

HPCSD Health Services and Keeping Your Student Healthy

Health Office Information

Registered Professional Nurses (RN's) and Licensed Practical Nurses (LPN's) staff the district's Health Services program. They help your child to stay healthy so they can learn better. If you have any questions or concerns, please contact your child's school nurse. Contact information is provided below.

Physical Examinations

The New York State Education Department (NYSED) requires a physical exam for **new entrants** and students in grades **Pre-K or K, 1, 3, 5, 7, 9 & 11 within 30 days of starting school**. These examinations may be done up to one year before your child begins these grades. They are also required for:

- Participation in interscholastic sports
- Working papers
- If referred to/by the Committee on Special Education
- If determined to be necessary by the school authorities to determine a child's educational program

We recommend that all examinations are done by your family healthcare provider (**HCP**), who can be a New York State Physician, Physician Assistant or Nurse Practitioner. If you do not have a healthcare provider and/or insurance, please reach out to the nurse in your child's school for assistance. **If an exam is not provided, the school is required by law to provide the physical exam by our school medical director. You will be notified if your child's physical exam is missing.**

Dental Exams

A dental exam is *requested* for all children entering this school system for the first time and for all children entering grades Pre-K, Grades 1, 3, 5, 7, 9, and 11.

Health Screenings

Health screenings required by New York State (NYS) are listed below. You will be notified if any of the screenings show you need to follow up with your healthcare provider. Please call the school's Health Office if you have any questions or concerns.

- **Hearing Screening**
Pure Tone hearing screening for all newly entering students and students in Pre-K or Kindergarten, Grades 1, 3, 5, 7, and 11.
- **Vision Screening**
Distance and near acuity for all newly entering students and students in Pre-K or Kindergarten, Grades 1, 3, 5, 7, and 11. Color perception screening for all newly entering students.
- **Scoliosis Screening**
Scoliosis (spinal curvature) screening for all girls in grades 5 and 7, and boys in grade 9.

Immunization Information

Public Health Law 2164 prohibits a school from permitting any child to be admitted or to attend school, in excess of 14 days (30 days if out of state or country), without proof that the child has received all age-appropriate required vaccinations (shots). You will be notified if your child is missing any required vaccines. The NYS Department of Health Immunization Schedule is provided on the HPCSD Health Services webpage.

Medications

Please follow these guidelines if your child requires medication to be administered at school:

- All medication must be brought to and picked up at the end of the school year by an adult. If you need to make special arrangements please call the school health office. Never send medication to school with your child.
- A healthcare provider order and signed parent/guardian consent must be provided each school year for both prescription and over-the-counter (OTC) medications like Tylenol or Advil.
- The pharmacy label should have the same information (match) what is written on the order (prescription). A pharmacy label is not an order and cannot be used in place of a written provider order.
- OTC medications must be in the original manufacturer's container/package with the student's name written on the container/package.
- If your child's health care provider decides your child can carry and use their diabetes, asthma, or epinephrine delivery device medication independently, they must put in writing (attest) that your child can do so safely. Your permission is also required. An Attestation form is available on the HPCSD Health Services webpage.

Illness while at School

We will contact you if your child becomes ill during school hours. Please make sure we have your most current contact information. If your information has changed please let us know. If you cannot be reached, we will notify your emergency contact person.

When To Keep Children Home Due to Illness

Please keep your child home and/or contact your doctor or healthcare provider for:

- Fever greater than 100.4
- Vomiting or diarrhea within the last 24 hours.
- Severe sore throat along with fever.
- Honey-crusted sores by the nose or mouth.
- New onset of large amounts of mucous (liquid) coming out from the nose.
- Severe ear pain or fluid coming from the ear.
- Eye redness with pus

Please keep children home until they have been fever-free for 24 hours without fever-reducing medicine.

Physical Education Excuses

- All students are expected to participate in physical education classes. Gym excuses should be submitted in writing to the School Nurse. A note from your HCP is required if your child will miss 3 or more physical education classes, or will have limitations due to illness or injury.
- A student who has been excused from physical education will not be permitted to participate recess or after-school activities/sports until they resume regular participation in the physical education program.

Notes Needed For Returning To School After Illness, Injury or Hospitalization

- Students who are sent home due to possible communicable disease should provide a note from a NYS licensed HCP stating they may return to school, and are free of communicable disease.
- Students who have an injury (i.e. concussion, sprain, fracture), a splint, ace wrap, cast or crutches, or who receive Urgent/Emergency Care or are hospitalized should provide a note from a NYS licensed HCP stating they may return to school, and list any restrictions or accommodations needed to safely participate in school activities.

We are here to help!

Contact your child's school nurse is on the [HPCSD Health Services webpage](#), or scan this QR code.

