



# PELICAN PRIDE

September 2026

[www.wearescpps.org/mimosa](http://www.wearescpps.org/mimosa)

[twitter.com/MPE\\_Pelicans](https://twitter.com/MPE_Pelicans)

Angi Butler/Principal

Gina Burst/Assistant Principal

Kandyce Simoneaux/Assistant Principal

## Principal's Message

Dear Pelican Families,

It was wonderful to welcome all of our MPE families back for another exciting school year! Seeing our students walk through the doors on the first day with such big smiles was a wonderful reminder of why we love what we do. We are excited about the year ahead and ready to build on our successes while implementing new plans to increase student achievement.

Our teachers and support staff are committed to providing every student with high-quality instruction that builds a strong foundation for future academic success. We are extremely proud of our instructional programs, our safe and positive school environment, and the tremendous progress our Mimosa Park students continue to demonstrate.

At MPE, we believe in setting high expectations for every student and striving to make **GOOD..GREAT!** Achieving excellence in academics and classroom behavior is a shared responsibility that requires a strong partnership among students, teachers, staff and families. With this in mind, we will continue to focus on strengthening teaching and learning through rigorous standards in literacy and mathematics and through the effective implementation of our core curriculum.

Over the next several weeks, our grade-level teams will also implement targeted interventions designed to meet the individual needs of our students. Through our core curriculum and intervention model, we are confident that every student will receive the support, challenge and opportunities needed to grow and succeed. Thank you for partnering with us as we work to meet the needs of every learner.

Your child's safety remains our highest priority. Please make sure that your contact information is current so that we can reach you quickly in the event of an emergency. We also encourage you to stay informed about our school's goals and direction and to work alongside us as partners in your child's education.

Your involvement at Mimosa Park Elementary is welcomed and encouraged! If you did not have an opportunity to sign up for our PTO during Open House but would like to join this wonderful organization, please email [mimosaparkpto@yahoo.com](mailto:mimosaparkpto@yahoo.com) for more information.

Ongoing, open communication between our school, students and families is an important part of a successful school year. Please feel free to call, email or schedule an in-person conference whenever you have questions, concerns, or would simply like to connect with your child's teacher or our school team.

When we combine our dedicated, high-quality educators with supportive and engaged families, we create an environment where every child can thrive. Together, we can make this a rewarding and successful year and help each of our students reach their full potential.

As always, thank you for your continued support, encouragement and partnership. We are looking forward to an amazing school year filled with learning, growth and success!

Sincerely,  
Angi Butler  
Principal  
Mimosa Park Elementary



## Transportation Reminders

### IN THE MORNING:

Student drop off is from 8:30 a.m. until 8:40 a.m. Please do not drop off students unattended before this time. Also, do not drive around vehicles who are dropping off children. Parents arriving with students after 8:40 a.m. must report to the office to sign in their child.

### BUS RIDERS:

Thank you for your patience as we continue to work with Transportation in solving any bus concerns. Please continue to share any transportation concerns with

Transportation at 785-7206. Please be patient as we try to accommodate your children and get them home in a timely fashion. Please make sure someone is home when the school bus arrives in the afternoon. Thank you in advance for your cooperation. As always, your child's safety is our #1 priority.

### MPE CAR RIDER PICK-UP:

Please note the following procedures are in place for the safety & security of all children:

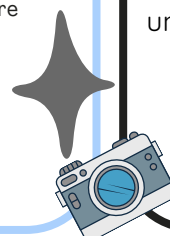
- All Car Riders are called at dismissal time.
- Once Car Riders have been called, the gate will be opened for parents/guardians to pick up their children. Please line up according to child's last name.
- Only after the parent/guardian presents a driver's license or a picture ID and signs the child out, will the child be released to him/her. The person picking up must be listed on the child's Student Profile Sheet/Emergency Card.

Thank you for cooperating with our procedures so that all students may arrive home safely.

## School photos will be taken Thursday, August 3, 2026

All students must be dressed in school uniform. Online orders are now open.  
School Code MPESD26

Paper packets will be sent home  
Monday, 8/31.







# MPE LIBRARY

## Newsletter



**SEPTEMBER 2026**

**MRS. N. CAMPO - LIBRARIAN**

### Reading Program

We are blooming with books at MPE! Our reading program began on Monday, August 31. Students received their reading log and reading program information letter. Please keep the reading log in the back pocket of the blue home/school communication folder.

Students will color a book for each book or chapter of a book that is read on their reading log. As logs are completed, please turn them in to receive another one. Students will earn one prize for each log turned in!

### Library Book Recommendations

Is there a book, a book series, or a specific topic of books that you and your family would like to recommend for our library? If so, please scan the QR code to submit!

Please note: All books that are recommended are not guaranteed to be purchased.



SCAN ME

### Book Checkout

Students will borrow the library book(s) for one week, and return it on his/her library day for another book(s). Pre-K, Kindergarten and first grade students will check out one book, and second graders will check out two books. Don't forget to return books in your library book bag (Pre-K, K, and 1<sup>st</sup> grades).

Students who do not return their book on their library day will receive a "ticket" (a paper reminder to bring the library book back to school).

### Upcoming Events

- Sept. 21 - Mystery Readers begin!
- Sept. 30 - Sept. logs due
- Oct. 5-9 - Prize Week
- Oct. 19-27 - Book Fair
- Oct. 30 - Oct. logs due

### Contact Info

Email: [ncampo@wearescpss.org](mailto:ncampo@wearescpss.org)

Phone: (985) 785-8266





# September

## Counselor's Corner

### Classroom Lessons

In August, students learned about responsibility and what it means to be someone others can count on. Through classroom lessons and fun activities, students explored ways to make good choices, take care of their belongings, and be responsible for their words and actions. We encouraged students to remember that even small responsible choices can make a big difference at school and at home!

At Mimosa Park Elementary, our counseling program has a shared responsibility to support the social and emotional needs of all students to become productive global citizens. We embrace the diversity of our children by providing a safe, respectful, and nurturing environment.

In September, students will be learning all about feelings and coping skills! Through fun, age-appropriate lessons and activities, we will help students recognize and name their feelings, understand that all feelings are okay, and learn healthy ways to manage big emotions. Students will practice coping strategies they can use at school and at home to help them feel calm, safe, and ready to learn.

Contact us at:  
[lgonzales3@wearescpss.org](mailto:lgonzales3@wearescpss.org)  
[ccarrier@wearescpss.org](mailto:ccarrier@wearescpss.org)



# Nurse's Notes



## Flu Information



# Flu:

## A Guide for Parents



Influenza (flu) is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and lungs. Flu is different from a cold and usually comes on suddenly. Each year flu causes millions of illnesses, hundreds of thousands of hospitalizations, and tens of thousands of deaths in the United States.

Flu can be very dangerous for children. CDC estimates that between 2010 - 2020, between 6,000 and 27,000 children younger than 5 years old have been hospitalized from flu each year in the U.S. Flu vaccine is safe and helps protect children from flu.

## What parents should know

### How serious is flu?

While flu illness can vary from mild to severe, children often need medical care because of flu. Children younger than 5 years old and children of any age with certain long-term health problems are at increased risk of flu complications like pneumonia, bronchitis, sinus and ear infections. Some health problems that are known to make children more vulnerable to flu include asthma, diabetes and disorders of the brain or nervous system.

### How does flu spread?

Flu viruses are thought to spread mainly by droplets made when someone with flu coughs, sneezes or talks. These droplets can land in the mouths or noses of people nearby. A person also can get flu by touching something that has flu virus on it and then touching their mouth, eyes, or nose.

### What are flu symptoms?

Flu symptoms can include fever, cough, sore throat, runny or stuffy nose, body aches, headache, chills, feeling tired and sometimes vomiting and diarrhea (more common in children than adults). Some people with flu will not have a fever.

## Protect your child

### How can I protect my child from flu?

The first and best way to protect against flu is to get a yearly flu vaccine for yourself and your child.

- Flu vaccination is recommended for everyone 6 months and older every year. Flu shots and nasal spray flu vaccines are both options for most children.
- It's especially important that young children and children with certain long-term health problems get vaccinated.
- Caregivers of children at higher risk of flu complications should get a flu vaccine. (Babies younger than 6 months are at higher risk for serious flu complications, but too young to get a flu vaccine.)
- Pregnant people should get a flu vaccine to protect themselves and their baby from flu. Research shows that flu vaccination during pregnancy can protect the baby from flu for several months after birth.
- Flu viruses are constantly changing so flu vaccines are updated often to protect against the flu viruses that research indicates are most likely to cause illness during the upcoming flu season.

### Are flu vaccines safe?

Flu vaccines have an excellent safety record. Millions of people have safely received flu vaccines for decades. Flu shots and nasal spray flu vaccines are both options for vaccination. Different types of flu vaccines are licensed for different ages. Each person should get one that is appropriate for their age. CDC and the American Academy of Pediatrics recommend an annual flu vaccine for all children 6 months and older.

### What are the benefits of getting a flu vaccine?

- **A flu vaccine can keep you and your child from getting sick.** When vaccine viruses and circulating viruses are matched, flu vaccination has been shown to reduce risk of getting sick with flu by about 40 to 60%.
- **Flu vaccines can keep your child from being hospitalized for flu in the pediatric intensive care unit.** One recent study showed that flu vaccine reduced children's risk of flu-related pediatric intensive care unit admission by 74%.
- **Flu vaccine can be life saving in children.**

A study using data from recent flu seasons found that flu vaccine reduced the risk of flu-associated death by half among children with higher risk medical conditions





# Nurse's Notes



and by nearly two-thirds among children without medical conditions.

- Flu vaccination also may make your illness milder if you do get sick.
- Getting yourself and your child vaccinated also can protect others who may be more vulnerable to serious flu illness, like babies and young children, older people, and people with certain long-term health problems.

## What are some other ways I can protect my child against flu?

In addition to getting a flu vaccine, you and your child should take everyday actions to help prevent the spread of germs.

Stay away from people who are sick as much as possible to keep from getting sick yourself. If you or your child are sick, avoid others as much as possible to keep from infecting them. Also, remember to regularly cover your coughs and sneezes, wash your hands often, avoid touching your eyes, nose and mouth, and clean surfaces that may be contaminated with flu viruses. These everyday actions can help reduce your chances of getting sick and prevent the spread of germs to others if you are sick. However, a yearly flu vaccine is the best way to prevent flu illness.

## If your child is sick

### What can I do if my child gets sick?

Talk to your doctor early if you are worried about your child's illness.

Make sure your child gets plenty of rest and drinks enough fluids.

If your child is 5 years or older and does not have a long-term health problems and gets flu symptoms, including a fever and/or cough, consult your doctor as needed.

Children younger than 5 years old – especially those younger than 2 years – and children of any age with certain long-term health problems (including asthma or any lung disease, heart disease, diabetes and disorders of the brain or nervous system), are at higher risk of serious flu complications. Because children at higher risk of serious flu complications can benefit from early antiviral treatment of flu, parents of such children should contact their child's doctor if they develop flu symptoms.

### What if my child seems very sick?

Even healthy children can get very sick from flu. If your child is experiencing the following emergency warning signs, you should go to the emergency room:

- Fast breathing or trouble breathing
- Bluish lips or face
- Ribs pulling in with each breath
- Chest pain

- Severe muscle pain (child refuses to walk)
- Dehydration (no urine for 8 hours, dry mouth, no tears when crying)
- Not alert or interacting when awake
- Seizures
- Fever above 104°F
- In children less than 12 weeks, any fever
- Fever or cough that improve but then return or worsen
- Worsening of chronic medical conditions



This list is not all inclusive. Please consult your medical provider for any other symptom that is severe or concerning.

## Is there a medicine to treat flu?

Yes. Antiviral drugs are prescription medicines that can be used to treat flu illness. They can shorten your illness and make it milder, and they can prevent serious complications that could result in a hospital stay. Antivirals work best when started during the first two days of illness. Antiviral drugs are recommended to treat flu in people who are very sick (for example, people who are in the hospital) or people who are at higher risk of serious flu complications who get flu symptoms. Antivirals can be given to most children and pregnant people.

## How long can a sick person spread flu to others?

People with flu may be able to infect others from one day before getting sick to up to five to seven days after. Severely ill people or young children may be able to spread the flu longer, especially if they still have symptoms.

## Can my child go to school, day care, or camp if he or she is sick?

No. Your child should stay home to rest and to avoid spreading flu to other children or caregivers.

## When can my child go back to school after having flu?

Keep your child home from school, day care, or camp for at least 24 hours after their fever is gone. (The fever should be gone without the use of a fever-reducing medicine.) A fever is defined as 100°F (37.8°C)\* or higher.

\*Many authorities use either 100 (37.8 degrees Celsius) or 100.4 F (38.0 degrees Celsius) as a cut-off for fever, but this number can vary depending on factors such as the method of measurement and the age of the person.

For more information, visit

[www.cdc.gov/flu/protect/children.htm](http://www.cdc.gov/flu/protect/children.htm) or call 800-CDC-INFO



U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention



# Nurse's Notes



## Información sobre la influenza



# La influenza:

## una guía para los padres



### ¿Qué es la influenza?

La influenza (también conocida como gripe) es una enfermedad respiratoria contagiosa causada por los virus de la influenza, que infectan la nariz, la garganta y los pulmones. La influenza es diferente a un resfriado y generalmente se presenta de manera repentina. Cada año, los virus de la influenza hacen que millones de personas se enfermen y cientos de miles sean hospitalizadas, y causan miles —o decenas de miles— de muertes en los Estados Unidos.

La influenza puede ser muy peligrosa para los niños. Los CDC estiman que se ha hospitalizado a entre 6000 y 26 000 niños menores de 5 años por la influenza cada año en los Estados Unidos. La vacuna contra la influenza es segura y ayuda a proteger a los niños contra la enfermedad.

### Lo que deben saber los padres

#### ¿Qué tan grave es la influenza?

Aunque la enfermedad de la influenza puede variar entre leve y grave, es frecuente que los niños necesiten atención médica. Los niños menores de 5 años y los de cualquier edad con ciertos problemas de salud de largo plazo tienen alto riesgo de presentar complicaciones por la influenza como neumonía, bronquitis e infecciones de oído o infecciones sinusales. Algunos de los problemas de salud que se sabe que hacen que los niños sean más vulnerables a la influenza incluyen el asma, la diabetes y los trastornos del cerebro o del sistema nervioso.

#### ¿Cómo se propaga la influenza?

Se cree que los virus de la influenza se propagan principalmente a través de las gotitas que se forman cuando una persona con la enfermedad tose, estornuda o habla. Estas gotitas pueden llegar a la boca o la nariz de las personas que estén cerca. Una persona también puede contraer la influenza al tocar algo que tenga el virus y luego tocarse los ojos, la nariz o la boca.

#### ¿Cuáles son los síntomas de la influenza?

Los síntomas de la influenza pueden incluir fiebre, tos, dolor de garganta, moqueo o congestión nasal, dolores en el cuerpo, dolor de cabeza, escalofríos, cansancio y, en algunos casos, vómitos y diarrea (más frecuentes en los niños que en los adultos). Algunas personas con influenza no presentan fiebre.



### Proteja a su hijo

#### ¿Cómo puedo proteger a mi hijo de la influenza?

La primera y mejor manera de protegerse contra la influenza es ponerse la vacuna anual contra la influenza y ponérsela a su hijo.

- La vacunación contra la influenza se recomienda para todas las personas de 6 meses en adelante todos los años. Tanto la vacuna

inyectable como la vacuna en atomizador nasal existen como opción para la vacunación contra la influenza.

- Es particularmente importante que se vacunen los niños pequeños y los que tengan ciertos problemas de salud de largo plazo.
- También se deben vacunar las personas que cuiden a niños que estén en alto riesgo de presentar complicaciones por esta enfermedad. (Los bebés con menos de 6 meses de edad tienen un alto riesgo de presentar complicaciones graves, pero son demasiado pequeños para ser vacunados contra la influenza).
- Las mujeres embarazadas también deben vacunarse para protegerse y proteger al bebé. Las investigaciones han mostrado que la vacunación contra la influenza protege al bebé durante varios meses después de que nace.
- Los virus de la influenza cambian constantemente, por lo tanto, las vacunas son actualizadas para que protejan contra los virus que, según indiquen las investigaciones, tengan mayores probabilidades de causar la enfermedad durante la siguiente temporada de influenza.

#### ¿Son seguras las vacunas contra la influenza?

Las vacunas contra la influenza se hacen usando estrictas medidas de seguridad y producción. Millones de personas las han recibido de forma segura durante décadas. Tanto la vacuna inyectable como la vacuna en atomizador nasal existen como opción para la vacunación. Diferentes tipos de vacunas contra la influenza están autorizadas para diferentes edades. Cada persona debe ponerse la vacuna que sea adecuada para su edad. Los CDC y la Academia Estadounidense de Pediatría recomiendan que todos los niños de 6 meses de edad en adelante reciban una vacuna anual contra la influenza.

#### ¿Cuáles son los beneficios de recibir una vacuna contra la influenza?

- La vacunación contra la influenza puede prevenir que usted y su hijo se enfermen. Cuando los virus de la vacuna coinciden con los que están circulando, la vacunación ha mostrado reducir en aproximadamente la mitad el riesgo de enfermarse.
- Las vacunas contra la influenza pueden prevenir que su hijo sea hospitalizado por esta enfermedad. Un estudio reciente mostró que la vacunación redujo en un 74 % el riesgo de hospitalizaciones de niños en la unidad de cuidados intensivos pediátricos relacionadas con la influenza.
- La vacunación contra la influenza puede prevenir que su hijo muera por esta enfermedad. En un estudio en el que se usaron los datos de temporadas de influenza recientes se halló que en los niños con afecciones de alto riesgo la vacuna redujo en la mitad el riesgo de muerte asociada a la influenza y que en aquellos sin afecciones lo redujo en casi dos tercios.
- En caso de contraer la influenza, la vacunación también puede hacer que la enfermedad sea más leve.



# Nurse's Notes



- Si usted y su hijo se vacunan, también pueden proteger a otras personas que quizás sean más vulnerables a enfermarse gravemente, como los bebés y niños pequeños, las personas mayores y las personas que tengan ciertos problemas de salud de largo plazo.

## ¿De qué otras maneras puedo proteger a mi hijo contra la influenza?

Además de ponerse una vacuna contra la influenza, usted y su hijo deben tomar medidas cotidianas para ayudar a prevenir la propagación de los microbios.

Dentro de lo posible, manténganse alejados de las personas que estén enfermas para evitar enfermarse. Si usted o su hijo están enfermos, eviten estar con otras personas lo más posible para no contagiarlos. Además, recuerden cubrirse la nariz y la boca cuando tosan o estornuden, lavarse las manos frecuentemente, limpiar las superficies que puedan estar contaminadas con virus de la influenza y evitar tocarse los ojos, la nariz y la boca. Estas medidas cotidianas pueden ayudar a reducir sus probabilidades de enfermarse y prevenir la propagación de microbios a otras personas. Sin embargo, la vacunación anual contra la influenza es la mejor forma de prevenir esta enfermedad.

## Si su hijo está enfermo

### ¿Qué puedo hacer si mi hijo se enferma?

Hable con el médico pronto si le preocupa la enfermedad de su hijo.

Asegúrese de que descanse mucho y tome suficientes líquidos. Si su hijo tiene 5 años o más y no tiene problemas de salud de largo plazo, pero presenta síntomas de influenza (como fiebre o tos) consulte con su médico según sea necesario.

Los niños menores de 5 —especialmente los que tienen menos de 2 años— y los que tienen ciertos problemas de salud de largo plazo (como asma, diabetes, o trastornos del cerebro o del sistema nervioso) están en alto riesgo de presentar complicaciones graves relacionadas con la influenza. Llame o lleve a su hijo al médico de inmediato si el niño tiene síntomas de influenza.

### ¿Qué debo hacer si mi hijo parece estar muy enfermo?

Incluso los niños sanos pueden enfermarse gravemente por la influenza. Si su hijo tiene alguna de las siguientes señales de advertencia que indiquen que se trata de una emergencia debe llevarlo a la sala de emergencias:

- Respiración rápida o dificultad para respirar
- Coloración azulada o grisácea de la piel
- No tomar suficientes líquidos (no ir al baño o no orinar en cantidades normales)
- Vómitos intensos o persistentes
- No despertar o no interactuar
- Estar tan molesto que no quiere que lo tengan en brazos
- Síntomas de influenza que mejoraron, pero que luego regresaron con fiebre y una tos peor
- Fiebre con sarpullido

## ¿Hay algún medicamento para tratar la influenza?

Sí. Los antivirales son medicamentos recetados que se pueden usar para tratar la influenza. Pueden reducir la duración de la enfermedad y hacerla más leve. También pueden prevenir las complicaciones graves que podrían llevar a una hospitalización. Los medicamentos antivirales son más eficaces si se comienza a tomarlos en los primeros 2 días de la enfermedad. Los medicamentos antivirales se recomiendan para tratar la influenza en las personas muy enfermas (por ejemplo, las personas que están en el hospital) o que tengan alto riesgo de presentar complicaciones graves. Los medicamentos antivirales pueden darse a los niños y a las mujeres embarazadas.



## ¿Por cuánto tiempo puede una persona enferma transmitir la influenza a otras personas?

Las personas que tengan influenza pueden infectar a los demás desde 1 día antes de enfermarse hasta 5 a 7 días después. Las personas que estén muy enfermas y los niños pequeños podrían transmitirla durante más tiempo, especialmente si todavía tienen síntomas.

## ¿Mi hijo puede ir a la escuela, la guardería o el campamento si está enfermo?

No. Su hijo debe quedarse en casa para descansar y evitar contagiarles la influenza a los otros niños y a las personas que lo cuiden.

## ¿Cuándo puede regresar mi hijo a la escuela después de haber tenido la influenza?

Mantenga a su hijo en casa y espere al menos 24 horas después de que ya no tenga fiebre para llevarlo a la escuela, la guardería o el campamento. (La fiebre debe haber desaparecido sola, sin el uso de medicamentos que reduzcan la fiebre). La fiebre se define como una temperatura de 100 °F (37.8 °C) o mayor.

**Para obtener más información, visite**  
**[espanol.cdc.gov/enes/flu](http://espanol.cdc.gov/enes/flu)**  
**o llame al 800-CDC-INFO**



**U.S. Department of  
Health and Human Services  
Centers for Disease  
Control and Prevention**



## HEAT-RELATED ILLNESSES

### WHAT TO LOOK FOR

### WHAT TO DO

#### HEAT STROKE

- High body temperature (103°F or higher)
- Hot, red, dry, or damp skin
- Fast, strong pulse
- Headache
- Dizziness
- Nausea
- Confusion
- Losing consciousness (passing out)
- Call 911 right away-heat stroke is a medical emergency
- Move the person to a cooler place
- Help lower the person's temperature with cool cloths or a cool bath
- Do not give the person anything to drink

#### HEAT EXHAUSTION

- Heavy sweating
- Cold, pale, and clammy skin
- Fast, weak pulse
- Nausea or vomiting
- Muscle cramps
- Tiredness or weakness
- Dizziness
- Headache
- Fainting (passing out)
- Move to a cool place
- Loosen your clothes
- Put cool, wet cloths on your body or take a cool bath
- Sip water
- Get medical help right away if:
  - You are throwing up
  - Your symptoms get worse
  - Your symptoms last longer than 1 hour

#### HEAT CRAMPS

- Heavy sweating during intense exercise
- Muscle pain or spasms
- Stop physical activity and move to a cool place
- Drink water or a sports drink
- Wait for cramps to go away before you do any more physical activity
- Get medical help right away if:
  - Cramps last longer than 1 hour
  - You're on a low-sodium diet
  - You have heart problems

#### SUNBURN

- Painful, red, and warm skin
- Blisters on the skin
- Stay out of the sun until your sunburn heals
- Put cool cloths on sunburned areas or take a cool bath
- Put moisturizing lotion on sunburned areas
- Do not break blisters

#### HEAT RASH

- Red clusters of small blisters that look like pimples on the skin (usually on the neck, chest, groin, or in elbow creases)
- Stay in a cool, dry place
- Keep the rash dry
- Use powder (like baby powder) to soothe the rash



## WE NEED UNIFORMS!

MPE is in need of uniform donations! If your child has grown out of their uniforms, please consider donating them to MPE!



We are specifically in need of boys pants and shorts- all sizes!

If you forgot to order last year's yearbook- you are in luck! We have a limited amount of extra yearbooks from the 2025-2026 school year. If you would like to purchase one, please send \$23 cash or check in a labeled envelope.



## BITS OF INFORMATION

- **Student sign out procedure:** Any adult checking out a student must have a photo ID and must also be listed on the child's emergency card.
- **Any note** or money sent to school for any reason must have the child's name and teacher's name legibly written on it.
- **Dismissal Changes:** Must be written on a **full sheet of paper**. Please add the address of your child's drop-off. No changes will be taken by phone. All notes must be received **BEFORE 2:30PM**. No child will be pulled off of a bus once they have boarded the bus. Dismissal change notes can be sent to school with your child, or emailed to **mimosa1@weareSCPPS.org**. If you email your dismissal change, you will receive an email confirmation. Please do not email changes to the secretary, principal or the teacher.
- **Perfect Attendance:** Any student missing any amount of time from school must have either a parent or a doctor's note in order for that tardy/leave early or absence to be excused. Any amount of time absent from school exempts the student from perfect attendance, regardless if it is excused or not. Students missing more than 10 days of school could possibly be retained. Students with 5 or more unexcused absences, tardies or early exits in a semester are considered truant. Two parent notes can be accepted each 9 weeks. Doctor's notes must be in the original form.



# ATTENDANCE AWARENESS MONTH



**YOUR PRESENCE MATTERS:  
EVERY DAY, EVERY CLASS,  
EVERY OPPORTUNITY!**

## CHRONIC ABSENTEEISM

Research suggests that students who are chronically absent (miss at least 10% of school days) are 4x less likely to graduate from high school.

## HEALTHY HABITS

Developing a routine to maintain regular attendance at school is beneficial for gaining confidence, supporting learning, and building relationships.

## RESOURCES

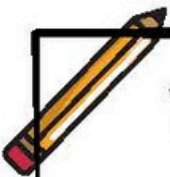
Schools provide access to valuable resources for students such as meals, mental health supports, sports, clubs and more.

**YOU BELONG HERE!**





# ATTENDANCE AWARENESS MONTH



**YOUR PRESENCE MATTERS:  
EVERY DAY, EVERY CLASS,  
EVERY OPPORTUNITY!**

**STUDENTS WHO DO NOT HAVE ANY  
UNEXCUSED ABSENCES FOR THE  
MONTH OF SEPTEMBER WILL  
RECIEVE A DRESS DOWN DAY!**





# MES DE CONCIENTIZACIÓN SOBRE LA ASISTENCIA



**TU PRESENCIA IMPORTA:  
CADA DÍA, CADA CLASE,  
CADA OPORTUNIDAD!**

## AUSENTISMO CRÓNICO

Las investigaciones sugieren que los estudiantes con ausentismo crónico (que faltan al menos al 10 % de los días escolares) tienen cuatro veces menos probabilidades de graduarse de la escuela secundaria.

## HÁBITOS SALUDABLES

Establecer una rutina para mantener una asistencia regular a la escuela es beneficioso para ganar confianza, apoyar el aprendizaje y construir relaciones.

## RECURSOS

Las escuelas brindan a los estudiantes acceso a recursos valiosos, tales como comidas, apoyo de salud mental, deportes, clubes y más.

**AQUÍ PERTENECE!**





# MES DE CONCIENTIZACIÓN SOBRE LA ASISTENCIA



**TU PRESENCIA IMPORTA:  
CADA DÍA, CADA CLASE,  
CADA OPORTUNIDAD!**

**LOS ESTUDIANTES QUE NO TENGAN NINGUNA  
AUSENCIA INJUSTIFICADA DURANTE EL MES DE  
SEPTIEMBRE TENDRÁN UN DÍA DE ROPA INFORMAL!**





# Mimosa Park Elementary PTO News

We're excited to be settling into a great **2026-2027 school year at MPE!** September is a busy month for PTO and we're looking forward to another year of supporting our students, teachers, and school community.

**Join MPE PTO!** Our annual **PTO Membership drive** is happening now! Joining PTO does **not** require you to attend meetings or volunteer. It's simply an easy way to support MPE while staying connected to PTO news, events, and volunteer opportunities throughout the year. Membership is just **\$5 per person**. Simply return your completed membership form and payment in an envelope labeled **PTO**. Need another form? Message us on Facebook or email [mimosaparkpto@yahoo.com](mailto:mimosaparkpto@yahoo.com).

Our membership drive **ends Friday, September 25<sup>th</sup>** and we have a little extra fun planned for our members!  
**Member Raffles:** Every PTO member will be entered to win either a **\$50 Walmart gift card** or **\$50 Amazon gift card!**  
**Classroom Challenge:** The class in each **grade level** with the highest percentage of PTO members will earn a **pizza party!**

Remember- **ANYONE can join MPE PTO!** Parents, grandparents, aunts, uncles, and other family members are all welcome. The more Pelican supporters, the better!

## Papa John's Pizza Day

Give yourself a night off from cooking while supporting MPE! Our first **Papa John's Pizza Day** of the year will be **Wednesday, September 16<sup>th</sup>**. Order Papa John's anytime that day and use code **RAISEFUNDS** at checkout. **20% of qualifying orders will be donated back to MPE!** Dinner taken care of AND money raised for our school=a win for everyone!

## Easy Ways to Support MPE

We'll once again be collecting **Box Tops for Education and Community Coffee labels** throughout the school year.  
**Box Tops:** Download the Box Tops app and scan your grocery receipts to earn money for MPE. You can also connect Box Tops directly to your Walmart account, making it easier to earn without remembering to scan your receipt.  
**Community Coffee:** Save your eligible Community Coffee labels and send them to school for PTO to collect.  
Every membership, pizza order, Box Top and Community Coffee label adds up. **Thank you for helping PTO continue to support our Pelicans!**



Don't forget to Like us on Facebook! We can be found at  
[www.facebook.com/MimosaParkElementaryPTO](https://www.facebook.com/MimosaParkElementaryPTO) or by scanning this QR code!



Pre-K is off to a  
great start!





Hurricane season officially starts June 1st and lasts until November 30th. Hurricanes can sometimes spawn tornadoes. If you live in a hurricane prone area, make sure you know where all of the evacuation routes are. Always listen to the radio and television for the latest information and instructions for your area.

A **HURRICANE WATCH** issued for your part of the coast indicates the possibility that you could experience hurricane conditions within 36 hours. This WATCH should trigger your family's disaster plan, and protective measures should be initiated. Especially, those actions that require extra time such as securing a boat and leaving a barrier island.

A **HURRICANE WARNING** issued for your part of the coast indicates that sustained winds of at least 74 mph are expected within 24 hours. Once this WARNING has been issued, your family should be in the process of completing protective actions and deciding the safest location to be during the storm.

### Before a Hurricane:

- Have a disaster plan.
  - Have a pet plan, Before a storm threatens, contact your veterinarian or local humane society for information on preparing your pets for an emergency.
  - Board up windows.
  - Bring in outdoor objects that could blow away.
  - Make sure you know which county or parish you live in.
  - Know where all the evacuation routes are.
  - Prepare a disaster supplies kit for your home and car. Have enough food and water for at least 3 days. Include a first aid kit, canned food and a can opener, bottled water, battery-operated radio, flashlight, protective clothing and written instructions on how to turn off electricity, gas, and water.
  - Have a weather radio handy with plenty of batteries, so you can listen to storm advisories.
  - Have some cash handy. Following a hurricane, banks and ATMs may be temporarily closed.
  - Make sure your car is filled with gasoline.
- 

### During a Hurricane:

- Stay away from low-lying and flood prone areas.
  - Always stay indoors during a hurricane, because strong winds will blow things around.
  - Leave mobile homes and go to a shelter.
  - If your home isn't on higher ground, go to a shelter.
  - If emergency managers say to evacuate, then do so immediately.
- 

### After a Hurricane:

- Stay indoors until it is safe to come out.
  - Check for injured or trapped people, without putting yourself in danger.
  - Watch out for flooding which can happen even after a hurricane.
  - Do not attempt to drive in flood water.
  - Stay away from standing water. It may be electrically charged from underground or downed power lines.
  - Don't drink tap water until officials say it's safe to do so.
- 



## Excited about Enrichment September 2026



|                           |                                                                                                                                                                                                                                                                                                                                                                                           |
|---------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| P.E. with Mr. Paradise    | The last few weeks in P.E. we have been learning about each other and how we will be working as a team. We are learning the principles of teamwork with the ultimate goal of creating a group of students that work with, care for, and help each other. During P.E. time we have also been discussing our rules, procedures and our personal hopes and dreams for P.E. this school year. |
| Art with Mrs. Matherne    | My name is Mrs. Matherne and I want to welcome you to art. We will be talking about our art rules and procedures for the art room. We will also be doing an art I spy hunt to explore some new art tools in our classroom. I can't wait to start our creative art journey.                                                                                                                |
| Music with Mrs. Pepperman | Welcome back everyone! My name is Mrs. Pepperman, and I am very excited to be your music teacher this year. This month, our young musicians will continue learning music room routines and experiencing music in various ways -such as listening, singing, and keeping the beat. I'm looking forward to a great year!                                                                     |



### IMPORTANT DATES!!

Monday, September 7<sup>th</sup>-  
Labor Day Holiday  
Schools Closed

Wednesday, September 16<sup>th</sup>-  
Professional Learning Day-  
No School for Students

Monday, September 14<sup>th</sup>-  
First Week for Visitor  
Lunches (be on the lookout  
for more information!)

### TAKE NOTE!



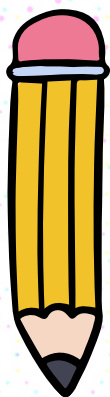
No student will be allowed to return to class once they have left for the day. Please do not bring students back to school to get books, homework or any other forgotten items. Children are reminded repeatedly throughout the day to pack needed items. By the end of September, children should assume responsibility for getting things home. NO EXCEPTIONS!



# hello kinder garten



It has been a very busy first few weeks in Kindergarten! On our first day of school, we took a tour of our new school trying to find Pete the Cat! We had time to explore math tubs, learned how to use our crayons, scissors, and glue, and even got to try out our new playground! Enrichment time is always an exciting time of our day! P.E., Music, Library, Counseling and Art have been so much fun! Our Kindergarteners have been working hard learning new rules and procedures. We have been practicing walking in the halls, sitting at our tables, on the rug and even the lunch table. The cafeteria staff have been preparing delicious food for us everyday. We have learned how to play safely on the playground as well as what to do for a fire drill. There is still so much for us to learn and do this year! Kindergarten is going to be a blast!





# THE 7 MINDSETS

The 7 Mindsets is a mindset-based learning solution that helps young people develop the beliefs, habits, and life skills needed to thrive in school, relationships, and beyond. Built on decades of research into the habits of happy, accomplished people, it offers a proven path to academic achievement, strong relationships, and resilience. Over years of real-world use it has been refined to help unlock each student's potential.

The 7 Mindsets:

## 1. Everything is Possible

Inspires hope. Dream big, embrace creativity, stay positive, and grow from mistakes.

## 2. Passion First

Ignites purpose. Lead with your strengths, interests, values, and aspirations.

## 3. We are Connected

Strengthens belonging. Embrace everyone and build meaningful relationships.

## 4. 100% Accountable

Builds self-belief. Own your choices, your effort, and every outcome.

## 5. Attitude of Gratitude

Develops thankfulness. Appreciate your gifts and find the good in every moment.

## 6. Live to Give

Instills significance. Serve others and make a positive impact on the world.

## 7. The Time is Now

Sparks engagement. Take initiative and act purposefully toward your goals.



| Sun                                                   | Mon                                     | Tues                                             | Wed                                                                                    | Thurs                                                                                           | Fri                                   | Sat |
|-------------------------------------------------------|-----------------------------------------|--------------------------------------------------|----------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------|---------------------------------------|-----|
|                                                       |                                         | 1<br>1 <sup>st</sup> Grade<br>Numeracy Screening | 2<br>Kindergarten<br>Numeracy Screening                                                | 3<br>Individual<br>School Pictures<br>*Must be in uniform<br>Kindergarten<br>Numeracy Screening | 4<br>Numeracy Make-ups                | 5   |
| 6<br>QI Progress<br>Reports go<br>home this week<br>➔ | 7<br>Labor Day<br>Schools<br>closed     | 8<br>Numeracy Make-ups                           | 9                                                                                      | 10                                                                                              | 11                                    | 12  |
| 13<br>Pre-K<br>Lunch Visitors<br>➔                    | 14<br>FUN RUN<br>REGISTRATION<br>BEGINS | 15                                               | 16<br>No School for<br>Students<br>Professional<br>Development<br>Papa John's<br>Night | 17                                                                                              | 18<br>Community<br>Morning<br>Meeting | 19  |
| 20<br>Kindergarten<br>Lunch Visitors<br>➔             | 21<br>Playgroup<br>10-11                | 22                                               | 23                                                                                     | 24                                                                                              | 25<br>PTO Fun Run<br>Presentation     | 26  |
| 27<br>1 <sup>st</sup> Grade<br>Lunch Visitors<br>➔    | 28<br>FUN RUN<br>FUNDRAISER<br>KICKOFF  | 29                                               | 30<br>September<br>reading logs due                                                    |                                                                                                 |                                       |     |

SEPTEMBER 2026



# September 2026 Elementary St. Charles Parish Public Schools

This institution is an equal opportunity provider.  
Menus are subject to change.



## Students who eat School Breakfast:

1. Participate in class
2. Remember more of what they learn
3. Have healthier body weights
4. Are more alert
5. Have higher test scores
6. Make healthier food choices throughout the day
7. Have better concentration

**BREAKFAST IS BRAIN POWER**



| Tuesday, September 1                                                                                             | Weds, September 2                                                                                                    | Thursday, September 3                                                                                            | Friday, September 4                                                                                     |
|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Chicken Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>French Toast Sticks<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Sausage Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Waffle<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice |
| <b>Lunch</b><br>Roasted Chicken<br>Loaded Mashed Potatoes<br>Steamed Corn<br>Dinner Roll<br>Apple Wedges         | <b>Lunch</b><br>Grilled Cheese Sandwich<br>Veggie Soup<br>Garden Salad<br>Banana<br>Brownie                          | <b>Lunch</b><br>Sweet & Sour Meatballs<br>Macaroni & Cheese<br>Broccoli Florets<br>Carrots<br>Pineapple Tidbits  | <b>Lunch</b><br>Chicken Sandwich<br>Tater Tots<br>Baked Beans<br>Lettuce/Tomato/Pickle<br>Orange Wedges |

AVAILABLE DAILY

**Monday**  
Sunbutter Sandwich  
**Tuesday**  
Charley Box  
**Wednesday**  
Deli Sandwich  
**Thursday**  
Entrée Salad  
**Friday**  
Sunbutter Sandwich

| Monday, September 7                                                                         | Tuesday, September 8                                                                                             | Weds, September 9                                                                                                   | Thursday, September 10                                                                                           | Friday, September 11                                                                                             |
|---------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|
| <b>NO SCHOOL</b><br><b>LABOR DAY</b><br>*****<br><b>MONDAY,</b><br><b>SEPTEMBER 7, 2026</b> | <b>Breakfast</b><br>Chicken Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Cinnamon Roll<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice      | <b>Breakfast</b><br>Sausage Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Muffin w/Cheese<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice |
|                                                                                             | <b>Lunch</b><br>Orange Chicken<br>Fried Rice<br>Edamame Beans<br>Asian Salad<br>Mandarin Oranges                 | <b>Lunch</b><br>Turkey & Sausage Gumbo<br>Steamed Rice<br>Potato Salad, Crackers<br>Cucumber/Tomato Salad<br>Banana | <b>Lunch</b><br>Chicken Spaghetti<br>Broccoli Florets<br>Italian Salad<br>Garlic Bread<br>Pineapple Tidbits      | <b>Lunch</b><br>Mini Corn Dogs<br>Crinkle Cut Fries<br>Carrots & Celery w/Ranch<br>Orange Wedges<br>Cookie       |



Every complete meal we serve  
comes with your choice of low  
fat or nonfat milk!

| Monday, September 14                                                                                                | Tuesday, September 15                                                                                            | Weds, September 16                                                          | Thursday, September 17                                                                                           | Friday, September 18                                                                                   |
|---------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Pancake on a Stick<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Chicken Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>REMINDER</b><br><b>NO SCHOOL TODAY</b><br>Staff Professional Development | <b>Breakfast</b><br>Sausage Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Donut<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice |
| <b>Lunch</b><br>Popcorn Chicken<br>Mashed Potatoes<br>Cal Blend Veggies<br>Cinnamon Apple Slices                    | <b>Lunch</b><br>Jambalaya<br>Broccoli Florets<br>Steamed Carrots<br>Dinner Roll<br>Pineapple Tidbits             |                                                                             | <b>Lunch</b><br>Fish Nuggets<br>Macaroni & Cheese<br>Green Beans<br>Cucumber & Tomato Salad<br>Pears             | <b>Lunch</b><br>Sloppy Joe<br>Tater Tots<br>Baked Beans<br>Orange Wedges                               |

## Activity Guidelines for School-Age Children

### Recommendations

- Kids and teens (6-17) should perform:
- ✓60 min./day of moderate to vigorous physical activity, mostly aerobic
  - ✓3x/week muscle-strengthening activities
  - ✓3x/week bone-strengthening activities

### Activities

- Aerobic:** Think running, biking, swimming or playing tag
- Muscle-strengthening:** Gymnastics, climbing trees or monkey bars, yoga
- Bone-strengthening:** Jump rope, hopscotch, tennis, basketball

### How to Help Kids Improve

- **Not meeting guidelines:** Gradually increase enjoyable physical activities.
- **Meeting guidelines:** Maintain and try to increase physical activity.
- **Exceeding guidelines:** Maintain activity level, but vary activities to reduce overtraining or injury.

### Benefits

- ✓Better bone and heart health
- ✓Healthier weight
- ✓Reduced risk of depression

Author: Jessica Fudge, M.D., FACSM



| Monday, September 21                                                                                             | Tuesday, September 22                                                                                            | Weds, September 23                                                                                             | Thursday, September 24                                                                                           | Friday, September 25                                                                                                |
|------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Grits w/Sausage<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Chicken Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Cinnamon Roll<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Sausage Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Parfait, Egg Bites<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice |
| <b>Lunch</b><br>Red Beans & Rice<br>Mustard Greens<br>Steamed Carrots<br>Cornbread<br>Peaches                    | <b>Lunch</b><br>Nachos<br>Steamed Corn<br>Refried Beans<br>Taco Salad Cup, Salsa<br>Apple Wedges                 | <b>Lunch</b><br>Shepherd's Pie<br>Broccoli Florets<br>Garlic Bread<br>Banana<br>Jello w/Topping                | <b>Lunch</b><br>Turkey Stew<br>Steamed Rice<br>Candied Yams<br>Steamed Cabbage<br><b>GRAPES</b>                  | <b>Lunch</b><br>Pizza<br>Marinara Sauce<br>Green Beans<br>Orange Wedges                                             |

| Monday, September 28                                                                                               | Tuesday, September 29                                                                                            | Weds, September 30                                                                                                   | Thursday, October 1                                                                                              | Friday, October 2                                                                                       |
|--------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------|
| <b>Breakfast</b><br>Confetti Pancakes<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Chicken Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>French Toast Sticks<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Sausage Biscuit<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice | <b>Breakfast</b><br>Waffle<br>Cereal w/Graham Crackers<br>Yogurt w/Tiger Bites<br>Fruit or Juice Choice |
| <b>Lunch</b><br>Totchos<br>Green Beans<br>Cornbread<br>Applesauce                                                  | <b>Lunch</b><br>Roasted Chicken<br>Loaded Mashed Potatoes<br>Steamed Corn<br>Dinner Roll<br>Apple Wedges         | <b>Lunch</b><br>Potato Soup<br>Cheddar Gold Fish<br>Garden Salad<br>Banana<br>Brownie                                | <b>Lunch</b><br>Pork Chop<br>Macaroni & Cheese<br>Broccoli Florets<br>Carrots<br>Pineapple Tidbits               | <b>Lunch</b><br>Chicken Sandwich<br>Tater Tots<br>Baked Beans<br>Lettuce/Tomato/Pickle<br>Orange Wedges |

## WHY GRAPES ARE GREAT FOR YOUR HEALTH

