

Benson High School Lunch Menu September 2026-2027

Breakfast:

Grades PK-5 Free
Grades 6-12 Free
Adult Breakfast - \$3.50

Lunch:

Grades PK-5 Free
Grades 6-12 Free
Adult Lunch - \$6.00

Milk choices are white 1% or chocolate skim

Extra milk or milk for cold lunch is \$0.50

Additional Vegetables and Fruits are served daily.

Menu Subject to Change Without Notice

	Monday	Tuesday	Wednesday	Thursday	Friday
August 31-September 4	French Bread Dunker w Marinara cup Or Chef Salad Assorted Fresh Vegetables Assorted Fruit	Chicken Fillet on a Bun or Pizza Burger a Bun Baked Beans Assorted Fresh Vegetables Assorted Fruit	Taco in a Bag or Yogurt Parfait Assorted Fresh Vegetables Assorted Fruit	Chicken Nuggets or Hot Ham and Cheese on a bun Chips Assorted Fresh Vegetables Assorted Fruit	
September 7-11		Chicken Tenders or Fish Square on a Bun Baked Beans Assorted Fresh Vegetables Assorted Fruit	French Toast Sticks or Yogurt Parfait Cheesy Hashbrowns Assorted Fresh Vegetables Assorted Fruit	Chicken Bites or Chef Salad Mashed Potato w/ Gravy Corn Dinner Roll Assorted Fresh Vegetables Assorted Fruit	Max Sticks with Marinara Cup or Riblet on a Bun Assorted Fresh Vegetables Assorted Fruit
September 14-18	General Tso Chicken or Corndog Wild Rice Blend Assorted Fresh Vegetables Assorted Fruit	Chicken & Waffle or Pizza Burger on a Bun Assorted Fresh Vegetables Assorted Fruit	Pizza or Chef Salad Corn Assorted Fresh Vegetables Assorted Fruit	Meatloaf or Cold Sandwich Baked Potato Dinner Roll Assorted Fresh Vegetables Assorted Fruit	Hotdog on a Bun or Yogurt Parfait Baked Beans Assorted Fresh Vegetables Assorted Fruit
September 21-25	Mac & Cheese Bowl with choice of Pulled Pork or Chicken BBQ sauce and Bread Stick Or Pulled Pork on a Bun Assorted Fresh Vegetables Assorted Fruit	Beefy Nachos with cheese sauce Salsa or Chef Salad Assorted Fresh Vegetables Assorted Fruit	Build a Burger on a Bun or Chicken Salad Croissant Baked Beans Assorted Fresh Vegetables Assorted Fruit	Boneless chicken drummies With sauce cup Fish Square on a Bun Chips Assorted Fresh Vegetables Assorted Fruit	Mike Bites with Marinara Cup or Cold Sandwich Assorted Fresh Vegetables Assorted Fruit
September 28- October 2	Stuff Crust Pizza or Pizza Burger on a bun Corn Assorted Fresh Vegetables Assorted Fruit	French Dip Sandwich or Riblet on a Bun Assorted Fresh Vegetables Assorted Fruit	Chicken Egg Rolls with Fried Rice or Hamburger on a Bun Assorted Fresh Vegetables Assorted Fruit	Italian Pull Apart Marinara cup or Bowl of Soup with Bread Stick Assorted Fresh Vegetables Assorted Fruit	Cheese Burger on a Bun or Grilled Cheese Sandwich French Fries Assorted Fresh Vegetables Assorted Fruit

This institution is an equal opportunity provider.

Peanut Butter and Jelly is always the 3rd option

All meals include choice of white or chocolate milk