

BREAKFAST

SEPTEMBER 2026

RCSD Elementary Breakfast Menu (FCB)

RCSD is an equal opportunity employer. Menu items are subject to change at any time.

Monday

Tuesday

Wednesday

Thursday

Friday

1
Superintendent's
Conference Day
(No school for students)

2
Superintendent's
Conference Day
(No school for students)

3
Recess Day
(No school for students)

4
Recess Day
(No school for students)

7
Labor Day
(All facilities closed)

8
Maple Waffle w/Chicken
Sausage Sandwich

9
Turkey Ham, Sausage,
Cheese & Egg Breakfast
Flatbread

10
French Toast Sticks (V)

11
Ultimate
Breakfast Round (V)

14
Golden Grahams
Cereal (VG)
Tiger Bites (V)

15
Breakfast Pizza

16
Bagel w/Cream
Cheese & Jelly

17
Eggo Froot Loop
Waffles (V)

18
Vanilla Yogurt
Blueberry Pomegranate
Granola Bar

21
Apple Cinnamon
Cheerios (VG)
Giant Cinnamon
Goldfish (VG)

22
Breakfast Bagel
w/Mozzarella & Eggs (V)

23
Cinnamon Toast
Crunch Filled Bar (V)

24
Buttery Maple
Snack'n Waffles (V)

25
Ultimate
Breakfast Round (V)

28
Honey Bunches
of Oats (VG)
Honey Graham Crackers
(VG)

29
Turkey Sausage Egg &
Cheese
Breakfast Pocket

30
Egg & Cheese
Stuffed Biscuit

Items Offered Daily:

Choice of Milk: Skim, 1%, Fat Free Chocolate,
Sun Butter & Jelly Sandwich, Fruit