



Cleveland Heights University Heights

MENU

Middle Schools Week 4: 09.07.26-09.11.26	Monday	Tuesday	Wednesday	Thursday	Friday
	All Schools Closed Labor Day	Chicken and Waffles Popcorn Chicken with Dutch Waffle & Powered Sugar Seasoned Corn	Beef Salisbury Steak With Macaroni and Cheese Seasoned Green Beans Dinner Roll	Homemade Grilled Cheese With Glazed Carrots Baked Onion Rings	Regular or Spicy Boneless Wings With Spiral French Fries WG Bread Stick
		Hamburger Cheeseburger Bosco Sticks	Regular Chicken Filet Sandwich	Hamburger Cheeseburger Bosco Sticks	Spicy Chicken Filet Sandwich
		Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza	Cheese Pizza Pepperoni Pizza
		Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable	Romaine Lettuce, Cucumbers, Onion, Carrots, Olives, Beets, Garbanzo Beans, Hummus, Pita Bread, Shredded Cheese, Sunflower Seeds, Roasted Vegetable
		Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad	Yogurt Parfaits Hummus Bistro Box Turkey Chef Salad	Yogurt Parfaits Hummus Bistro Box Chicken Chef Salad

ALL MEALS ARE FREE FOR ALL STUDENTS!

Meal Choice Includes: Choice of One Entrée, Two Servings of Fresh Fruit and Vegetables, One Grain, or Bread, and One Low-Fat or Fat Free Milk. Please discuss any food allergy issues concerning your child with the Resident Director.



CHECK OUT OUR FEATURED SUPERFOODS!

Please discuss any food allergy issues concerning your child with the Resident Director.

This institution is an equal opportunity provider.

