



September 2026

Frewsburg MS/HS Breakfast

All students are entitled to one free breakfast and one free lunch per day until further notice.

	Tue 1	Wed 2	Thu 3	Fri 4
Mon 7	Tue 8	Wed 9	Thu 10	Fri 11
LABOR DAY	MUFFINS ASSORTED CEREAL FRESH FRUIT/ JUICE	BAGEL ASSORTED CEREAL FRESH FRUIT/ JUICE	WAFFLE ASSORTED CEREAL FRESH FRUIT/ JUICE	DONUT ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 14	Tue 15	Wed 16	Thu 17	Fri 18
FILLED CEREAL BAR ASSORTED CEREAL FRESH FRUIT/ JUICE	CINNI MINI ASSORTED CEREAL FRESH FRUIT/ JUICE	FRENCH TOAST STICKS ASSORTED CEREAL FRESH FRUIT/ JUICE	SOFT PRETZEL ASSORTED CEREAL FRESH FRUIT/ JUICE	BREAKFAST SANDWICH ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 21	Tue 22	Wed 23	Thu 24	Fri 25
MUFFINS ASSORTED CEREAL FRESH FRUIT/ JUICE	BAGEL ASSORTED CEREAL FRESH FRUIT/ JUICE	CINNAMON ROLLS ASSORTED CEREAL FRESH FRUIT/ JUICE	WAFFLE ASSORTED CEREAL FRESH FRUIT/ JUICE	DONUT ASSORTED CEREAL FRESH FRUIT/ JUICE
Mon 28	Tue 29	Wed 30		
FILLED CEREAL BAR ASSORTED CEREAL FRESH FRUIT/ JUICE	CINNI MINI ASSORTED CEREAL FRESH FRUIT/ JUICE	FRENCH TOAST STICKS ASSORTED CEREAL FRESH FRUIT/ JUICE		

Daily Choices: CHOCOLATE MILK · WHITE MILK
EXTRA LUNCH(\$3.75)

MILK(\$0.75)

SNACKS(\$0.75)

ICE CREAM(\$1.50)