

School Health Advisory Council (SHAC)

2025–2026 End-of-Year Memo to the Board of Trustees

Date: June 2026

From: Kristina Ford, CCISD Director of Counseling and Student Services

Overview

The School Health Advisory Council (SHAC) is a collaborative group of students, parents, educators, health professionals, and community members. Kristina Ford, Director of Counseling and Student Services and School Health Advisory Council (SHAC) respectfully submits this End-of-Year Memo summarizing the work, priorities, and accomplishments of the 2025–2026 school year. The SHAC continued its advisory role in supporting student health, safety, and well-being through collaboration with district leadership, staff, parents, and community representatives.

Throughout the year, meetings were held on October 29, 2025; November 19, 2025; and February 25, 2026 at Clear View High School with an average of 20 members in attendance, this is a 67% increase in meeting attendance from the 2024-2025 meetings. Please see the attachment to this memo for a complete list of council members.

Council Focus and Goals

At the beginning of the year, SHAC members reviewed prior goals and identified key focus areas for 2025–2026. The Council formally adopted the following goals:

- 1. Bullying Prevention Review**

Conduct a comprehensive review of CCISD’s bullying prevention, reporting, and investigation practices and develop recommendations, including potential student perception surveys, to assess program effectiveness.

- 2. Student Well-Being and Safety**

Review current district practices related to student well-being and safety, including mental health, physical health, and overall student supports.

These goals guided the Council’s work throughout the year.

Key Activities and Discussions

- 1. Student Health and Safety Initiatives**

- The Council received updates on **mental health awareness, suicide prevention, and crisis response supports**, including partnerships with external organizations.
- District efforts to promote **drug awareness**, including fentanyl education during Red Ribbon Week, were shared and discussed.

- 2. Bullying Prevention and Intervention**

- SHAC reviewed CCISD's **K–12 bullying prevention curriculum**, including lessons at elementary and secondary levels.
- The Council received an in-depth overview of the **district's bullying and harassment investigation process**, which includes:
 1. Report
 2. Ensure Safety
 3. Investigate
 4. Determine Findings & Take Action
 5. Notify & Document
- Members actively participated in reviewing and refining **student survey questions** aligned with learning objectives to better assess students' perceptions of bullying prevention efforts.

3. Data Collection and Continuous Improvement

- SHAC provided input on a **proposed student bullying prevention survey**, with implementation planned for the 2026–2027 school year.
- Feedback collected from Council members will be used to improve survey design and alignment with instructional outcomes.

4. Wellness Policy Review

- The Council participated in the annual review of the **CCISD Wellness Policy**, including compliance with federal requirements and alignment with district priorities.

5. Health Education and Parent Awareness

- Information was shared regarding **parental consent requirements for human growth and development instruction**, confirming district compliance with state standards (Health TEKS).

6. Council Operations

- SHAC transitioned to **one-year membership terms** to increase opportunities for broader community involvement.
- A **Parent Co-Chair** was selected to support leadership and collaboration.
- The Council maintained active participation from district staff, parents, and community representatives, with consistent attendance across meetings.

Summary of Progress

The SHAC made meaningful progress toward its annual goals by:

- Conducting a structured review of bullying prevention systems
- Contributing to the development of a student perception survey
- Supporting improvements in health education and awareness efforts
- Reviewing and providing input on wellness policy alignment
- Promoting collaboration among stakeholders to support student well-being

Recommendations and Next Steps

Based on the 2025–2026 work, SHAC offers the following recommendations:

- 1. Implement the Student Bullying Prevention Survey (2026–2027)**

Utilize survey data to inform program improvements and measure effectiveness.

- 2. Continue Strengthening Mental Health Supports**

Expand partnerships and awareness initiatives to ensure students have access to timely support services.

- 3. Ongoing Review of Wellness Policy**

Maintain alignment with best practices and ensure continued compliance with federal and state requirements.

Conclusion

The SHAC appreciates the opportunity to serve the district and support the health and well-being of all students. The Council remains committed to providing thoughtful recommendations and promoting a safe, healthy, and supportive learning environment.

We thank the Board of Trustees for its continued leadership and support of student wellness initiatives.