

TAKE THE GUESSWORK OUT OF RAISING A CHILD WITH A DISABILITY



Positively build your child's skills to help them meet their potential

Raising a child who has a disability or developmental delay, including ASD, can be challenging and stressful as well as rewarding. Your child may have trouble learning new skills and behaviors, struggle to cope with changes, and/or have frequent meltdowns.

Stepping Stones Triple P is a specially-tailored type of Triple P - Positive Parenting Program to help everyone cope with these challenges. Research shows positive effects on child behavior, and less parental stress, in families of a child with a disability, so everyone can enjoy life more. Develop a closer relationship with your child, manage problems, and be a happier parent. You'll be surprised at how just a few changes can make such a big difference! And it's FREE!

New free Group Stepping Stones Triple P sessions start soon:

6-week class begins Thursday, October 1 from 5:45-7:45pm

Class Session Dates: October 1, 8, 15, 22, 29 and November 5

New Hope Early Education Center, Suite A, 11700 Upper Gilchrist Rd in Mount Vernon

Dinner and on-site childcare provided! In partnership with Knox County Board of Developmental Disabilities. \$60 Walmart gift card available for participants completing all six sessions! Questions? Contact us at 740-397-2840 or psiknox@gmail.com.

Secure your free place now! www.triplep-parenting.com/knox

