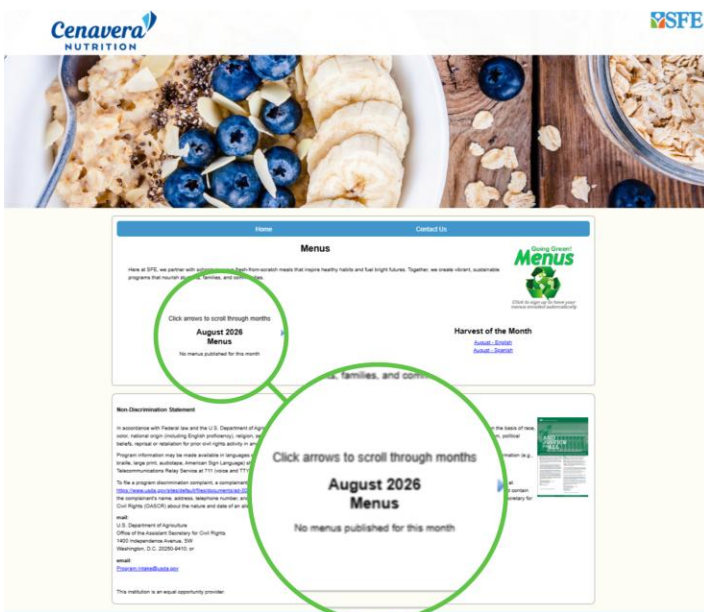


How to use your menu.



See what's on the menu

- Visit your new menus URL at:
 - [>>> Quick Links >>> Lunch Menu](http://www.nwschools.org)
- Click into the menu you'd like to view to open the interactive monthly calendar.
- Click the magnifying glass on any day to view all items served.



July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
6 Halal Orange Chicken w/rice Halal Hotdog Halal Chicken Fatty Sandwich Delicious Cheese Pizza	7 Cheese Quesadilla Halal Cheeseburger Impossible Burger Halal Beef & Jalapeno Pizza	8 Halal BBQ Chicken Tender Sandwich Pretzel Rolls w/Cheddar Dip Halal Turkey & Cheese Meat Sandwich Halal Pepperoni & Mushroom Pizza	9 Halal Popcorn Chicken w/Hot Halal Cheeseburger w/Green Beans Vegetarian Black Bean Burger Veggie Pizza	10 Halal Chicken Parmesan w/Spaghetti Halal Chicken Fatty Sandwich Delicious Cheese Pizza Halal Hamburger Pizza
13 Spaghetti Marinara w/Halal Meatballs Halal Buffalo Ranch Chicken Fatty Sandwich Cherry Tomato Cheese Pizza Shrimp & Queso Rice Wrap Cheese Stuffed Breadsticks w/Marinara	14 Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	15 Halal Beefy Macaroni w/Hot Chicken Nuggets w/Hot Vegetarian Chick'n Nuggets	16 Grilled Cheese Sandwich Spicy Potato Sweet Potato Buns Halal Hamburger Pizza Halal Cheeseburger Halal Crispy Chicken Salad	17 Curried Chicken Rice Bowl Delicious Cheese Pizza Halal Pepperoni Pizza Chicken Fatty Sandwich with Dill Sauce Veggie Ranch Wrap
20 Halal Cheeseburger Halal Grilled Cheese w/ Pepperoni Sandwich Delicious Cheese Pizza Shrimp & Queso Rice Wrap Halal BBQ Chicken Joe Sandwich	21 Halal Beef & Cheese Halal Fatty Chicken Halal Turkey & Cheese Sandwich Impossible Burger Halal Beef & Jalapeno PIZZA Halal Turkey Deli Wrap	22 Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	23 Macaroni & Cheese w/Chicken Halal Cheeseburger Pasta Halal Italian Bread Halal Chicken Fatty Sandwich Delicious Cheese Pizza Halal Pepperoni Pizza Halal Crispy Chicken Salad	24 Halal Alfredo Mac & Cheese Sandwich Delicious Cheese Pizza Halal Pepperoni Pizza Halal Chicken Fatty Sandwich Fresh Stuffed Breadsticks
27 Macaroni & Cheese w/Halal Chicken Nuggets Vegetarian Chick'n Nuggets Sandwich Halal Spicy Chicken Sandwich Cherry Tomato Cheese Pizza Butterbean Veggie Wrap	28 Halal Beefy Corn Halal Hamburger Halal Beefy Nachos Halal Spicy Chicken w/Cheddar Grande Bean & Cheese Burrito	29 Halal Beefy Corn Halal Hamburger Halal Beefy Nachos Halal Spicy Chicken w/Cheddar Grande Bean & Cheese Burrito	30 Halal Beefy Corn Halal Hamburger Halal Beefy Nachos Halal Spicy Chicken w/Cheddar Grande Bean & Cheese Burrito	31 Halal Chicken Nugget Sandwich Halal Spicy Chicken Sandwich Halal Pepperoni Pizza Delicious Cheese Pizza Veggie Ranch Wrap

Start using your new interactive menu by **downloading the app.**



Web Menu by Isite Software



App Store



Web Menu for School Nutrition

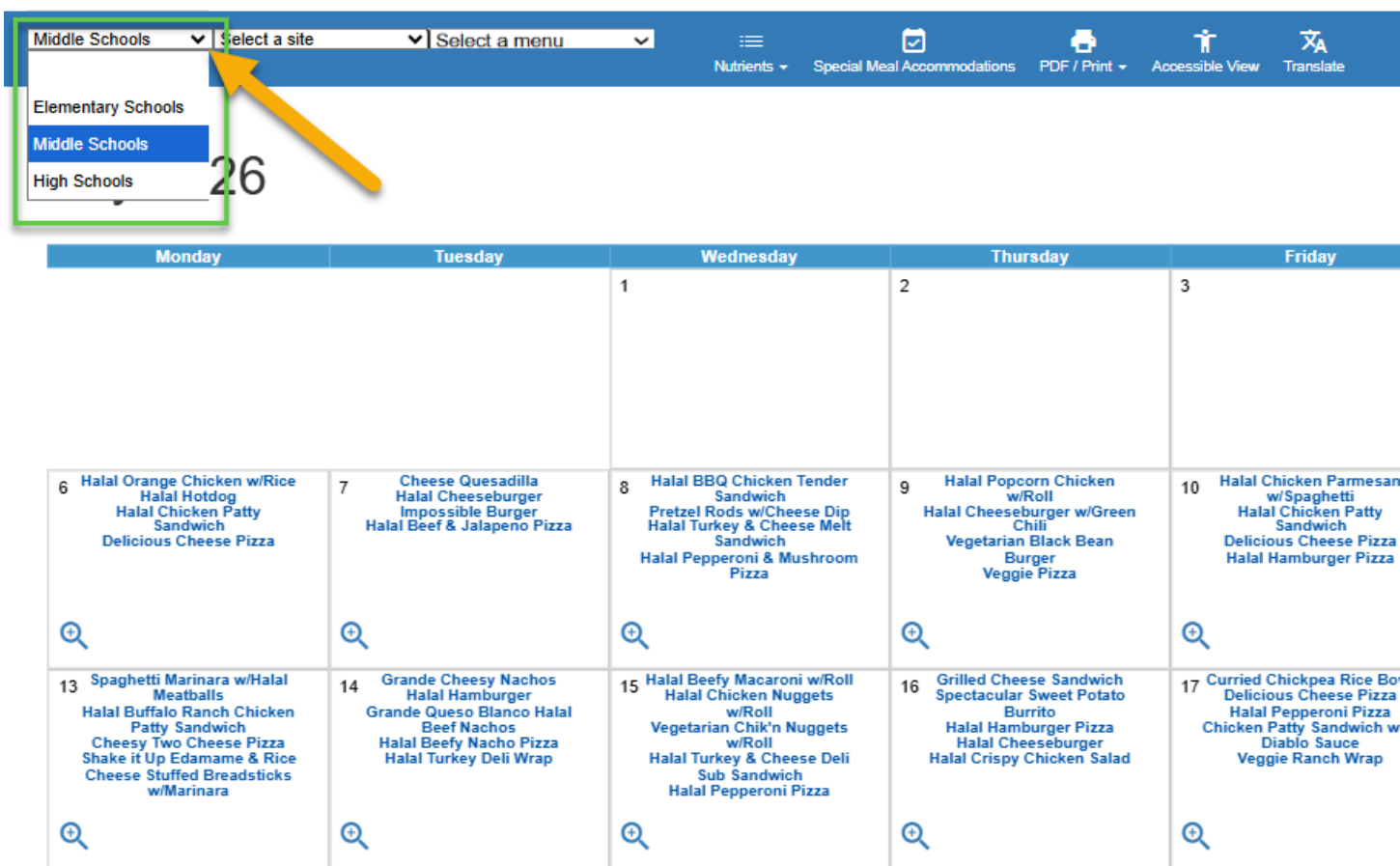


Google play

Switch to a different menu.

Switch to a different menu

- Use the dropdown in the upper-left corner to select a different grade group.
- Use the second dropdown to choose a specific school site, then use the third dropdown to select menu you'd like to view.
- The calendar automatically updates to display your new selection.



The screenshot shows the LINQ menu system interface. At the top, there are three dropdown menus: "Middle Schools", "Select a site", and "Select a menu". A green box highlights the "Middle Schools" dropdown, and a yellow arrow points to it. Below the dropdown, a list of options is visible: "Elementary Schools", "Middle Schools" (highlighted), and "High Schools". The number "26" is displayed next to the "Middle Schools" option. To the right of the dropdowns are several icons: a hamburger menu, a calendar, a printer, a person, and a translate icon. Below the dropdowns is a table with columns for days of the week (Monday, Tuesday, Wednesday, Thursday, Friday) and rows for menu items. Each menu item includes a number, a description, and a magnifying glass icon.

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	3
6 Halal Orange Chicken w/Rice Halal Hotdog Halal Chicken Patty Sandwich Delicious Cheese Pizza	7 Cheese Quesadilla Halal Cheeseburger Impossible Burger Halal Beef & Jalapeno Pizza	8 Halal BBQ Chicken Tender Sandwich Pretzel Rods w/Cheese Dip Halal Turkey & Cheese Melt Sandwich Halal Pepperoni & Mushroom Pizza	9 Halal Popcorn Chicken w/Roll Halal Cheeseburger w/Green Chili Vegetarian Black Bean Burger Veggie Pizza	10 Halal Chicken Parmesan w/Spaghetti Halal Chicken Patty Sandwich Delicious Cheese Pizza Halal Hamburger Pizza
13 Spaghetti Marinara w/Halal Meatballs Halal Buffalo Ranch Chicken Patty Sandwich Cheesy Two Cheese Pizza Shake it Up Edamame & Rice Cheese Stuffed Breadsticks w/Marinara	14 Grande Cheesy Nachos Halal Hamburger Grande Queso Blanco Halal Beef Nachos Halal Beefy Nacho Pizza Halal Turkey Deli Wrap	15 Halal Beefy Macaroni w/Roll Halal Chicken Nuggets w/Roll Vegetarian Chik'n Nuggets w/Roll Halal Turkey & Cheese Deli Sub Sandwich Halal Pepperoni Pizza	16 Grilled Cheese Sandwich Spectacular Sweet Potato Burrito Halal Hamburger Pizza Halal Cheeseburger Halal Crispy Chicken Salad	17 Curried Chickpea Rice Bowl Delicious Cheese Pizza Halal Pepperoni Pizza Chicken Patty Sandwich w/ Diablo Sauce Veggie Ranch Wrap

How to view nutrition info.

See nutrition facts at a glance

Hover over any food item to instantly view its nutrition facts, allergen icons, and rating.

*SFE MenusSelect a menu

Nutrients

Special Meal Accommodations

PDF / Print

Accessible View

Translate

July 2026

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday										
6Halal Orange Chicken w/Halal HolddogHalal Chicken Patty SandwichDelicious Cheese PizzaFresh Broccoli FloretsFresh Apple1% Low Fat White Milk LocalFat Free Chocolate Milk Local	7Cheese QuesadillaHalal CheeseburgerImpossible BurgerHalal Beef & Jalapeno Pizz	Grande Cheesy Nachos Nutrients Serving Size: 1 Serving Calories504.8 kcal Total Fat29.1 g Saturated Fat11.8 g Trans Fat0 g Cholesterol51.7 mg Sodium977 mg Potassium650.6 mg Carbohydrates43.3 g Dietary Fiber4 g Total Sugars1.6 g Includes Added Sugar0 g Protein17 g Iron0 mg Calcium448 mg Special Meal Accommodations Milk ★★★★★ How do you rate this item? The nutrition information provided in this analysis should not be used for people with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. In planning and treating allergies and medical conditions, please contact the district regarding their individual policy for accommodating special dietary needs.	10Halal Chicken Parmesan w/SpaghettiHalal Chicken Patty SandwichDelicious Cheese PizzaHalal Hamburger Pizza	13Spaghetti Marinara w/Halal MeatballsHalal Buffalo Ranch Chicken Patty SandwichCheesy Two Cheese PizzaShake it Up Edamame & Rice Cheese Stuffed Breadsticks w/Marinara	14Grande Cheesy NachosHalal HamburgerGrande Queso Blanco Halal Beef NachosHalal Beefy Nacho PizzaHalal Turkey Deli Wrap	17Curried Chickpea Rice BowlDelicious Cheese PizzaHalal Pepperoni PizzaChicken Patty Sandwich with Diablo SauceVeggie Ranch Wrap	20Halal CheeseburgerHalal Grilled Cheese w/Pepperoni SandwichDelicious Cheese PizzaSpinach & Black Bean WrapHalal BBQ Sloppy Joe Sandwich	21Halal Beef & Cheese BurritoHalal Fiesta Chicken FajitaHalal Turkey & Cheese Deli SandwichHalal HamburgerImpossible BurgerHalal Beef & Jalapeno PizzINACTIONE Creamy Ranch Dressing	24Halal Alfredo Meatball SubHalal Chicken Patty SandwichDelicious Cheese PizzaHalal Pepperoni & Jalapeno PizzaLoaded Vegetable SubFresh Steamed Broccoli	27Macaroni & Cheese w/Halal Chicken NuggetsVegetarian Chik'n Nuggets w/RollHalal Spicy Chicken SandwichCheesy Two Cheese PizzaSouthwest Veggie Wrap	28Halal Beefy Corn TacosHalal HamburgerHalal Beefy Nacho PizzaHalal Spicy Chicken Salad w/CroulonsGrande Bean & Cheese Burrito	Halal Spicy Chicken SandwichHalal Pepperoni & Jalapeno PizzaHalal Turkey & Cheese Deli Sub SandwichHalal Chicken & Waffles	Halal Crispy Chicken Ranch WrapVeggie PizzaHalal HamburgerVeggie Lasagna W/Breadstick	31Halal Chicken Nugget SnowbowlHalal Spicy Chicken SandwichHalal Pepperoni PizzaDelicious Cheese PizzaVeggie Ranch Wrap

How to use the Nutrients menu.

Use the Nutrients menu

- Click the Nutrients dropdown in the top navigation.
- Select Carb Count for portion sizes and carbs by day, or Nutrition Report Card for a full breakdown.
- Check items to see combined totals and hover over any icon to see its full name.

July 2026

Monday	Tuesday	Wednesday	Thursday	Friday
		1	2	
6 Hatal Orange Chicken w/Hot Sauce Hatal Chicken Patty Sandwich Delicious Cheese Pizza	7 Cheese Quesadilla Hatal Cheeseburger Impossible Burger Hatal Beef & Jalapeno Pizza	8 Hatal BBQ Chicken Tender Hatal Chicken Nugget Hatal Turkey & Cheese Deli Sandwich Hatal Pepperoni & Mushroom Pizza		
13 Spaghetti Marinara w/Hatal Meatballs Hatal Buffalo Ranch Chicken Patty Sandwich Cheesy Two Cheese Pizza Bacon & Egg Casserole & Blue Cheese Muffin Breakfast w/Marinara	14 Grande Cheesy Nachos Hatal Hamburger Grande Queso Blanco Hatal Beef Nachos Hatal Beefy Nacho Pizza Hatal Turkey Deli Wrap	15 Hatal Beefy Macaroni w/Hot Sauce Hatal Chicken Nugget w/Hot Sauce Vegetarian Chili's Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Pepperoni Pizza		
20 Hatal Cheeseburger Hatal Grilled Cheese w/ Pepperoni Sandwich Delicious Cheese Pizza Bacon & Egg Casserole & Blue Cheese Muffin Breakfast w/Marinara	21 Hatal Beef & Cheese Burrito Hatal Fanta Chicken Fajitas Hatal Turkey & Cheese Deli Sandwich Hatal Hamburger Impossible Burger Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap	22 Mighty Chicken Marinara w/ Hot Sauce Hatal Beef & Jalapeno Sandwich Hatal Chicken Patty Sandwich Hatal Turkey & Cheese Deli Sandwich Hatal Pepperoni & Mushroom Pizza	23 Creamy Macaroni Hatal Cheeseburger Hatal Chicken Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap Hatal Pepperoni & Mushroom Pizza	24 Hatal Chicken Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap Hatal Pepperoni & Mushroom Pizza
27 Hatal Chicken Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap Hatal Pepperoni & Mushroom Pizza	28 Hatal Beefy Corn Tacos Hatal Hamburger Hatal Beefy Nacho Pizza Hatal Turkey Deli Wrap Hatal Beef & Cheese Burrito	29 Cheesy Muffin Breakfast Hatal Chicken Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap Hatal Pepperoni & Mushroom Pizza	30 Hatal Chicken Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap Hatal Pepperoni & Mushroom Pizza	31 Hatal Chicken Nugget w/Hot Sauce Hatal Turkey & Cheese Deli Sandwich Hatal Beef & Jalapeno Pizza Hatal Turkey Deli Wrap Hatal Pepperoni & Mushroom Pizza

Monday Jul 6

Check All	Portion Size	Carbohydrates (g)	Special Meal Accommodation
☒	Hatal Orange Chicken w/Hot Sauce 12 pieces 1/2	94.5	
☐	Hatal Hotdog 1 Hot Dog	26	
☐	Hatal Chicken Patty Sandwich 1 Sandwich	40	
☐	Delicious Cheese Pizza 1 Slice (8 Cut)	40.8	
☒	Fresh Broccoli Florets 1/2 Cup	2.1	
☒	Fresh Apple 1 Apple	15.4	
☐	1% Low Fat White Milk L 8 oz Container	13	
☒	Fat Free Chocolate Milk L 8 oz Container	20	
	Total (rounded)	1 Meal 192	

Special Meal Accommodation

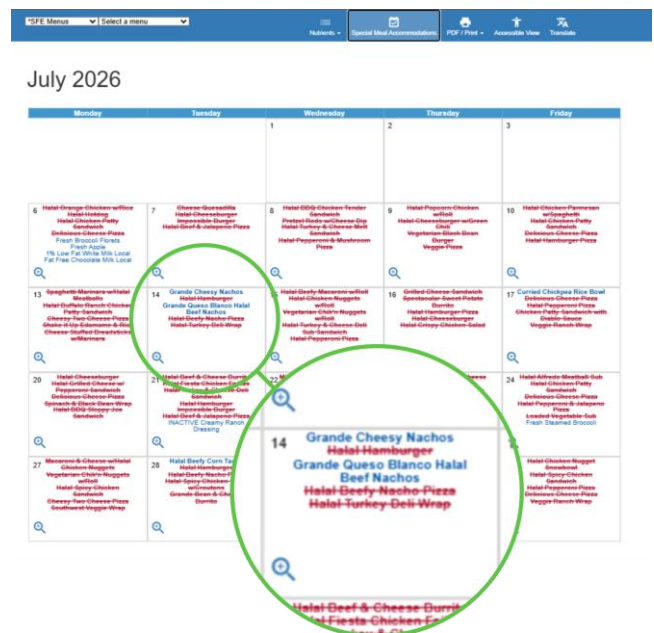
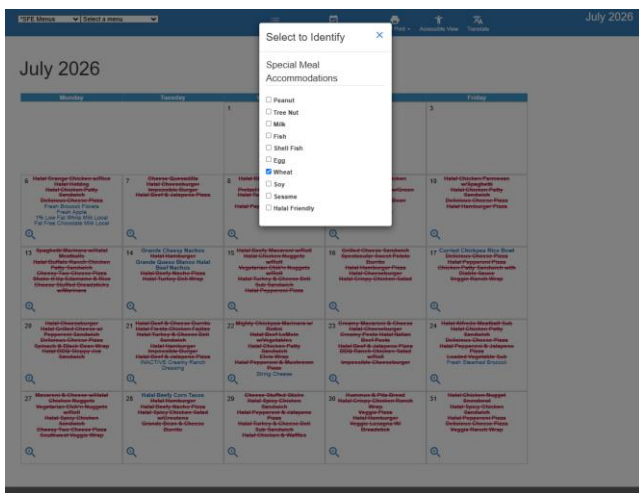
Tuesday Jul 7

Check All	Portion Size	Carbohydrates (g)	Special Meal Accommodation
☐	Cheese Quesadilla 1 Quesadilla	28.4	
☐	Hatal Cheeseburger 1 Burger	31	
☐	Impossible Burger 1 Burger	35	
☐	Hatal Beef & Jalapeno Pizza 1 Slice (8 Cut)	41.8	

How to filter by allergen.

Filter by allergen

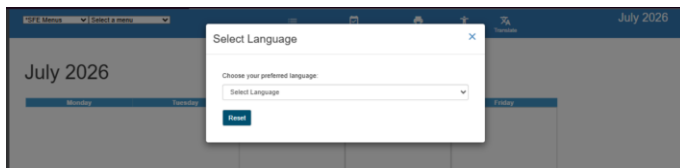
- Click Special Meal Accommodations in the top navigation.
- Select the allergens you'd like to identify, then close the window.
- Items with a selected allergen show with a red strikethrough



How to translate & print.

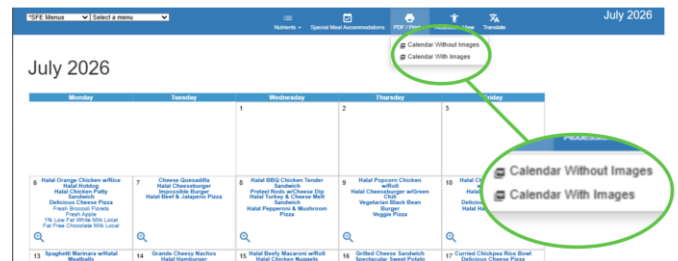
Translate into another language

- Click Translate in the top navigation.
- Choose your preferred language from the dropdown list.
- View your translated menu items immediately — no need to leave the page.



Print a menu

- Click PDF / Print in the top navigation.
- Choose Calendar With Images or Calendar Without Images.
- Your menu downloads as a PDF — ready to print or save.



**Start using your new interactive menu
by downloading the app.**

