

September 2026

EAT SMART BE SMART



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

NO SCHOOL

WELCOME BACK TO SCHOOL

Breakfast for Lunch:
Choice of Waffles or
Pancakes with Sausage
Tater Triangles
Cut Veggies

**Chicken Tenders
with Soft Pretzel**

Steamed Mixed Veggies
Cut Veggies

**Cowboy Burger on
a Bun**

Steam Carrots
Lettuce & Tomato

Big Daddy's Pizza

Honey Cinnamon Sweet Potato
Cut Veggies

Chicken & Waffles

Hash Brown
Cucumber Slices

Walking Taco

Mexicali Corn
Seasoned Black Beans

**Chicken Alfredo
Bread Stick**

Steamed Broccoli
Celery Sticks with Ranch

**Bacon
Cheeseburger**

Tater Tots
Lettuce & Tomato

Pizza

Side Salad
Carrots Sticks

**French Toast Sticks
with Sausage Links**

Tri-Taters
Carrot Sticks

Nacho Taco

Refried Beans
Assorted Cut Veggies

Chicken Patty

Steam Broccoli
Assorted Cut Veggies

Cheeseburger

Vegetarian Beans
Lettuce & Tomato

Pizza

Side Salad
Cucumber Slices

**Maple Waffle
Sandwich**

Hash Brown Potato
Cucumber Slices

Chicken Taco

Refried Beans
Fresh Cut Veggies

Mac & Cheese

Stewed Tomatoes
Carrot Sticks

**Chicken & Mash
Potato Bowl**

Mash Potato
Fresh Cut Veggies

Italian Dunkers

Side Salad
Fresh Cut Veggies

Daily Alternates

Bagel Kit, Cereal Kit, PB & J, or Pizza Kit

Monday – Tuna Hoagie, Italian Hoagie – Garden Salad w/ Scoop of Tuna
Tuesday– Ham & Cheese – Turkey & Cheese or Garden Salad w/ Chicken
Wednesday– Turkey & Cheese - Italian Hoagie & Garden Salad w/ egg
Thursday – Tuna Wrap – Cheese Hoagie & Garden Salad w/ Roll
Friday– Cheese Sandwich- Italian Hoagie & Garden Salad w/ Roll

Fruits & Veggies

Broccoli, Cherry Tomato, Celery, Carrots, Slice Assorted Peppers, Cucumbers-
Fruit Cups, Applesauce, Oranges, Apples, Grapes, Bananas, Watermelon,
Strawberries (in season) Students may choose two ½ cup servings

Milk Selections

1% White, and 1% Chocolate or Strawberry – everyday Juice.

Menu subject to change due to product availability.
This institution is an equal opportunity provider and employer.

Lunch Prices

Student	\$3.50
Adult	\$5.00

WHAT IS A SCHOOL LUNCH?

You must choose at least **3** of the **5** components available for the school lunch price:

Meat/Meat Alternative, Grain/Bread, Fruit, Vegetable, Milk

A minimum of ½ cup serving of fruit must accompany a school breakfast.

Assorted Variety of Milk Available Daily

Fat-Free White, 1% White, and 1% Chocolate

NUTRI-SERVE
FOOD MANAGEMENT, INC. by Metz