

September 2026

Ropes Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
	1 <i>Breakfast Sandwich OR Strudel & Cheese Fruit, Juice, Milk variety</i>	2 <i>Waffles & Sausage OR Cereal & Toast Fruit, Juice, Milk variety</i>	3 <i>Breakfast Combo Eggs, Potatoes, Toast Or Strudel & Cheese, Juice, Milk variety</i>	4 <i>Donut & Sausage OR Cereal & Toast Fruit Juice, Milk variety</i>
7 <i>School Closed</i>	8 <i>French Toast & Sausage OR Strudel & Cheese Fruit, Juice, Milk variety</i>	9 <i>Power Breakfast Eggs, Biscuit, Gravy, Bacon OR Cereal & Toast, Juice, Milk variety</i>	10 <i>Pancake Wrap & Yogurt OR Strudel & Cheese, Fruit, Juice, Milk variety</i>	11 <i>Cheesy Toast & Sausage, OR Cereal & Toast, Fruit, Juice, Milk variety</i>
14 <i>Waffles & Bacon OR Cereal & Toast, Fruit, Juice, Milk variety</i>	15 <i>Breakfast Sandwich OR Strudel & Toast Fruit, Juice, Milk variety</i>	16 <i>Breakfast Pizza OR Cereal & Toast, Fruit, Juice, Milk variety</i>	17 <i>Breakfast Muffin & Yogurt, Strudel & Cheese, Fruit, Juice, Milk variety</i>	18 <i>Breakfast Burrito OR Cereal & Toast, Fruit, Juice, Milk variety</i>
21 <i>Cinnamon Roll & Bacon, OR Cereal & Toast, Fruit, Juice, Milk variety</i>	22 <i>Cheese Omelet & Toast OR Strudel & Cheese, Fruit, Juice, Milk variety</i>	23 <i>Power Breakfast Eggs, Biscuit, Gravy, Bacon, OR Cereal & Toast, Juice, Milk variety</i>	24 <i>Breakfast Pizza OR Strudel & Cheese, Fruit, Juice, Milk variety</i>	25 <i>French Toast & Sausage OR Cereal & Toast, Fruit, Juice, Milk variety</i>
28 <i>Breakfast Muffin & Yogurt OR Cereal & Toast, Fruit, Juice, Milk variety</i>	29 <i>Breakfast Sandwich OR Strudel & Cheese Fruit, Juice, Milk variety</i>	30 <i>Waffles & Sausage OR Cereal & Toast, Fruit, Juice, Milk variety</i>		



Announcements

*Milk Variety Offered
Daily.*

September 7th No School



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



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Ropes Lunch PK-8th

Monday	Tuesday	Wednesday	Thursday	Friday
	¹ Frito Pie Pinto Beans, Cucumbers,** Apple Slices, Milk variety	² Lasagna, Breadstick, Broccoli & Cauliflower, Marinara Sauce,** Cinnamon Applesauce, Milk variety	³ Boneless Chicken Wings, Fries, Celery, Fresh Carrots,** Mixed Fruit, Sherbet Cup,** Milk variety	⁴ Chicken Spaghetti, Breadsticks, Garden Salad,** Tomatoes, Apple Slices, Milk variety
⁷ <i>School Closed</i>	⁸ Nacho Grande Salsa,** Pinto Beans, Cucumbers,** Orange, Milk variety	⁹ Spaghetti Bowl, Breadsticks, Veggie Cup,** Garden Salad, Fruity Jello, Milk variety	¹⁰ Hamburger Steak, Brown Gravy, Roll, Fresh Broccoli, Corn,** Orange, Milk variety	¹¹ Corn Dog Fries,** Tomato Cup, Fruit Cup, Milk variety
¹⁴ Hot Dog, Fries, Tomato Cup,** Fruit Cup, Milk variety	¹⁵ Tex-Mex Stack Refried Beans, Fresh Carrots, Salsa,** Hot Cinnamon Apples, Milk variety	¹⁶ Chicken Alfredo, Breadsticks, Garden Salad,** California Blend Veggies, Peaches, Milk variety	¹⁷ Popcorn Chicken, Roll, Corn,** Crunchy Broccoli Salad, Apple Slices, Milk variety	¹⁸ Country Fried Steak, Roll, Gravy, Mashed Potatoes, Green Beans,** Strawberries, Milk variety
²¹ BBQ On A Bun, Street Corn,** Cucumbers, Rosy Applesauce, Milk variety	²² Chili Cheese Totchos, Roll, Veggie Cup, Corn,** Strawberries & Bananas, Milk variety	²³ Fish Sticks, Mac & Cheese, Carrot Coins, Squash,** Grapes, Milk variety	²⁴ Hamburger/CB, Tater Tots, Tomato Cup,** Broccoli, Pears, Milk variety	²⁵ Enchiladas, Pinto Beans, Garden Salad,** Salsa,** Pudding,** Orange, Milk variety
²⁸ Chicken Parmesan, Roll, Green Beans, Corn,** Peaches, Milk variety	²⁹ Frito Pie, Pinto Beans, Cucumbers,** Fresh Fruit, Milk variety	³⁰ Pizza Pocket, Broccoli & Cauliflower, Marinara Sauce,** Cinnamon Apples, Milk variety		



Announcements

*Milk Variety
Offered Daily.*

*** Not Offered To
PK*

*September 7th No
School.*



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Ropes Lunch 9th – 12th

Monday	Tuesday	Wednesday	Thursday	Friday
	1 Frito Pie OR Hot Sandwich, Pinto Beans, Cucumbers, Apple Slices, Juice, Milk variety	2 Lasagna, Breadsticks, OR, Pizza, Broccoli & Cauliflower, Marinara Sauce, Cinnamon Applesauce, Juice, Milk variety	3 Boneless Chicken Wings, Fries, OR Tex-Mex, Celery, Fresh Carrots, Mixed Fruit, Juice, Milk variety	4 Chicken Spaghetti, Breadsticks, OR Cheeseburger, Garden Salad, Tomatoes, Apple Slices, Juice, Milk variety
7 <i>School Closed</i>	8 Nacho Grande OR Hot Sandwich, Salsa, Pinto Beans, Cucumbers, Orange, Juice, Milk variety	9 Spaghetti Bowl, Breadsticks, OR Pizza, Fresh Veggie Cup, Garden Salad, Fruity Jello, Juice, Milk variety	10 Hamburger Steak, Brown Gravy, Roll OR Tex-Mex, Fresh Broccoli, Corn, Orange, Juice, Milk variety	11 Corn Dog, OR Cheeseburger, Fries, Tomato Cup, Fruit Cup, Juice, Milk variety
14 Hot Dog, OR Texas Basket Fries, Tomato Cup, Fruit Cup, Juice, Milk variety	15 Tex-Mex Stack, OR Hot Sandwich, Spanish Rice, Refried Beans, Fresh Carrots, Salsa, Cinnamon Apples, Juice, Milk variety	16 Chicken Alfredo, Breadsticks, OR Pizza, Garden Salad, California Blend Veggies, Peaches, Juice, Milk variety	17 Popcorn Chicken, Roll, OR Tex-Mex, Corn, Crunchy Broccoli Salad, Fresh Apple Slices, Juice, Milk variety	18 Country Fried Steak, Gravy, Roll, OR Cheeseburger, Mashed Potatoes, Green Beans, Strawberries, Juice, Milk variety
21 BBQ On A Bun, OR Texas Basket, Street Corn, Cucumbers, Rosy Applesauce, Juice, Milk variety	22 Chili Cheese Totchos, Roll, OR Hot Sandwich, Fresh Veggie Cup, Strawberries & Bananas, Juice, Milk variety	23 Fish Sticks, Mac & Cheese, OR Pizza, Carrot Coins, Squash, Grapes, Juice, Milk variety	24 Hamburger/CB, OR Tex-Mex, Tater Tots, Tomato Cup, Fresh Broccoli, Pears, Juice, Milk variety	25 Enchiladas, OR Cheeseburger, Pinto Beans, Garden Salad, Salsa, Orange, Pudding, Juice, Milk variety
28 Chicken Parmesan, Roll OR Texas Basket, Green Beans, Corn, Peaches, Juice, Milk variety	29 Frito Pie, OR Hot Sandwich, Pinto Beans, Cucumbers, Apple Slices, Juice, Milk variety	30 Lasagna Breadsticks, OR Pizza, Broccoli & Cauliflower, Marinara Sauce, Cinnamon Apples, Juice, Milk variety		



Milk variety offered daily.

½ Cup Of Juice Offered Daily For Additional Fruit.

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