

Hongqiao Campus Lunch Menu



September 7-11	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE	Shake & Bake Chicken	Pork Char Siu	Tuscan Salmon	Huli Huli Chicken	Sukiyaki Style Beef
Allergen Content	G D	G S L	S D	G L	G L
STAPLE FOOD	Baked Macaroni & Cheese	Steamed Rice	Penne with Garlic & Olive Oil	Steamed Rice	Udon Soup
Allergen Content	G D		G		S L G
VEGETABLES	Sautéed Zucchini with Carrot	Sautéed Cabbage with Carrot	Steamed Broccoli, Cauliflower & Carrot	Roasted Mixed Vegetable (Carrot, Bell Pepper, Zucchini)	Sautéed Chinese Cabbage
Allergen Content					
SPECIALTIES	Onion Rings	Curry Fish Ball	Corn Nugget	Ham & Cheese Quiche	Crab Stick Tempura
Allergen Content	G	S G D	G	E D	S G E
SANDWICH BAR	Ham, Peanut Butter, Strawberry Jam	Egg Salad, Peanut Butter, Strawberry Jam	Chicken, Peanut Butter, Strawberry Jam	Bacon, Peanut Butter, Strawberry Jam	Lyoner, Peanut Butter, Strawberry Jam
Allergen Content	N	E N	N	N	N
VEGETARIAN DISH (On request)	Shake & Bake Eggplant	Chinese BBQ Tofu	Mediterranean Tofu	Huli Huli Eggplant	Udon Soup with Vegetable Tempura
Allergen Content	G D	S G L	L	G L	G
SALAD BAR	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
DRINKS	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice	Milk, Fruit Yogurt, Apple Juice, Lemonade	Milk, Plain Yogurt, Apple Juice, Orange Juice
FRUITS	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit	Seasonal Fruit

*Allergen Content: D Dairy E Egg G Gluten L Legumes N Nuts S Seafood

BASIL N LATTE