

GYMNASTICS

# BOYS GYMNASTICS

Boys Ages 6+



## Build Strength. Learn Skills. Take On New Challenges.

This class is designed to help boys build strength, coordination, agility, balance, flexibility and body control while learning gymnastics skills and taking on new challenges.

Gymnasts will develop skills while building overall athletic ability, confidence, and a strong foundation of skills that carry over into other sports and activities. Open to all ability levels, with skills and challenges adapted so each gymnast can continue progressing at their own level.

### Fall 1: August 31 – October 25

#### Registration Is Open

No Classes: Labor Day Weekend

Saturday, September 5 – Monday, September 7

### Fall 2: October 26 – December 20

#### Registration Opens

Y Members: Thursday, October 1 at 8 AM

Open to All - Thursday, October 8 at 8 AM

Thanksgiving Break: No PM Classes: Monday,  
November 25 | No Classes November 26–28

Scan the QR Code to view class times and more information.



## REGISTER TODAY!

[WoodsonYMCA.com/developmental-gymnastics/](http://WoodsonYMCA.com/developmental-gymnastics/)

**Woodson YMCA Wausau Branch**

707 N 3rd St. Wausau, WI 54403

715-845-2177

**Questions? Contact Jackie Buemi**

Gymnastics Director

Email: [jbuemi@woodsonymca.com](mailto:jbuemi@woodsonymca.com)