

CCLA CROSS COUNTRY SCHEDULE 2026

Date	Opponent	Home/ Away And Location	Start Time
Wednesday September 9th	Piner Junior	Home CCLA	3:30 PM
Wednesday September 16th	Santa Rosa Junior	Home CCLA	3:30 PM
Tuesday September 22nd	Rincon Valley MS	Away Rincon Community Park	3:30 PM
Thursday September 24th	Sonoma County Meet	Away Spring Lake	4:00 PM
Wednesday September 30th	Montgomery Junior	Away Howarth Park	3:30 PM
Week of October 5th TBD	ANOVA (pending approval)	Away ANOVA Campus	Morning (class excusal) TBD
Tuesday October 13th	League Finals	Away Spring Lake	3:30 PM



*****All practices will be after school Monday - Friday 3:10 - 4:10. Subject to change depending on the coach's running, rest and recovery plan.**

Practice will take place on the track with some OPTIONAL weekend runs.