Fremont Union High School District

Campus Climate Presentation

September 1, 2026

Trudy Gross, Associate Superintendent for Teaching and Learning
Alison Coy, Director of Educational Options
Nancy Sullivan, Director of Educational and Special Services

Campus Climate, Behavioral Support & Drug and Alcohol Interventions - Fremont Union High School District (fuhsd.org)

Agenda

- Building a positive campus climate
- Addressing behavioral challenges
- Providing wellness resources
- Implementing *Say Something* Anonymous Reporting System

Building a positive campus climate

- Personnel
  - Teachers and instructional staff
  - Student Conduct Specialists
  - Administrators
- Expectation Presentations
  - Conduct
  - Student Supports
- Foundation of Involvement
  - Activities/Clubs
  - Athletics

Addressing behavioral challenges

Purpose of School-Based Interventions

- Help the student change a negative behavior (one that is getting in the way of success) into one that supports growth, development and success.
- We do this through our skillful application of strategies rooted in behavioral science.



Reward Based	Punitive/ Punishment	Growth Based
• School system set up to incentivize behaviors • Awards and accolades	• Expulsion • Suspension • Removed Privileges • F Grades	• Counseling • Contracts with monitoring and support • Mentoring • Intervention Classes • Community Service

Growth Based Interventions

- Instructional
- Reflective
- Restorative



Instructional

Provides opportunity for students that targets the function of the behavior and helps them **learn** the skills needed to not engage in such behaviors again

- Behavior lessons
- Social skills
- Teaching opportunities

Reflective

Provides opportunities for students to **reflect** about the decisions they made that led to the discipline

- Reflection sheets
- Role Playing
- Interviews

Restorative

Provides opportunities for the student to **restore** relationships between themselves and stakeholder(s) they have affected due to the behavior incident.

- Apology
- Student Contracts
- Community Service
- Restitution

Growth Based Interventions

School Linked Services (SLS) Referral for higher level of support		School Attendance Review Board (SARB)
Students assigned in lieu of or in addition to suspension. ● **Saturday School** ● **90-Minute Drug Class** ● **Peer Court** ● **YVAPE**	● Botvin Life Skills (10-session class) ● Project Insight (8-10 10-session class) ● Perspectives ● Other programs as needed	**Other School-Based Interventions:** ● **Contracts** ● **Site-Based Saturday School** ● **Counseling** ● **Small Groups**

Classroom Interventions	Parent Conferences	Student Assistance Teams	Other School Interventions Referral to School Based Therapist

FUHSD Growth Based Interventions

- Saturday School
- Intervention classes to support student growth
- Peer Court
- YVAPE (Youth Vaping Alternative Program Education)

Questions?

Providing wellness resources

- Social Emotional Learning
- Wellness Spaces
- Mental Health Supports

Wellness – What we are really talking about….

- Social and Emotional Learning (SEL) competencies help students manage the difficulties life brings and maintain good mental health.
- Mental Health includes our emotional, psychological, and social well-being. It affects how we think, feel, and act. It also helps determine how we handle stress, relate to others, and make healthy choices.



Parent Supports this year by FUHSD

- Webinars with community partners
  - Project Cornerstone
  - Neurodiversity Pathways
  - Encounter Here Psychotherapy
  - Blue Wave Behavioral Health

Students participate in Lessons through Closed Tutorial

- Lessons connected to Social Emotional Learning
- Sexual Harassment/Title IX



Most lessons - regardless of topic- use “Openers” or “Community Builders” focused on Wellness and Social Emotional Learning

Wellness Space



- Safe space for students to take a break during class
- Learn lifelong strategies to support self management (regulate emotions and stress)
- Drop in during tutorial, brunch, lunch
- Participate in activities

Site Resources



- Alpha Group Assistant Principal
- School Counselor
- School Psychologist
- School-Based Therapist
- Behavior Specialist
- Wellness Space Support Specialist

Ongoing Mental Health Interventions

- Wellness Check-In Form
- School-Linked Services
- Short-Term Intensive Behavioral Support Services (STIBS)

School-Based Therapist Role

A school-based therapist is a licensed marriage and family therapist or a licensed clinical social worker. They provide individual and group school-based mental health services to students.

- Therapy Services
- Intervention meetings
- Staff and parent consultation
- Classroom support



Questions?

SAY SOMETHING

ANONYMOUS REPORTING SYSTEM

Program Overview



Sandy Hook Promise

Sandy Hook Promise

SAY SOMETHING
ANONYMOUS REPORTING SYSTEM



Our Mission

End school shootings and create a culture change that prevents violence and other harmful acts that hurt children.

Sandy Hook
PROMISE

Our Programs

START with Hello

SAY SOMETHING

SAY SOMETHING ANONYMOUS REPORTING SYSTEM

SAVE PROMISE CLUB STUDENTS AGAINST VIOLENCE EVERYWHERE

http://www.sandyhookpromise.org



Backg round

Warning Signs or Threats

70% of people who attackers
93% of the time
by students who
the potential
one person had been told

Our Eyes and Ears



Signs are NOT reported when…

Students may not recognize the signs and threats

- don't mean it
- snitch
- someone else will tell

What is the

SAY SOMETHING™

ANONYMOUS REPORTING SYSTEM

SS-ARS Background

Teaches youth how to recognize warning signs and threats, especially in social media, from individuals who may be a risk to themselves or others and *Say Something* to a trusted adult, use the *Say Something* Anonymous Reporting System (SS-ARS) or if emergency, call 911

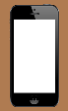
1. **Recognize** warning signs and threats
2. **ACT** immediately, Take it seriously
3. **SAY SOMETHING** to a trusted adult, call 911, or use the ARS

Tip Management Process

STEP 1

Tipster

Submit Tip



Tipster (Youth or Adult) submits a tip using the SS-ARS app, website, or hotline

STEP 2

Crisis Center

Process Tip



Crisis Center vets, triages, categorizes, and delivers the tip to teams

STEP 3

Teams

Manage Tip



Teams assess the concern and provide support and/or intervention if needed

Submitting a Tip

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Ways to Submit a Tip 24/7/365

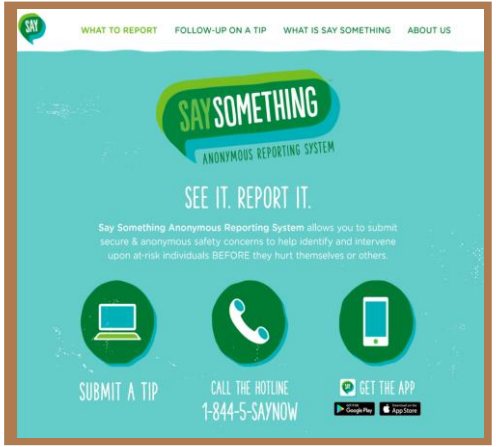
Tipsters MUST associate themselves with a school in order to submit a tip (even virtual schools!)

Mobile App



Website

https://www.saysomething.net/



Hotline



Submitting a Tip

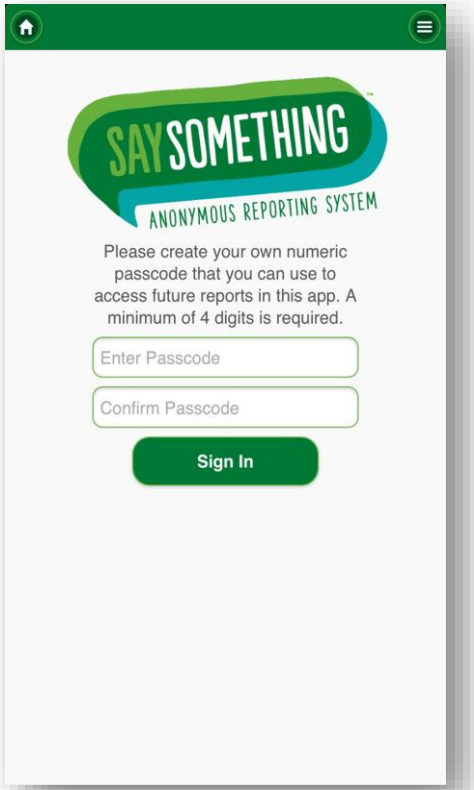
Top Tip Types:

- Bullying/Cyber-Bullying
- Cutting
- Suicide Threat/Ideation
- Vaping & Substance Abuse
- Anxiety & Depression
- Planned Fights & School Violence

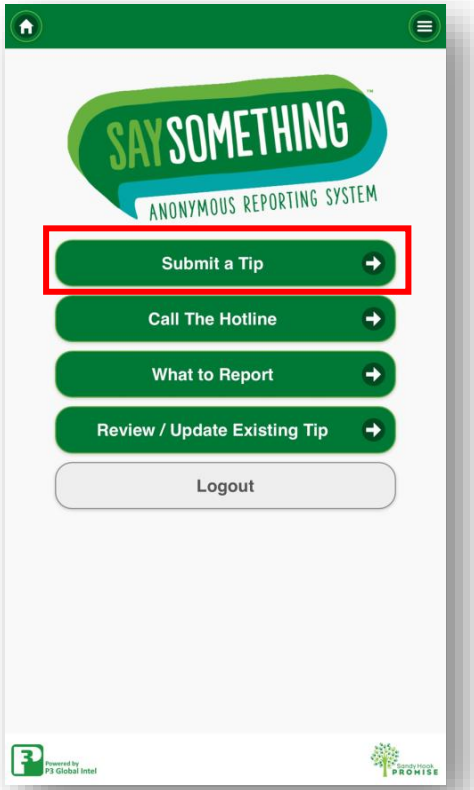


Submitting a Tip

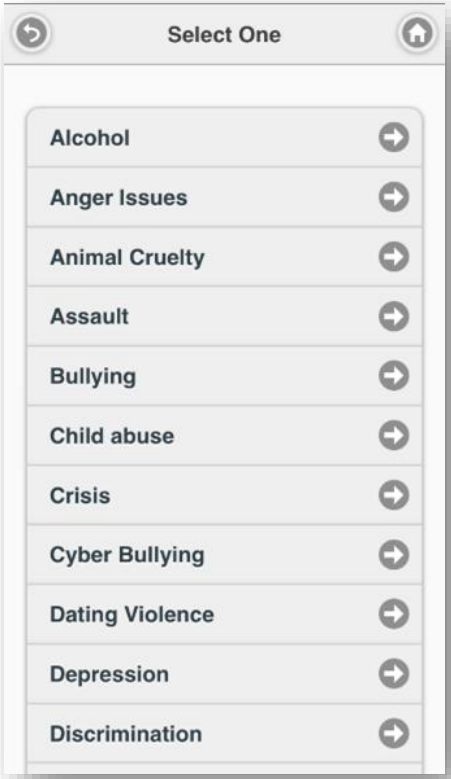
Log Into SS-ARS App



Click Submit a Tip

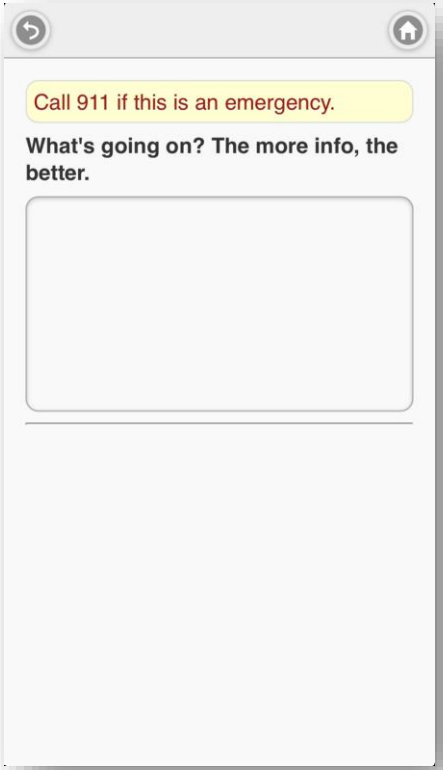


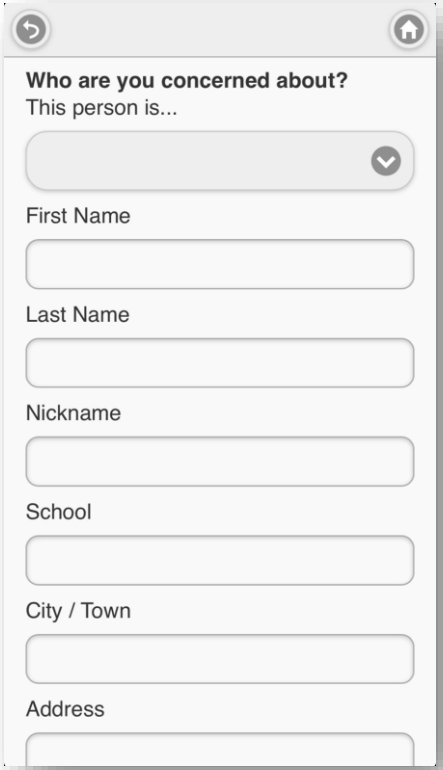
Select Tip Type

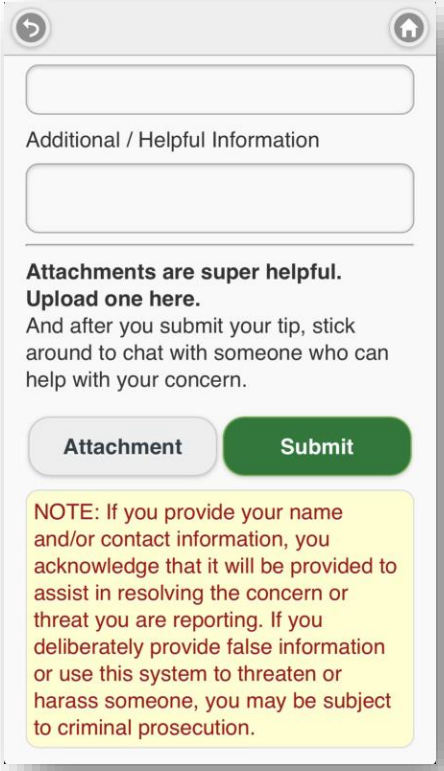


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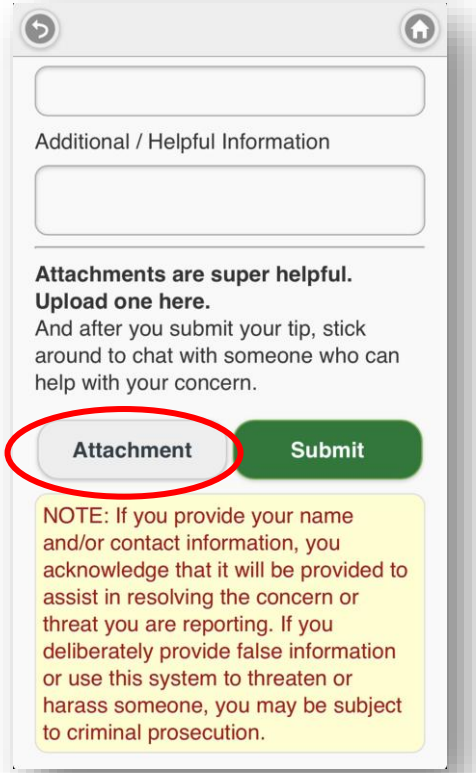
The Tip Form on the Mobile App





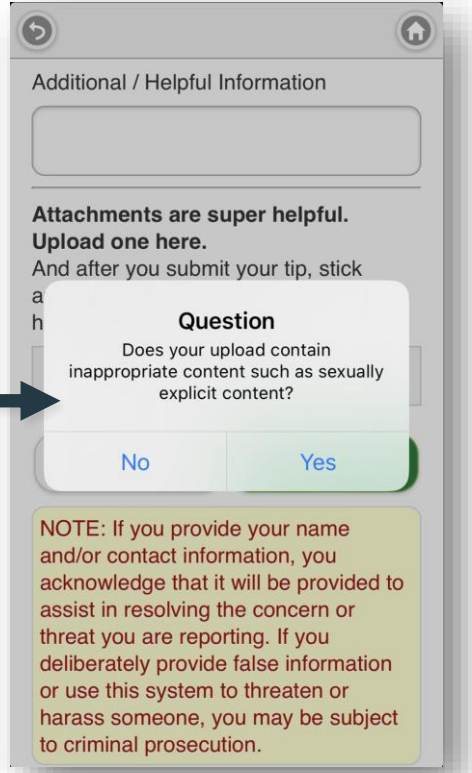


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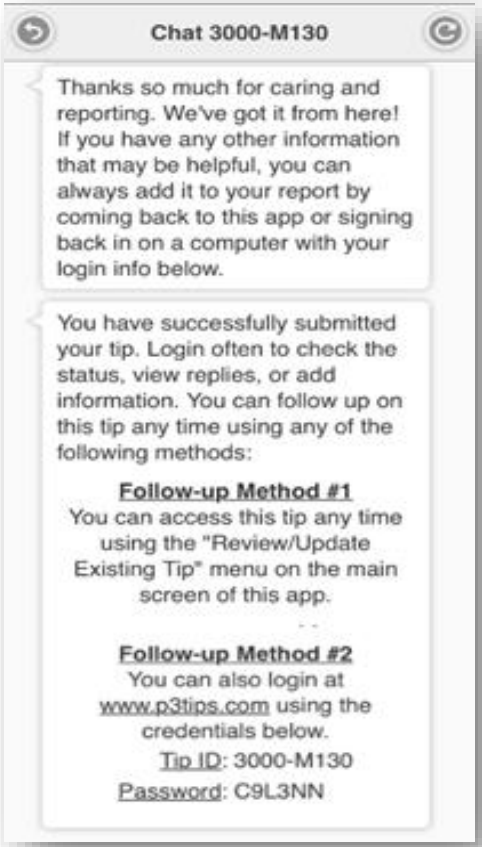
NOTE:

When a tipster uploads an attachment, s/he is asked whether the attachment contains any inappropriate content (e.g. **nudity**).

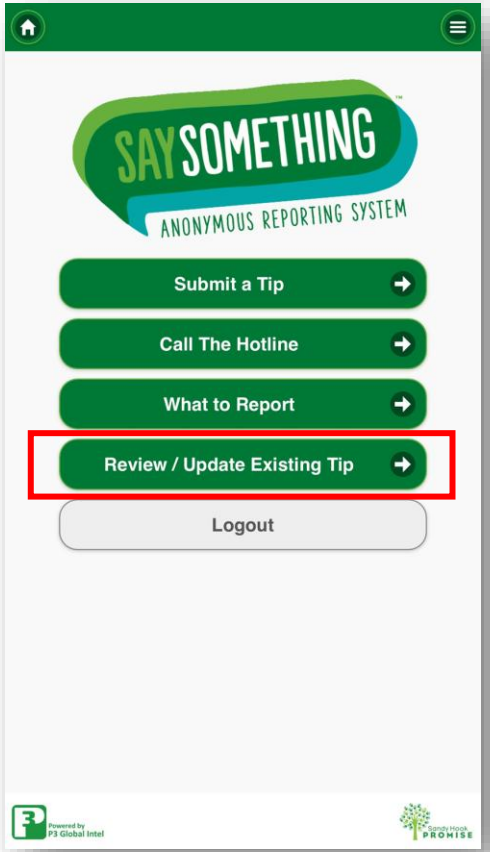


Submitting a Tip

Tip Acknowledgement



Update Tip (new info)



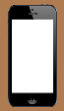
Processing a Tip

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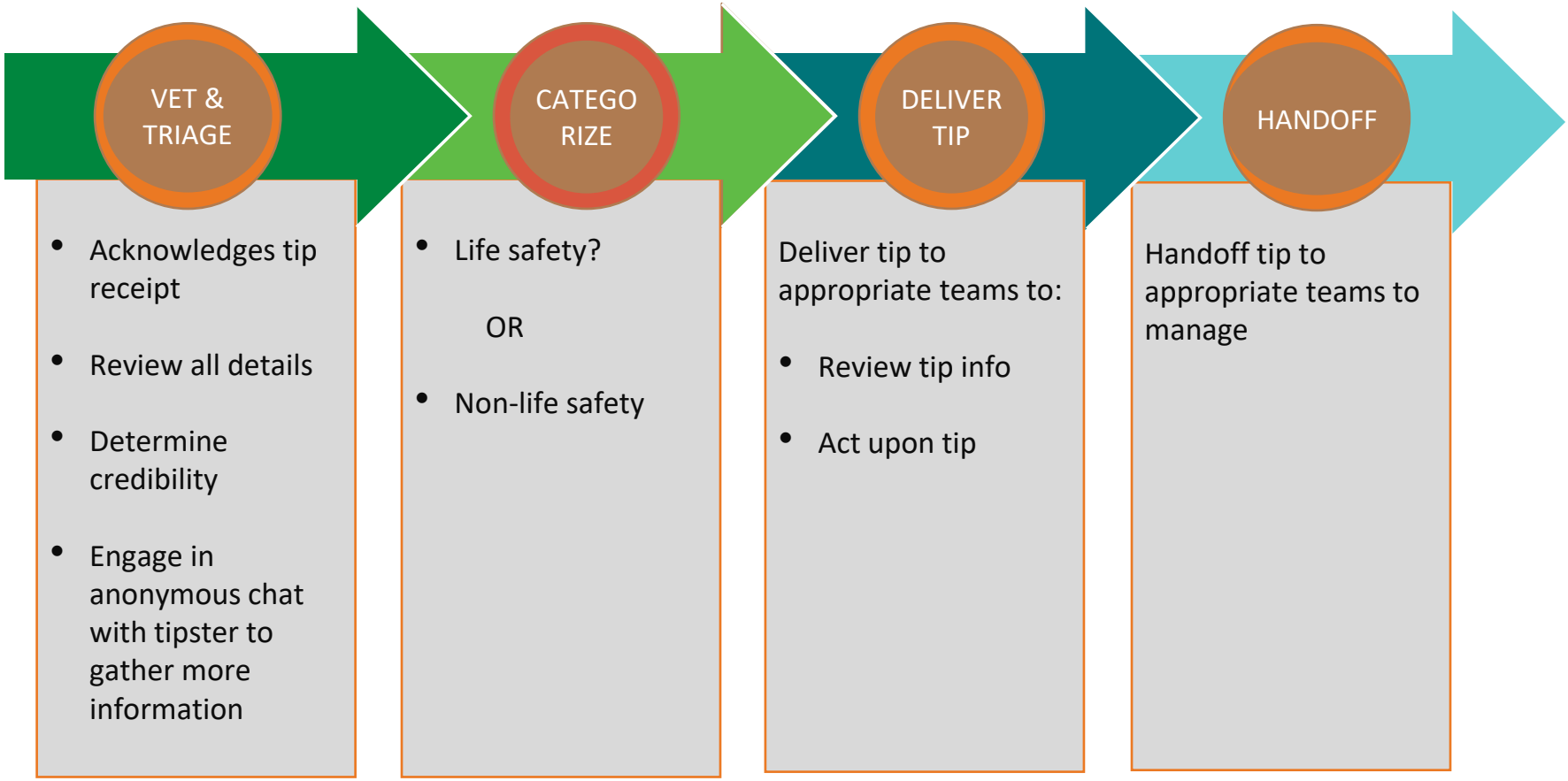
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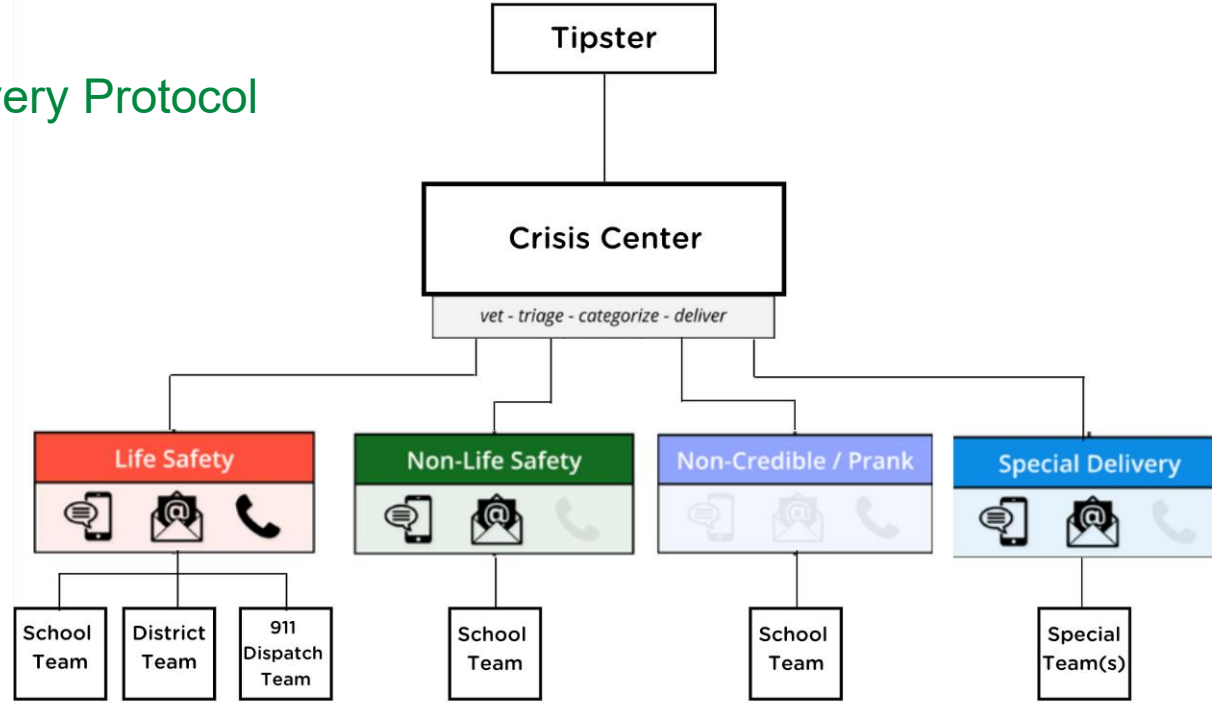
- Experience & Expertise
- Bi-lingual Counselors
- Background Check & Drug Tested
- Educated & Highly Trained
- Real, Caring, Compassionate

Processing a Tip



Processing a Tip

Tip Delivery Protocol



Life Safety Tips:	24/7/365
Non-Life Safety Tips:	6am-6pm
M-F	
	10am-6pm
Weekends	

Sustaining SS-ARS

Culture Shift

Bystanders  Upstanders

Student Training (new and returning students)







Questions?

Thank you for joining us