



2026-2027

Parent Counseling and Training (PCT)

On behalf of the Los Angeles Unified School District (LAUSD), Division of Special Education, Psychological Services/Educationally Related Intensive Counseling Services (ERICS), we invite you to participate in **Parent Counseling and Training (PCT)** virtual workshops. The purpose of PCT is to offer you information on child development, to enhance your knowledge and understanding of your child's learning and social emotional needs, and to assist you in acquiring skills to support the implementation of your child's Individualized Education Program (IEP). PCT workshops are free of cost, and we invite you to participate virtually. We acknowledge your commitment to your child's success in school and look forward to assisting you in this process. To maximize your experience, we encourage you to attend as many virtual workshops as possible.

PCT Workshop Topics:

- Parenting strategies using research on children's brain development
- Social and emotional well-being using research based practices
- Listening and responding to your child with guidance and positive discipline
- Building a relationship between home and school

Attached, you will find the PCT schedule, which includes dates, times, and the English Zoom link. This PCT informational packet is also available online via the LAUSD Parent Portal. You can register for this online platform at <https://parentportalapp.lausd.net/parentaccess/>. If you require assistance with accessing the Parent Portal, please contact a staff member in the main office of your child's school. You may also obtain a copy of this PCT announcement from your child's IEP team. All workshops will be provided in both English and Spanish. If you have questions, please call (213) 674-1576. We look forward to seeing you!

Parent Counseling and Training (PCT)

Fall 2026 Schedule

Sessions are every Wednesday from 8:30 to 10:30 a.m.

August 26, 2026 – December 16, 2026 (excluding holidays)

PCT in English – Zoom Link

<https://lausd.zoom.us/j/83914397029>

Meeting ID: 839 1439 7029

Dial by mobile: 213-338-8477

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Dates (Wednesdays)	Parent Counseling and Training Topics
8/26/26	Home and School Connections
9/2/26	Participation in School Meetings
9/9/26	Understand the IEP Document
9/16/26	Study Habits for Success
9/23/26	Strategies to Support Special Needs at Home
9/30/26	Understanding Child Brain Development: Left and Right
10/7/26	Effective Communication Skills
10/14/26	Healthy Lifestyle: Key Aspects
10/21/26	Develop Financial Literacy Skills
10/28/26	Develop Resilience
11/4/26	The Importance of Structure
11/18/26	Child Brain Development: Upstairs and Downstairs
<i>No sessions November 11 and 25 – Holidays</i>	
12/2/26	Supporting Healthy Choices
12/9/26	Mindfulness Practices
12/16/26	Effective Parenting Strategies
<i>No sessions December 23 and 30 – Winter Break</i>	