



Suzy Nicholson Steps Into Role as Athletic Director

Suzy Nicholson has been a part of the Romulus Central School District community since her family moved into the district in 1976.

Nicholson's Romulus roots run deep as she met and married her husband, Damon, the current girls varsity basketball coach, in Romulus and their three children (Tyler, Erica and Timmy) all graduated from Romulus and her two grandchildren (Carter and Owen) will be attending fourth grade and Pre-K this fall.

Nicholson lettered in soccer, volleyball, basketball and softball and participated in junior varsity cheerleading for a year while in high school.

She has also worked in the district for the past 25 years, serving as the Confidential Secretary to the Superintendent for 25 years, the District Clerk for 13 years, Extra Class District Treasurer for 20 years and secretary to four of the past five athletic directors.

Nicholson also has extensive experience as a coach for youth basketball (grades 5-8), modified girls and boys basketball, JV boys soccer, JV softball, Youth Bitty Ball and 4Town Soccer.

Nicholson will put all of these experiences to work in a new role, having been appointed Athletic Director at the July 8 Board of Education meeting.

Nicholson, who will remain in the roles of Superintendent's Secretary, Board District Clerk and Extra Class District Treasurer shared a few thoughts on taking on the AD position. *Answers have been lightly edited for length and clarity.*



What will be your top priorities as Athletic Director?

"Communication and promoting our student-athletes. I would like to increase interest and have more younger students participate in team sports and to also create strong bonds with our Sports Booster Clubs."

What benefits do education-based athletics provide for students who participate?

"I strongly believe team sports offer so many benefits to our students, including accountability, responsibility, time management, productivity, ownership, respect for both oneself and others, passion and the camaraderie for building strong and lasting relationships. These are the building blocks of a well-rounded person. Sports and academics

help to incorporate these traits for our students through positive and successful interactions. I also feel that the right coaches can make positive and lasting impressions on our students."

What are some of your favorite memories of Romulus athletics through the years?

"I have so many, including following girls basketball to the state finals two times and watching them win it all in 2014. It was an amazing time at Romulus! I also enjoyed following the boys basketball team on their journey to the Western Regionals. It has been rewarding to coach youth basketball and watch the players move through the programs, see them mature and even now have their children come through the programs. I also

like seeing the student-athletes succeed outside of the sports arena - on stage, in the band or chorus and academically! I have enjoyed watching my children and grandson play over the years and I can't wait for what tomorrow brings.

What does being a Romulus Royal mean to you?

"My blood runs Blue! This is truly a school with big ideas and the sky is the limit. If you believe, you can achieve. As a faculty, we care about each of our students and want to see them succeed. Everyone is always eager to lend a helping hand and make it work. It is synonymous with FAMILY! I remember a poster hanging in the hallway outside of our office that said, 'It takes a village to raise a child.' That is the environment we have here."



Royal Athletics DATES TO REMEMBER

First Practice V Football
First Practice Mod Football
First Practice JV/V Sports
First Practice Mod Sports

Monday, August 17, 2026
Thursday, August 20, 2026
Monday, August 24, 2026
Monday, August 31, 2026