



Hempfield High School

Sophomore Planning Calendar

SEPTEMBER/OCTOBER

CAREER & TECHNOLOGY CENTER (CTC)

September 30: CTC information session will be held during WIN for all students who would like to learn more about the offerings.

October 15: Permission forms are DUE in the Buchanan Counseling office

October 22: CTC Half-Day Programs Tour will be held during the school day. *Students must sign up in advance and turn in a permission slip to the Buchanan Counseling Office.* Completion of post-tour survey will count as one career artifact toward graduation requirements.

ASVAB (Armed Services Vocational Aptitude Battery)

October 14: Students interested in potential military enlistment, as well as anyone looking for career guidance and feedback, are encouraged to take the ASVAB. Sign-up will be posted in the Class of 2029 Schoology page. (Note: There is no military obligation to take the test.)

AP EXAM REGISTRATION

If you're taking a first semester AP course, and plan to take the AP exam in May, make sure you have registered for it. Information is provided by your AP teacher. Payment due in March.

COLLEGE REP VISITS

Reps from various colleges and universities will visit the high school throughout the fall semester to meet with students! Registration will be posted in the Class of 2029 Schoology calendar. Completion of post-visit survey will count as one career artifact toward graduation requirements.

BEHAVIORAL HEALTH SCREENING

October 29: The Behavioral Health Screen is a validated program developed by Children's Hospital of Philadelphia to identify risk for mental health concerns. This optional 10th grade screener happens annually in the fall. Consent forms to register are mailed home.

HEALTH CLASS COUNSELING LESSONS

Counselors will visit Health classes during mental health units.

NOVEMBER/DECEMBER

COUNTY COLLEGE FAIR

Conestoga Valley High School hosts the county's largest college fair annually in November. Students and families from all districts are invited to participate. Registration is not required.

CTC

November 1- CTC online application opens on CTC website

November 4: CTC Mount Joy Campus Open House is offered in the evening for students and families who would like to learn more. Advance registration is not required.



JANUARY/FEBRUARY

CTC APPLICATIONS

January 8: Final deadline for counselors to review applications.

WINTER KEYSTONE EXAMS

January 6-9: Any student enrolled in Algebra 1B, Biology, or English 10 will take a Keystone exam. Students who must retake an exam will be contacted directly.

AP EXAM REGISTRATION

If you're taking a second semester AP course, and plan to take the AP exam in May, make sure you have registered for it. Information is provided by your AP teacher.

COURSE PLANNING & SELECTION

Students will enter course requests for next year in ClassChoice. Counselors will meet with all students to confirm that course choices align with graduation requirements.

PROSPECTIVE COLLEGE ATHLETES

All student-athletes considering playing a sport in college should register with the NCAA Eligibility Center. A high school transcript will be sent to the NCAA at the end of 11th grade.

MARCH/APRIL

PSAT 10

Date TBD: All sophomores will have the option to take the PSAT 10. This exam is administered via iPad. Preparation for this exam is not required as it will serve as a baseline for future standardized testing.

AP EXAM REGISTRATION

If you're taking an AP exam(s), make sure you have registered and paid for the exam(s) in Total Registration.

ASVAB (Armed Services Vocational Aptitude Battery)

Date TBD: Students interested in potential military enlistment as well as anyone looking for career guidance and feedback are encouraged to take the ASVAB. Signups will be posted in the Class of 2028 Schoology page. (Note: There is no military obligation to take the test.)

HEALTH CLASS COUNSELING LESSONS

Counselors will visit Health classes during mental health units.

CONTINUING EDUCATION FAIR

Representatives from colleges, universities, the military, and other post-secondary options will visit the Buchanan Gym to meet with all students. Registration not required. Completion of post-fair survey will count as one career artifact toward graduation requirements.

JOB FAIR



Representatives from local employers will visit the Franklin Gym to meet with students interested in part-time or summer work.. Pre-registration is required and will be posted to the Class of 2028 Schoology page.

MAY

AP EXAMS

All students registered for AP exams will take them in the first two weeks of May. Schedule can be accessed at the College Board website.

SPRING KEYSTONE EXAMS

Any student enrolled in Algebra 1B, Biology, or English 10 will take a Keystone exam. Students who must retake an exam will be contacted directly.

DUAL ENROLLMENT PRESENTATION

Information session for students who registered for dual enrollment courses during course selection.

COURSE SCHEDULES

Schedules for the next academic year are typically released to students in early May. Students will have one window of time where they are permitted to change their schedules.



10th Grade Tips

GOAL SETTING

- Explore programming available to you in high school
 - Career & Technology Center (CTC)
 - Dual Enrollment/College in the High School courses
 - School to Work/Internship
 - Career Speakers
 - College/Military Rep Visits
 - Future Planning Fairs
- Work towards determining your post-graduation goals
 - College (4-year, 2-year, or trade school)
 - If you're a student-athlete, register with the NCAA (see resources below)
 - If you're interested in a military academy, contact your counselor
 - Workforce
 - Military
 - Gap Year

POST-SECONDARY PLANNING

- Update your resume in SchoolLinks
- Plan a challenging, yet manageable course load that aligns with your goals.
- Consider finding a job, internship, or volunteer opportunity in an area of interest.
- Get involved! Find a club or activity at school and consider a leadership position.
- Consider visiting college campuses.
- Think about your testing plans
 - PSAT 10
 - ASVAB
 - AP exams (if applicable)
 - Junior year will include: PSAT, SAT, ACT



CAREER ARTIFACTS FOR GRADUATION

All students must complete a career portfolio to reach the graduation requirement set by the PA Dept. of Education. At least one task from each of the following categories must be completed, and a total of 8 must be completed before the end of 11th grade. Each activity can be completed once for credit.

CAREER AWARENESS AND PREPARATION (COMPLETE AT LEAST ONE)

- SchoolLinks assessments and activities
 - ☐ Find Your Path assessment and **reflection** - Grade 9 (FCS)
 - ☐ Top Skills assessment and **reflection** - Grade 9 (FCS)
 - ☐ Would you Rather assessment and **reflection** - Grade 11
- SchoolLinks Learning Hub units
 - ☐ Self Discovery - Grade 9 (FCS)
 - ☐ Planning for the Military - Grades 9-11
 - ☐ One cluster from Career Cluster Overview 1 or 2 - Grades 9-11
- HHS events with SchoolLinks reflections
 - ☐ STEM Summit - Grade 9
 - ☐ Career speaker/job shadow reflection - Grades 9-11
 - ☐ College rep visit/campus visit reflection - Grades 10, 11
 - ☐ Continuing Education Fair - Grades 10, 11
 - ☐ CTC tour - Grades 10, 11

CAREER ACQUISITION (COMPLETE AT LEAST ONE)

- SchoolLinks assessments and activities
 - ☐ Update profile and resumé - Grades 9-11
 - ☐ Set/update career goal - Grade 11 (PFL)
- SchoolLinks Learning Hub units
 - ☐ How to Explore Careers - Grades 9-11
- HHS events with SchoolLinks reflections
 - ☐ Job Fair reflection - Grades 9-11
 - ☐ Mock interview **reflection** - Grade 11 (PFL)

CAREER RETENTION AND ADVANCEMENT (COMPLETE AT LEAST ONE)

- SchoolLinks assessments and activities
 - ☐ Game of Life scenario - Grade 9 (FCS)
- SchoolLinks Learning Hub units
 - ☐ Employability Skills - Grade 9 (FCS)

CAREER ARTIFACTS FOR GRADUATION BY GRADE LEVEL

All students must complete a career portfolio to reach the graduation requirement set by the PA Dept. of Education. At least one task from each of the following categories must be completed, and a total of 8 must be completed before the end of 11th grade. Each activity can be completed once for credit.

GRADE 9 REQUIREMENTS

- SchoolLinks assessments and activities
 - ☐ Find Your Path assessment (FCS)
 - ☐ Top Skills assessment and (FCS)



- ☐ Game of Life scenario (FCS)
- SchoolLinks Learning Hub units
 - ☐ Self Discovery (FCS)
 - ☐ Employability Skills (FCS)
- Events with SchoolLinks reflections
 - ☐ STEM Summit reflection

GRADE 10 REQUIREMENTS

- SchoolLinks assessments and activities
 - ☐ ***Entrepreneurship lesson (Counselor-led)***
- Choose one of the following events with SchoolLinks reflections
 - ☐ Career speaker or job shadow reflection
 - ☐ Job Fair
 - ☐ College rep visit or campus visit reflection
 - ☐ Continuing Education Fair
 - ☐ CTC tour

GRADE 11 REQUIREMENTS

- SchoolLinks assessments and activities
 - ☐ Set/update career goal (PFL)
 - ☐ Would you Rather assessment and
- SchoolLinks Learning Hub units?
- Events with SchoolLinks reflections
 - ☐ Mock interview ***reflection*** (PFL)
- Choose one additional event with SchoolLinks reflection (must be different than 10th grade)
 - ☐ Career speaker or job shadow reflection
 - ☐ Job Fair
 - ☐ College rep visit or campus visit reflection
 - ☐ Continuing Education Fair
 - ☐ CTC tour

OPTIONAL (TO BE COMPLETED ANYTIME IN GRADES 9-11)

- SchoolLinks assessments and activities
 - ☐ Update profile and resumé
- SchoolLinks Learning Hub units
 - ☐ How to Explore Careers
 - ☐ Planning for the Military
 - ☐ Career Cluster Overview 1 or 2 (Choose one chapter of interest)
- Events with SchoolLinks reflections
 - ☐ ***Entrepreneurship course reflection - Available to students who have completed HHS Entrepreneurship I or II***



Future Planning Resources

SchoolLinks (log in via Clever on the [Student Tech page](#))

- Complete all required career artifacts
- College searches
- Update resume
- Scholarship searches
- Career exploration and inventories

ADDITIONAL RESOURCES

- [College Board](#)
- [ACT](#)
- [Big Future](#)
- [Occupational Outlook Handbook](#)

CTC

- [CTC Half-Day Intro Programs](#)
- [CTC application](#) - Available in November

FINANCIAL AID AND SCHOLARSHIPS

- [Free Application for Federal Student Aid](#)
- [PA Higher Education Assistance Agency](#)
- [Fastweb](#)

NCAA CLEARINGHOUSE

- [NCAA Eligibility Center](#)

CONTACTS

- ❖ Ms. Amy Souder, School Counselor (last names A-K): amy_souder@hempfieldsd.org
- ❖ Mr. Rob Bentley, School Counselor (last names L-Z): rob_bentley@hempfieldsd.org
- ❖ Ms. Terri Powers, Counseling Secretary: terri_powers@hempfieldsd.org
- ❖ Mr. Patrick Conrad, 10th Grade Principal: patrick_conrad@hempfieldsd.org
- ❖ Ms. Kathryn Aljoe, School Nurse