

GYMNASTICS

TUMBLING



Boy & Girls Ages 6+

Flip, Twist & Tumble Your Way To Stronger Skills!

Our Tumbling Classes are a great addition to cheer and dance skills—or anyone interested in exploring the dynamic, acrobatic side of gymnastics in a fun, supportive environment.

Tumbling 1 introduces foundational skills such as round-off and walkovers and give athletes the opportunity to develop strength, coordination and body control while building confidence in basic acrobatic movements. **Tumbling 2** focuses on building onto the foundational skills and more advanced skills such as back handsprings and complex acrobatic sequences.



Fall 1: August 31 – October 25

Registration Is Open

No Classes: Labor Day Weekend
Saturday, September 5 – Monday, September 7

Fall 2: October 26 – December 20

Registration Opens

Y Members: Thursday, October 1 at 8 AM
Open to All – Thursday, October 8 at 8 AM
Thanksgiving Break: No PM Classes: Monday,
November 25 | No Classes November 26–28

REGISTER TODAY!

WoodsonYMCA.com/tumbling

Woodson YMCA Wausau Branch

707 N 3rd St. Wausau, WI 54403

715-845-2177

Scan the QR Code to view class times and more information.



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Questions? Contact Jackie Buemi
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