due to the eruption of Mount Vesuvius, **Pompeii** is by far one of the most popular tourist attractions in Italy.
- Meet your **local guide** who will help you make the most out of your visit by providing you with details, highlights, and insights of **Pompeii**.
- Get ready for a visit to **Pompeii Archaeological Site**. Once an opulent town, it was buried in 79AD in one of the most disastrous volcanic eruptions in history. Explore the site with your guide and learn the history behind the ruins. (guided)
- Board your private bus and continue your journey to Sorrento.
- Overlooking the Bay of Naples, **Sorrento** is a popular tourist destination surrounded by craggy cliffs that rise 180 feet above the sea.
- Enjoy a meal with your group at a local restaurant.
- Night accommodation at your hotel.

Day 7 - NAPLES

Sunday, 14 Mar 2027

- Have breakfast at your hotel.
- Board the train and head to Naples.
- Looming in the shadow of the legendary Mt. Vesuvius. **Naples** is full of historical buildings, squares, and churches. Naples port is also one of the most important in the Mediterranean and the city has one of the largest economies in Italy.
- Meet your **local guide** who will help you make the most out of your visit by providing you with details, highlights, and insights.
- See the **Duomo di Napoli,** the **Dante Sqaure**, and the **Castel Nuovo**, a medieval castle located in front of **Piazza Municipio** and the city hall. (guided)


Naples panoramic

- Roll up your sleeves and get ready to participate in a **Pizza Cooking class**. Appreciate your hardwork, by feasting on your own creations for lunch.
- Visit the **Galleria Umberto**, a stunning **19th-century shopping arcade** with a grand glass dome, elegant architecture, and a lively mix of shops and cafés. (non guided)
- Stop by the **Piazza del Plebiscito**, Naples' most famous and grandest square, located in the heart of the city near the waterfront. (non guided)
- Visit **Castel dell'Ovo**, Naples' oldest seaside fortress, offering stunning Gulf views, rich history, and legends of a magical egg hidden in its foundation. (non guided)
- Board the train and return to Sorrento.
- Enjoy a meal with your group at a local restaurant.
- Night accommodation at your hotel.

Day 8 - PAESTUM

Monday, 15 Mar 2027

- Have breakfast at your hotel.
- Board your private bus headed to Paestum.
- Meet your **local guide** who will help you make the most out of your visit by providing you with details, highlights, and insights of **Paestum**
- Discover the ancient Greek city of **Paestrum** located in Cappacio and famed for its three temples dedicated to Hera, Neptune, and Athena, as you walk through the forum and ampitheater. (guided)
- Return to Sorrento.
- Enjoy a meal with your group at a local restaurant.
- Night accommodation at your hotel.


Sorrento

Day 9 - SORRENTO - MOZARELLA FACTORY

Tuesday, 16 Mar 2027

- Have breakfast at your hotel.
- Board your private bus to the mozzarella factory.
- Stop at a family-owned **mozzarella factory** and learn how this world-famous cheese is made using the traditional techniques. (guided)
- Return to Sorrento.
- See the **Piazza Tasso**, a café-lined square in the historic center which houses the Chiesa di San Francesco, a 14th-century church, among other sights. (non guided)
- Enjoy some **free time** to explore Sorrento at your own pace.
- Enjoy a meal with your group at a local restaurant.
- Night accommodation at your hotel.

Day 10 - SORRENTO - AMALFI COAST

Wednesday, 17 Mar 2027

- Have breakfast at your hotel.
- Board your private bus to **Positano.**
- Visit the **Chiesa di Santa Maria Assunta,** it enchants visitors with its iconic majolica tiled dome, serene atmosphere, and treasured Byzantine icon of the Black Madonna. (non guided)
- Visit the **MAR Museo Archeologico Romano** to see a fascinating glimpse into the town's ancient Roman past, where beautifully preserved frescoes and a buried seaside villa reveal layers of history beneath the vibrant streets above. (non guided)



- Enjoy some **free time at the beach**.
- Return to Sorrento.
- Enjoy a farewell meal with your group at a local restaurant.
- Night accommodation at your hotel.

Day 11 - BACK TO THE U.S.

Thursday, 18 Mar 2027

- Have breakfast at your hotel.
- Board your private bus and transfer to the airport.
- Transfer to the airport to catch your flight back home.