

Welcome Seniors!

POBJFKHS Counseling Department

Senior Information Night:

Applying to College

September 3, 2026

Healthy Communication

- Tips for online applications
- Social networking sites: ours and yours

Instagram: @POBJFK_Guidance

Google Classroom: 554blys5

- Email Communication/Parent Square
- College Rep Visits
- Operation Apply - September 14 - Library

Important Upcoming Dates

- Financial Aid Night
 - Thursday, September 24, 2026
 - 7:00 pm
- SUNY College Fair - SUNY Farmingdale
 - Sunday, September 27 - 12:30pm or 2:30pm
- 2026 NCA (Nassau Counselors Association)
Fall College Expo - Adelphi University
 - Tuesday, September 29, 2026, 5:00 pm - 8:00 pm
- NACAC College Fair
 - Sunday, October 4, 2026
 - Hofstra University - David S. Mack Sports Complex
 - 11:00-3:00pm

Important Upcoming Dates

SUNY Free App Week: October 19-November 2

*Students can apply to up to five SUNY campuses with no application fee

College On-Site Dates:

- Nassau Community College: November 5
- SUNY Oneonta: November 9
- LIU Post: November 10
- Molloy University: November 12

***Stay tuned!

Guidance Office Application Deadlines

College Deadlines

- October 15
- November 1
- November 15
- January 1

Guidance Deadline

- September 24
- October 13
- October 26
- December 3

*****You MUST allow at least 15 school days for your application to be processed once it has been submitted to the Guidance Office**



Getting Started

Student Responsibilities:

- College applications
- Self-reporting grades (STARS)
- Test scores
 - [ACT](#)
 - [SAT](#)

Counselor Responsibilities:

- Academic records
- Counselor recommendation letter
- Other supporting documentation (i.e. school profile)

Applications

- Nearly all applications are submitted electronically
 - Common Application
 - Individual college website application
- If a school is available through the Common Application, we STRONGLY advise you apply on CommonApp.org



Electronic Submission

- These steps are necessary for all electronically submitted applications
 - Register at [Commonapp.org](https://CommonApp.org)
 - Match your [Common App](#) to [Naviance Student](#)
 - Indicate the colleges you are applying to

Naviance- Common Application

- Everyone **MUST** register on the Common Application
- Everyone MUST complete the following tasks to sign the FERPA waiver
 - Secure a username and password
 - Add at least one college to “My Colleges List”
 - Complete the “Education” Section



Release authorization

FERPA Form

- ☒ I acknowledge that every school that I have attended may release all requested records and recommendations to colleges to which I am applying for admission. I also understand that employees at these colleges may confidentially contact my current and former schools should they have questions about the information submitted on my behalf.*

Please select one: *

- ☒ I waive my right to review all recommendations and supporting documents.
- ☐ I DO NOT waive my right to review all recommendations and supporting documents.

- ☒ I understand that my waiver or no waiver selection above pertains to all colleges to which I apply and that my **selections on this page cannot be changed once I sign and click Save below.***

Signature *

Date *

Back

Save and Close

I've Submitted My Application- Now What?

Application Processing Form ("Green Sheet")

- You must allow AT LEAST 15 school days for your guidance application materials to be processed once form has been submitted to Guidance.
- The form can be used for every 10 colleges you apply to.
- All of the schools listed on the Application Processing Form should match the schools in your "Colleges I'm Applying To" Naviance list.

Application Processing Form

You must allow AT LEAST 15 school days for your transcript and supporting documents to be processed.

Student Name: _____ Date of Birth: _____

You must have started your college application before you submit this form to the Guidance Office

College(s) I am applying to:

Please indicate the **college name**, if you applied through **Common App**, or **directly to the college**, the **type of application** (early decision, early action, regular or rolling), and the **application deadline**, (ie: 11/1).

College/University Name <i>ie: Binghamton University</i>	App. Type Comm. App or Directly	App. Type <i>ie: EA</i>	App. Deadline <i>ie: 11/1</i>	College/University Name <i>ie: Binghamton University</i>	App. Type Comm. App or Directly	App. Type <i>ie: EA</i>	App. Deadline <i>ie: 11/1</i>
1.				6.			
2.				7.			
3.				8.			
4.				9.			
5.				10.			

Please make sure you write the exact name of the school.
i.e., University at Buffalo or Buffalo State College

**Please Indicate your Common App Email _____

**Intended Major if Known: _____

Teachers I requested letters of recommendation from:

1. _____ 2. _____

I understand that it is my responsibility to request an official copy of my SAT or ACT scores to be sent directly to the college/university.

Student Signature/ Date

Parent/Guardian Signature/ Date

I have reviewed my transcript and approve it to be sent directly to the colleges/universities listed above.

Student Signature/ Date

Parent/Guardian Signature/ Date

A note about senior year grades:

- o First-quarter grades are not automatically sent to the colleges. It is the student's responsibility to know if the college(s) require first-quarter grades, and if so, the deadline.

Plainview Old Bethpage John F. Kennedy High School Guidance and Counseling Center

APPLICATION PROCESSING FORM SIDE 2

You must allow AT LEAST 15 school days for your application to be processed once it has been submitted to the Guidance office.

College Deadline

Guidance Office Deadline

October 15

Thursday, September 24

November 1

Tuesday, October 13

November 15

Monday, October 26

January 1

Thursday, December 3

IMPORTANT NOTE: POBJFKHS does not report official test scores. You are responsible for sending the scores of the exams listed below directly to your colleges:

- SAT test scores www.collegeboard.org (1-866-SAT-SCORE)
- ACT test scores www.actstudent.org (319-337-1313)

Letters of Recommendation



Requesting Teacher Letters

- Be sure to reach out to your teachers **face to face** before starting the online recommendation request process through Naviance.
- Refer to the College Application Checklist on the Guidance Website

Letters of recommendation

Ask for recommendation letters from teachers, your counselor, or people outside your school—like employers, coaches, or community leaders who know you well. These letters can help colleges learn more about your strengths and experiences. Use this page to request and manage your recommendations.

Manage recommendation requests

Request recommendation

Recommendation for ↑	Summary	Type	Application deadline	Requested date	Recommender	Status
No recommendation requests yet. Click Request recommendation to get started.						

Recommendation tips

 Request recommendations at least 3 to 4 weeks before your application deadline.

 Share information about your achievements and goals in the **Additional details** section.

 Track all requests from this dashboard, including the status of the email sent to the recommender.

 Send a thank you note to the recommender.

Request letter of recommendation

Letter type required

Teacher

Recommender name required

Select a teacher

Request type required

☒ Specific

The teacher can only send the letter to the colleges you select. You can choose all colleges on your list or select individual ones. Recommended for better tracking and control.

Search by college name

☐ College	Recommendation letters	Due date
☐ Auburn University	Please select a recommender first.	Feb 1, 2027
☐ Binghamton University, State University of New York	Please select a recommender first.	Jan 15, 2027
☐ Florida State University	Please select a recommender first.	Dec 1, 2026

Additional details

B U *I* **A** **A** Size ▼  

Include details about your accomplishments, goals, and qualities you'd like the recommender to highlight.

- All letters are confidential.
- Teacher recommendations are **YOUR** responsibility. Be sure to keep in communication with teachers and your counselors throughout the entire process.
- Be mindful of deadlines; request letters at least 15 school days prior to the colleges deadline!
- Requests for counselor recommendations for outside scholarships will be sent directly from POBJFK HS.



The College Essay



Personal Support

We're here to help! Be sure to talk to your counselor and English teacher for individual guidance and feedback.



Official Guide

Read the **"Writing the College Essay"** booklet.

Available directly on the Guidance Department Website.



Expert Advice

Review ["How to Conquer the Admissions Essay"](#) by Rachel Toor.

Published in the New York Times.

AI's Role in the College Process



Writing Support

Brainstorming & Reflection:

Organize messy notes into structured outlines.

Feedback: Offer suggestions on flow, clarity, and grammar.

Tone check: Make sure essays sound authentic and student-voiced.



Research & Explore

Scholarship search: Summarize eligibility criteria, deadlines, and requirements.

Career/major: Compare fields of study and possible career paths.

Campus comparison: Create pros/cons lists of different schools including culture and support.



Beyond Applications

Financial literacy: Break down tuition, loans, scholarships, and budgeting basics.

Transition prep: Offer tips for adjusting to dorm life and building study routines.

Organization: Create emails, prep for interviews, and build deadline spreadsheets.

SAT/ACT Information



Key Questions

Test Optional?

Are colleges really test optional? [Test Optional List for Fall 2026](#)

Evaluation & Submission

How will I be evaluated without scores? Should I submit them?

Grants & Scholarships

How do test scores impact my financial aid and scholarship options?



In-School SAT

POB SAT for Seniors

Held in school on **October 21**

Registration Deadline

Must register by **September 18**

How to Register

[Register and pay online](#)



National Dates

Saturday SAT Dates

Sept 12, Oct 3, Nov 7, Dec 5

Register at collegeboard.org

ACT Dates (Away)

Oct 17 & Dec 12

Register at actstudent.org

Activity Sheet

Name
Date of Birth
Contact Information

Activity	Grade Level	Role/Position	Description
School Activities			
			.
			.
			.
Community Service			
			.
			.
			.
Athletics			
			.
			.
			.
Awards and Honors			
			.
			.
			.
Work Experience			
			.
			.
			.

Senior Year Grades

- Strong senior program
- The importance of maintaining senior year grades
- Protocol for dual-enrollment courses
- Sending first-quarter grades (by request only)
- Sending mid-year transcript (automatic)
- Possible decision reversal
- Withdrawing from classes and level changes

Special Considerations/ Special Talents

- Musicians and Auditions
 - Example: [College - Dance - Bachelor of Fine Arts Application & Audition Requirements | The Juilliard School](#)
- Artists and Portfolios
 - Example: [Undergraduate Application Requirements: High School Applicants - Pratt Institute](#)
- Students with IEPs or 504s

Schools often have an Office of Student Support/Disability Services

 - Example: [Welcome to Disability Support Services](#)

Some schools offer specialized programs for students with disabilities for an additional fee

 - Example: [Program for Academic Learning Skills \(PALS\) | Student Access Services | Hofstra University](#)
- Athletes & NCAA

NCAA Eligibility

- Visit the NCAA Eligibility Center
 - If you plan to compete at Division I or Division II school register for an Academics and Athletics Certification Account
 - *NEW* For Division III, domestic students should create a Profile Page Account
- For more detailed information and requirements check out the NCAA Eligibility Brochure
 - D-1 requires a minimum 2.3 GPA
 - D-2 requires a minimum 2.2 GPA
 - NCAA permanently eliminated SAT/ACT requirement as part of their eligibility requirements
- DIVISION I WORKSHEET
 - Activate Free Membership @ CoreCourseGPA.com
 - School ID: 334532 School Code: 741592188

Best wishes for a
successful and happy
school year!

We are here for you!