NORTHWOOD MIDDLE SCHOOL



Cross Country
2026 – 2027

Date	Opponents	Location / Host
Tuesday, Sept 8	Northwood, Creekside	Johnsburg (Johnsburg Junior High School)
Tuesday, Sept 15	**Beardsley, Nippersink, Marlowe**	**Northwood** (Emricson Park)
Thursday, Sept 17	Northwood, McHenry	Lundahl (Lundahl Middle School)
Tuesday, Sept 22	Nippersink, Beardsley, Cary, Marlowe, Northwood	McHenry (McHenry Middle School)
Thursday, Sept 24	Bernotas, Northwood	Beardsley (Lippold Park)
Tuesday, Sept 29	Northwood, Marlowe, Heineman	Parkland (McHenry Middle School)
Thursday, Oct 1	**Heineman, McHenry**	**Northwood** (Emricson Park)
Monday, Oct 5	Conference Meet	Creekside (Emricson Park)

Saturday October 10th — IESA Sectional Meet @ TBD
Saturday October 17th — IESA State Meet @ Maxwell Park, Normal IL.

(* = Non Conference)

Meets will begin at approximately 4:15 PM

Picture day Oct. 2nd