CALIFORNIA
CalSCHLS
SURVEY SYSTEM

CALIFORNIA HEALTHY KIDS SURVEY



Palo Alto Unified Elementary 2025–2026 Main Report

California Department of EDUCATION

WestEd
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PREFACE

HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2025–26 *California Healthy Kids Survey* (CHKS) for schools within this school district. The CHKS, along with its two companion surveys—the *California School Staff Survey* (CSSS) and the *California School Parent Survey* (CSPS)—form the California Department of Education's *California School Climate, Health, and Learning Survey* (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix lists the schools that administered the survey in the district and their response rates.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (calschls.org). The California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS technical advisor team offers data workshops and coaching to help identify local needs and develop action plans to meet those needs.

THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The elementary school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules, including a Social Emotional Health Module (SEHM) and Mental Health Supports Module, that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

Core Module

As outlined in Exhibit 1, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, positive development, and well-being. The primary focus of the survey is assessing student perceptions and experiences related to:

- school climate, connectedness, and learning engagement;
- perceived school safety and frequency of, and reasons for, harassment and bullying at school;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- mental health, supports for social-emotional learning, and positive behavior; and
- health-related and behavioral learning barriers (e.g., substance use, violence at school, physical health, mental health).

Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional competencies linked to student mental health and well-being, academic success, and life satisfaction. It includes 39 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

Mental Health Supports Module (Supplementary)

The Mental Health Supports Module (MHSM) assesses students' mental health, openness to utilizing mental health supports and services, and access to mental health services at school and elsewhere. This 12-item module was developed by the University of California, San Francisco Institute for Health Policy Studies.

SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Student participation was voluntary, anonymous, and confidential.

- Table A1.1 gives the target sample of students and the final number and percentage of students who completed the survey (the participation response rate).
- The Appendix lists all the elementary schools in the district that were eligible to participate in the survey and the percentage of students enrolled in each of them that completed the survey.

THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option. Percentages are rounded to the nearest whole number.

Race/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

ONLINE DATA DASHBOARDS

Public Dashboard. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (calschls.org/my-surveys). The dashboard can be used to graphically display statewide, county, and district key indicators and item-level results, trends over time, and differences in survey outcomes by race/ethnicity, gender, afterschool program participation, and other characteristics. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password-protected data dashboard that displays up to 10 years of CalSCHLS data at not only the district level but also the individual school level. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons by gender, race/ethnicity, afterschool participation, and other characteristics; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document, which can be shared with stakeholders.

UNDERSTANDING AND USING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

Representativeness

Among the most important factors affecting the quality of survey results is the level of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

Changes Between Survey Administrations

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g.,

some risk behaviors tend to increase as students age, or may increase during holidays or social events).

RESOURCES

CalSCHLS.org contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- ***Making Sense of School Climate*** provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3_schoolclimateguidebook_final.pdf).
- The **California Center for School Climate** (ccsc.wested.org) website houses school climate resources and guides, and archived virtual events.
- The ***California Safe and Supportive Schools Newsletter*** provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on ca-safe-supportive-schools.wested.org/subscribe/.
- CDE's **California Safe and Supportive Schools** website (ca-safe-supportive-schools.wested.org) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The **CalSCHLS Item Crosswalk** (calschls.org/resources/#resources_and_tools) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

NEXT STEPS

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS technical advisor team. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Compare Results with Other Data

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- **Staff and Parent Surveys**. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources_and_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- **Secondary CHKS Results**. Examine how the results for 5th graders compare with those for 7th, 9th, and 11th graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- **Other Data**. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- **Similar District and Statewide Results**. The aggregated results from the 2021-2023 statewide CHKS elementary survey administration can be downloaded from the CalSCHLS website (calschls.org/docs/statewide_2123_elem_chks.pdf) to help interpret your results. If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

Data Workshop

To assist in your review of the survey results, you can request your CalSCHLS technical advisor to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS technical advisor (calschls.org/contact) or email calschls@wested.org.

Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

School Reports and School Climate Report Cards

If the schools in the district vary significantly in demographics, programs, or other characteristics, consider requesting individual reports for each school. Two types of reports are available:

- A full report with all the survey results
- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#slcr).

Disaggregated Reports

CalSCHLS staff can produce reports that show how results vary by subgroups. For example, what are the characteristics of youth who are low in perceived safety, school connectedness, or academic motivation compared to those who are high? This is particularly important given the LCAP requirements to address these needs. This helps in understanding the meaning of the results and developing interventions that target groups most in need.

Additional Analysis of Data

The complete dataset is available electronically for additional analysis (calschls.org/reports-data). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

Add Questions to Your Next Surveys

Determine what additional information is needed to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, email CalSCHLS at calschls@wested.org.

Exhibit 1

Major School-Related Domains and Constructs Assessed by CalSCHLS in Elementary Schools

	Student Core	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement				
Academic mindset		✓		
Academic motivation	✓		✓	✓
Academic performance	✓			
Attendance	✓		✓	
School boredom	✓			
School connectedness	✓			
Student Social-Emotional and Physical Well-being				
Alcohol, tobacco, and drug use	✓		✓	✓
Bedtime	✓			
Collaboration		✓		
Empathy		✓		
Gratitude		✓		
Life satisfaction		✓		
Optimism		✓		
Perceived safety	✓		✓	✓
Persistence		✓		
Problem solving		✓		
Self-efficacy		✓		
Social-emotional competencies and health		✓	✓	
Social-emotional distress		✓		
Violence and victimization (bullying)	✓		✓	✓
Zest		✓		
School Climate Conditions				
Academic rigor and norms			✓	✓
High expectations	✓		✓	✓
Meaningful participation and decision-making	✓		✓	✓
Parent involvement	✓		✓	✓
Physical environment	✓		✓	✓
Relationships among staff			✓	
Relationships among students		✓	✓	✓
Relationships between students and staff	✓		✓	✓
Respect for diversity and cultural sensitivity			✓	✓
Teacher and other supports for learning	✓		✓	✓
School Climate Improvement Practices				
Bullying prevention	✓		✓	✓
Discipline and order (policies, enforcement)	✓		✓	✓
Services and policies to address student needs			✓	
Social-emotional/behavioral supports	✓		✓	✓
Staff supports			✓	

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The CHKS and this report were developed by WestEd, under contract from the California Department of Education School Health and Safety Office and the Department of Health Care Services. Special recognition to Cindy Zheng, at WestEd, who oversees the generation of CalSCHLS reports and data quality assurance.

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Survey Module Administration

Table 1

CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. District Afterschool Module (DASM)	
C. Gang Risk Awareness Module (GRAM)	
D. Mental Health Supports Module	
E. Military-Connected School Module	
F. Social Emotional Health Module (SEHM)	
G. Supplemental Health Module	
H. Tobacco-Use Prevention Education (TUPE) Module	X
Z. Custom Questions	X

Core Module Results

1. Survey Sample

Table A1.1
Student Sample Characteristics

	Grade 5
Student Sample Size	
Target sample	751
Final number	415
Response Rate	55%

Table A1.2
Number of Respondents by Instructional Model

	Grade 5
In-school learning only	414
Remote learning only	1

2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

	Grade 5 %	Table
School Engagement and Supports		
School connectedness†	83	A6.3
School connectedness†ψ ***(Remote Only)***		A6.3
Academic motivation†	87	A6.3
School boredomσ	29	A6.9
Caring adults in school†	75	A6.3
High expectations-adults in school†	88	A6.3
Meaningful participation†	43	A6.3
Facilities upkeepσ	84	A6.10
Parent involvement in schooling†	71	A10.2
Social and emotional learning supports†	79	A7.1
Antibullying climate†	75	A9.6
School Safety and Cyberbullying		
Feel safe at schoolσ	90	A9.1
Feel safe on way to and from schoolσ	92	A9.1
Been hit or pushed	22	A9.2
Mean rumors spread about you	28	A9.2
Called bad names or target of mean jokes	38	A9.2
Saw a weapon at school§	4	A9.5
Cyberbullying¶	10	A9.3
School Disciplinary Environment		
Rule clarityσ	83	A8.2
Students well behavedσ	53	A8.4
Students treated fairly when break rulesσ	65	A8.1
Students treated with respectσ	89	A8.1

Notes: Cells are empty if there are less than 10 respondents.

†*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.*

σ*Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

ψ*The scale was based on four questions for remote respondents.*

§*Past year.*

¶*Past 30 days.*

Table A2.2

Key Indicators of Substance Use, Health Routines, Remote Schooling, and Student Well-Being

	Grade 5 %	Table
Substance Use		
Alcohol or drug use[ϕ]	15	A11.1
Marijuana use[ϕ]	0	A11.1
Cigarette use[ϕ]	0	A12.1
Vaping[ϕ]	0	A12.1
Health Routines		
Eating of breakfast[|]	90	A4.1
Late bedtime (at 10 pm or later)[±]	21	A4.2
Remote Schooling		
Remote learning frequency (5 days per week)[¶δ]		A5.1
Synchronous instruction (4 days or more)[‖δ]		A5.1
Meaningful opportunities[σδ]		A5.2
Mental Health		
Frequent sadness[σ]	8	A13.1
Wellness[σ]	83	A13.2

Notes: Cells are empty if there are less than 10 respondents.

[ϕ] *Lifetime.*

[|] *This morning.*

[±] *Last night.*

[¶] *Past 30 days.*

[‖] *Past 7 days.*

[¶] *Past 30 days.*

[δ] *Remote only.*

[σ] *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

3. Demographics

Table A3.1

School Schedule, Past 30 Days

	Grade 5 %
In-School Model	100
Remote Learning Model	0

Question ES A.1: Which of the following best describes your school schedule during the past 30 days?

Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 5 %
Female	46
Male	54

Question ES A.2: Are you female or male?

Note: Cells are empty if there are less than 10 respondents.

Table A3.3

Race or Ethnicity

	Grade 5 %
American Indian or Alaska Native, non-Hispanic	1
Asian or Asian American, non-Hispanic	45
Black or African American, non-Hispanic	1
Hispanic or Latino/a	10
Native Hawaiian or Pacific Islander, non-Hispanic	1
White, non-Hispanic	20
Multiracial, non-Hispanic	9
Something else, non-Hispanic	12

Question ES A.4: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latino/a... Native Hawaiian or Pacific Islander... White... Something else.
Note: Cells are empty if there are less than 10 respondents.

Table A3.4

Number of Days Attending Afterschool Program

	Grade 5 %
0 days	68
1 day	7
2 days	5
3 days	4
4 days	6
5 days	10

Question ES A.6: How many days a week do you usually go to your school's afterschool program?
Note: Cells are empty if there are less than 10 respondents.

4. Health Routines

Table A4.1
Eating of Breakfast

	Grade 5 %
No	10
Yes	90

Question ES A.5: Did you eat breakfast this morning?
Note: Cells are empty if there are less than 10 respondents.

Table A4.2
Bedtime

	Grade 5 %
Before 9:00 pm	26
Between 9:00 pm and 10:00 pm	53
Between 10:00 pm and 11:00 pm	17
Between 11:00 pm and midnight	3
After 12:00 am	1
Late bedtime (at 10 pm or later)	21

Question ES A.7: What time did you go to bed last night?
Note: Cells are empty if there are less than 10 respondents.

5. Remote Schooling

Results in this section are applicable to students who indicated that they attend school remotely. Responses from students attending school in-person are not included.

Table A5.1

Remote Schooling Schedule and Instructional Time (Remote Only)

	Grade 5 %
Time spent on learning and completing schoolwork from home on the average weekday	
Less than 1 hour	
Between 1 and 2 hours	
Between 2 and 3 hours	
Between 3 and 4 hours	
Between 4 and 5 hours	
More than 5 hours	
Number of days in the past week participating in an online class from home where your teacher talked to students	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	
Number of weekdays participating in school from home for the entire school day	
0 days	
1 day	
2 days	
3 days	
4 days	
5 days	

Question ES A.9-11: In the past 30 days, how many weekdays in an average week did you participate in school from home for the entire school day?... On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Note: Cells are empty if there are less than 10 respondents.

Table A5.2

Interesting Activities Provided for Student in Remote Schooling (Remote Only)

	Grade 5 %
No, never	
Yes, some of the time	
Yes, most of the time	
Yes, all of the time	

Question ES A.14: Do the teachers and other grown-ups from your school provide you with interesting activities to do while you are learning from home?

Note: Cells are empty if there are less than 10 respondents.

6. School Performance, Supports, and Engagements

Table A6.1

Perceived School Performance

	Grade 5 %
One of the best students	26
Better than most students	30
About the same as others	39
Don't do as well as most others	5

Question ES A.37: How well do you do in your schoolwork?
Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Truancy, Past 30 Days

	Grade 5 %
I did not miss any days of school in the past 30 days	61
1 day	20
2 days	10
3 or more days	8

Question ES A.8, 12: In the past 30 days, how often did you miss an entire day of school for any reason? [In-school only]... In the past 30 days, how often did you miss an entire day of school from home for any reason? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

Table A6.3

School Environment, School Connectedness, and Academic Motivation Scales

	Grade 5 %	Table
Total school supports	69	
Caring adults in school	75	A6.4
High expectations-adults in school	88	A6.5
Meaningful participation at school	43	A6.6
School connectedness	83	A6.7
School connectedness[ψ] ***(Remote Only)***		A6.7
Academic motivation	87	A6.8

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

Scales are based on the average percentage of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

[ψ]*The scale was based on four questions for remote respondents.*

Table A6.4

Caring Adults in School Scale Questions

	Grade 5 %
Caring adults in school	
Average reporting "Yes, most of the time" or "Yes, all of the time"	75
Do the teachers and other grown-ups at school...	
care about you?	
No, never	0
Yes, some of the time	14
Yes, most of the time	29
Yes, all of the time	57
listen when you have something to say?	
No, never	1
Yes, some of the time	21
Yes, most of the time	49
Yes, all of the time	28
make an effort to get to know you?	
No, never	4
Yes, some of the time	34
Yes, most of the time	38
Yes, all of the time	24

Question ES A.28, 38, 42: Do the teachers and other grown-ups at school care about you?... Do the teachers and other grown-ups at school listen when you have something to say?... Do the teachers and other grown-ups at school make an effort to get to know you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.5
High Expectations-Adults in School Scale Questions

	Grade 5 %
High expectations-adults in school	
Average reporting "Yes, most of the time" or "Yes, all of the time"	88
Do the teachers and other grown-ups at school...	
tell you when you do a good job?	
No, never	2
Yes, some of the time	21
Yes, most of the time	47
Yes, all of the time	30
believe that you can do a good job?	
No, never	0
Yes, some of the time	9
Yes, most of the time	30
Yes, all of the time	60
want you to do your best?	
No, never	0
Yes, some of the time	3
Yes, most of the time	16
Yes, all of the time	81

Question ES A.29, 39, 43: Do the teachers and other grown-ups at school tell you when you do a good job?... Do the teachers and other grown-ups at school believe that you can do a good job?... Do the teachers and other grown-ups at school want you to do your best?
Note: Cells are empty if there are less than 10 respondents.

Table A6.6

Meaningful Participation at School Scale Questions

	Grade 5 %
Meaningful participation at school	
Average reporting "Yes, most of the time" or "Yes, all of the time"	43
Are you given a chance to help decide school activities or rules?	
No, never	30
Yes, some of the time	45
Yes, most of the time	19
Yes, all of the time	6
Do the teachers and other grown-ups at school ask you about your ideas?	
No, never	8
Yes, some of the time	42
Yes, most of the time	39
Yes, all of the time	11
Do the teachers and other grown-ups give you a chance to solve school problems?	
No, never	12
Yes, some of the time	34
Yes, most of the time	30
Yes, all of the time	24
Do you get to do interesting activities at/when you participate in school?	
No, never	2
Yes, some of the time	38
Yes, most of the time	39
Yes, all of the time	21

Question ES A.26, 27, 30-33: Are you given a chance to help decide school activities or rules? [In-school only]... Are you given a chance to help decide school activities or rules when you participate in school? [Remote only]... Do the teachers and other grown-ups at school ask you about your ideas?... Do the teachers and other grown-ups give you a chance to solve school problems?... Do you get to do interesting activities at school? [In-school only]... Do you get to do interesting activities when you participate in school? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.6
Meaningful Participation at School Scale Questions – Continued

	Grade 5 %
Are you given a chance to help decide class activities or rules?	
No, never	20
Yes, some of the time	52
Yes, most of the time	20
Yes, all of the time	7
Do your teachers ask you what you want to learn about?	
No, never	48
Yes, some of the time	39
Yes, most of the time	9
Yes, all of the time	3
Do you do things to be helpful at/in school?	
No, never	1
Yes, some of the time	28
Yes, most of the time	52
Yes, all of the time	19

Question ES A.34-36, 40, 41: Are you given a chance to help decide class activities or rules? [In-school only]... Are you given a chance to help decide class activities or rules when you participate in school? [Remote only]... Do your teachers ask you what you want to learn about?... Do you do things to be helpful at school? [In-school only]... Do you do things to be helpful when you participate in school? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

Table A6.7

School Connectedness Scale Questions

	Grade 5 %
School connectedness	
Average reporting "Yes, most of the time" or "Yes, all of the time"	83
School connectedness[ψ] ***(Remote Only)***	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you feel close to people at/from this school?	
No, never	2
Yes, some of the time	28
Yes, most of the time	45
Yes, all of the time	24
Are you happy to be at/with this school?	
No, never	0
Yes, some of the time	19
Yes, most of the time	51
Yes, all of the time	30
Do you feel like you are part of this school?	
No, never	1
Yes, some of the time	14
Yes, most of the time	34
Yes, all of the time	50
Do teachers treat students fairly?	
No, never	2
Yes, some of the time	8
Yes, most of the time	40
Yes, all of the time	49

Question ES A.15-19, 22, 23: Do you feel close to people at school? [In-school only]... Do you feel close to people from this school? [Remote only]... Are you happy to be at this school? [In-school only]... Are you happy with this school? [Remote only]... Do you feel like you are part of this school?... Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

[ψ]*The scale was based on four questions for remote respondents.*

Table A6.7
School Connectedness Scale Questions – Continued

	Grade 5 %
Do you feel safe at school?	
No, never	1
Yes, some of the time	9
Yes, most of the time	35
Yes, all of the time	55

Question ES A.75: Do you feel safe at school? [In-school only]
Note: Cells are empty if there are less than 10 respondents.

Table A6.8

Academic Motivation Scale Questions

	Grade 5 %
Academic motivation	
Average reporting "Yes, most of the time" or "Yes, all of the time"	87
Do you finish all your school assignments?	
No, never	0
Yes, some of the time	8
Yes, most of the time	47
Yes, all of the time	45
When you get a bad grade, do you try even harder the next time?	
No, never	1
Yes, some of the time	11
Yes, most of the time	29
Yes, all of the time	60
Do you keep working and working on your schoolwork until you get it right?	
No, never	2
Yes, some of the time	16
Yes, most of the time	41
Yes, all of the time	41
Do you keep doing your schoolwork even when it's really hard for you?	
No, never	1
Yes, some of the time	13
Yes, most of the time	34
Yes, all of the time	52

Question ES A.59-62: Do you finish all your school assignments?... When you get a bad grade, do you try even harder the next time?... Do you keep working and working on your schoolwork until you get it right?... Do you keep doing your schoolwork even when it's really hard for you?

Note: Cells are empty if there are less than 10 respondents.

Table A6.9

School Boredom

	Grade 5 %
No, never	13
Yes, some of the time	58
Yes, most of the time	18
Yes, all of the time	12

Question ES A.13, 58: Do you get really bored participating in school from home? [Remote only]... Do you get really bored at school? [In-school only]

Note: Cells are empty if there are less than 10 respondents.

Table A6.10

Quality of School Physical Environment

	Grade 5 %
Is your school building neat and clean?	
No, never	2
Yes, some of the time	14
Yes, most of the time	55
Yes, all of the time	29

Question ES A.24: Is your school building neat and clean?

Note: Cells are empty if there are less than 10 respondents.

7. Supports for Learning at School

Table A7.1
Social and Emotional Learning Supports Scale Questions

	Grade 5 %
Social and emotional learning supports	
Average reporting "Yes, most of the time" or "Yes, all of the time"	79
Does your school...	
help students resolve conflicts with one another?	
No, never	3
Yes, some of the time	19
Yes, most of the time	46
Yes, all of the time	32
teach students to understand how other students think and feel?	
No, never	4
Yes, some of the time	26
Yes, most of the time	37
Yes, all of the time	33
teach students to feel responsible for how they act?	
No, never	3
Yes, some of the time	18
Yes, most of the time	37
Yes, all of the time	42
teach students to care about each other and treat each other with respect?	
No, never	0
Yes, some of the time	12
Yes, most of the time	29
Yes, all of the time	59

Question ES A.50-53: Does your school help students resolve conflicts with one another?... Does your school teach students to understand how other students think and feel?... Does your school teach students to feel responsible for how they act?... Does your school teach students to care about each other and treat each other with respect?
Note: Cells are empty if there are less than 10 respondents.

Table A7.2

Teachers Checking on how Students are Feeling

	Grade 5 %
No, never	10
Yes, some of the time	41
Yes, most of the time	34
Yes, all of the time	16

Question ES A.25: Do the teachers and other grown-ups from your school check on how you are feeling?
Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Students at School Motivated to Learn

	Grade 5 %
No, never	2
Yes, some of the time	33
Yes, most of the time	56
Yes, all of the time	8

Question ES A.20, 21: Are the students at your school motivated to learn? [In-school only]... Are the students from your school motivated to learn? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

8. Fairness, Rule Clarity, and Positive Student Behavior

Table A8.1
Fairness Scale Questions

	Grade 5 %
Fairness	
Average reporting "Yes, most of the time" or "Yes, all of the time"	78
Do teachers treat students fairly?	
No, never	2
Yes, some of the time	8
Yes, most of the time	40
Yes, all of the time	49
Are the school rules fair?	
No, never	3
Yes, some of the time	28
Yes, most of the time	47
Yes, all of the time	22
Do teachers and other grown-ups at school treat students with respect?	
No, never	1
Yes, some of the time	10
Yes, most of the time	40
Yes, all of the time	49
Are students treated fairly when they break school rules?	
No, never	7
Yes, some of the time	28
Yes, most of the time	43
Yes, all of the time	22

Question ES A.22, 23, 44-46: Do teachers treat students fairly at school? [In-school only]... Do teachers treat students fairly? [Remote only]... Are the school rules fair?... Do teachers and other grown-ups at school treat students with respect?... Are students treated fairly when they break school rules?
Note: Cells are empty if there are less than 10 respondents.

Table A8.2
Clarity of Rules

	Grade 5 %
Do students know what the rules are?	
No, never	1
Yes, some of the time	16
Yes, most of the time	47
Yes, all of the time	36

Question ES A.49: Do students know what the rules are?
Note: Cells are empty if there are less than 10 respondents.

Table A8.3

Positive Behavior Scale Questions

	Grade 5 %
Positive behavior	
Average reporting "Yes, most of the time" or "Yes, all of the time"	94
Positive behavior[λ] ***(Remote Only)***	
Average reporting "Yes, most of the time" or "Yes, all of the time"	
Do you follow the classroom rules?	
No, never	0
Yes, some of the time	3
Yes, most of the time	45
Yes, all of the time	51
Do you follow the playground rules at recess and lunch times?	
No, never	1
Yes, some of the time	5
Yes, most of the time	43
Yes, all of the time	51
Do you listen when your teacher is talking?	
No, never	0
Yes, some of the time	8
Yes, most of the time	48
Yes, all of the time	44
Are you nice to other students?	
No, never	0
Yes, some of the time	5
Yes, most of the time	43
Yes, all of the time	52

Question ES A.63-66: Do you follow the classroom rules?... Do you follow the playground rules at recess and lunch times? [In-School only]... Do you listen when your teacher is talking?... Are you nice to other students?
Notes: Cells are empty if there are less than 10 respondents.
[λ]*The scale was based on three questions for remote respondents.*

Table A8.4

Students at School Well Behaved

	Grade 5 %
No, never	4
Yes, some of the time	43
Yes, most of the time	51
Yes, all of the time	2

Question ES A.47, 48: Are students at this school well behaved? [In-school only]... Are students from this school well behaved? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

9. School Violence, Victimization, and Safety

Table A9.1

Perceived Safety at or Outside of School

	Grade 5 %
Do you feel safe at school?	
No, never	1
Yes, some of the time	9
Yes, most of the time	35
Yes, all of the time	55
Do you feel safe on your way to and from school?	
No, never	1
Yes, some of the time	7
Yes, most of the time	27
Yes, all of the time	66

Question ES A.75, 76: Do you feel safe at school?... Do you feel safe on your way to and from school?
Note: Cells are empty if there are less than 10 respondents.

Table A9.2
Violence Victimization Scale Questions

	Grade 5 %
Violence victimization	
Average reporting "Yes"	29
Do other kids hit or push you at school when they are not just playing around?	
No, never	78
Yes, some of the time	19
Yes, most of the time	2
Yes, all of the time	1
Do other kids at/from school spread mean rumors or lies about you?	
No, never	72
Yes, some of the time	24
Yes, most of the time	3
Yes, all of the time	1
Do other kids at/from school call you bad names or make mean jokes about you?	
No, never	62
Yes, some of the time	34
Yes, most of the time	3
Yes, all of the time	1

Question ES A.68-70, 72, 73: Do other kids hit or push you at school when they are not just playing around? [In-school only]... Do other kids at school spread mean rumors or lies about you? [In-school only]... Do other kids from your school spread mean rumors or lies about you? [Remote only]... Do other kids at school call you bad names or make mean jokes about you? [In-school only]... Do other kids from your school call you bad names or make mean jokes about you? [Remote only]
Note: Cells are empty if there are less than 10 respondents.

Table A9.3

Cyberbullying, Past 30 Days

	Grade 5 %
No, never	90
Yes, some of the time	8
Yes, most of the time	1
Yes, all of the time	1

Question ES A.67: During the past 30 days, did kids spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?

Note: Cells are empty if there are less than 10 respondents.

Table A9.4

Been Teased About Body Image

	Grade 5 %
No	78
Yes	22

Question ES A.77, 78: Have other kids at school ever teased you about what your body looks like? [In-school only]... Have other kids from your school ever teased you about what your body looks like? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

Table A9.5

Weapons (Gun or Knife) on School Property, Past Year

	Grade 5 %
Brought a gun or knife to school	
No	99
Yes	1
Saw another kid with a gun or knife at school	
No	96
Yes	4

Question ES A.71, 74: During the past year, did you ever bring a gun or knife to school?... During the past year, have you ever seen another kid with a gun or knife at school?

Note: Cells are empty if there are less than 10 respondents.

Table A9.6

Antibullying Climate Scale Questions

	Grade 5 %
Antibullying climate	
Average reporting "Yes, most of the time" or "Yes, all of the time"	75
Teachers and other grown-ups make it clear that bullying is not allowed.	
No, never	1
Yes, some of the time	5
Yes, most of the time	19
Yes, all of the time	74
If you tell a teacher that you've been bullied, the teacher will do something to help.	
No, never	3
Yes, some of the time	12
Yes, most of the time	29
Yes, all of the time	56
Students at/from your school try to stop bullying when they see it happening.	
No, never	14
Yes, some of the time	40
Yes, most of the time	35
Yes, all of the time	12

Question ES A.54-57: Do the teachers and other grown-ups make it clear that bullying is not allowed?... If you tell a teacher that you've been bullied, will the teacher do something to help?... Do students at your school try to stop bullying when they see it happening? [In-school only]... Do students from your school try to stop bullying when they see it happening? [Remote only]

Note: Cells are empty if there are less than 10 respondents.

10. Home Supports and Involvement in Schooling

Table A10.1
High Expectations-Adults at Home Scale Questions

	Grade 5 %
High expectations-adults at home	
Average reporting "Yes, most of the time" or "Yes, all of the time"	98
Does a parent or some other grown-up at home...	
believe that you can do a good job?	
No, never	1
Yes, some of the time	2
Yes, most of the time	16
Yes, all of the time	81
want you to do your best?	
No, never	0
Yes, some of the time	2
Yes, most of the time	9
Yes, all of the time	89

Question ES A.91, 92: Does a parent or some other grown-up at home believe that you can do a good job?... Does a parent or some other grown-up at home want you to do your best?
Note: Cells are empty if there are less than 10 respondents.

Table A10.2

Parent Involvement in Schooling Scale Questions

	Grade 5 %
Parent involvement in schooling	
Average reporting "Yes, most of the time" or "Yes, all of the time"	71
Does a parent or some other grown-up at home...	
care about your schoolwork?	
No, never	2
Yes, some of the time	7
Yes, most of the time	26
Yes, all of the time	66
ask if you did your homework/schoolwork?	
No, never	5
Yes, some of the time	12
Yes, most of the time	30
Yes, all of the time	53
check your homework/schoolwork?	
No, never	18
Yes, some of the time	39
Yes, most of the time	24
Yes, all of the time	19
ask you about school?	
No, never	3
Yes, some of the time	14
Yes, most of the time	24
Yes, all of the time	60
ask you about your grades?	
No, never	19
Yes, some of the time	27
Yes, most of the time	26
Yes, all of the time	28

Question ES A.90, 93-98: Does a parent or some other grown-up at home care about your schoolwork?... Does a parent or some other grown-up at home ask if you did your homework? [In-school only]... Does a parent or some other grown-up at home check your homework? [In-school only]... Does a parent or some other grown-up at home ask if you did your schoolwork? [Remote only]... Does a parent or some other grown-up at home check your schoolwork? [Remote only]... Does a parent or some other grown-up at home ask you about school?... Does a parent or some other grown-up at home ask you about your grades?

Note: Cells are empty if there are less than 10 respondents.

11. Alcohol and Other Drug (AOD) Use

Table A11.1

Use of Alcohol or Other Drugs, Lifetime

	Grade 5 %
Alcohol, one or two sips	14
Alcohol, a full glass	1
Inhalants (to get high)	1
Marijuana (smoke, vape, eat, or drink)	0
None of the above	85
Any of the above	15

Question ES A.83-85: Have you ever drunk beer, wine, or other alcohol?... Have you ever sniffed something through your nose to get "high"?... Have you ever used any marijuana (smoke, vape, eat, or drink)?
Note: Cells are empty if there are less than 10 respondents.

Table A11.2

Perception of Health Risk of Alcohol and Marijuana Use

	Grade 5 %
Alcohol	
No, not bad	2
Yes, a little bad	42
Yes, very bad	56
Marijuana (smoke, vape, eat, or drink)	
No, not bad	0
Yes, a little bad	2
Yes, very bad	50
I don't know what marijuana is	48

Question ES A.88, 89: Do you think drinking alcohol (beer, wine, liquor) is bad for a person's health?... Do you think using marijuana (smoke, vape, eat, or drink) is bad for a person's health?
Note: Cells are empty if there are less than 10 respondents.

12. Tobacco Use and Vaping

Table A12.1

Cigarette Use and Vaping, Lifetime

	Grade 5 %
Ever smoked a cigarette	0
Part of a cigarette, like one or two puffs	0
A whole cigarette	0
Ever vaped	0

Question ES A.81, 82: Have you ever smoked a cigarette?... Have you ever vaped?
Note: Cells are empty if there are less than 10 respondents.

Table A12.2

Perception of Health Risk of Cigarette Use and Vaping

	Grade 5 %
Do you think smoking cigarettes is bad for a person's health?	
No, not bad	2
Yes, a little bad	2
Yes, very bad	97
Do you think vaping is bad for a person's health?	
No, not bad	0
Yes, a little bad	3
Yes, very bad	97

Question ES A.86, 87: Do you think smoking cigarettes is bad for a person's health?... Do you think vaping is bad for a person's health?
Note: Cells are empty if there are less than 10 respondents.

13. Other Physical and Mental Health Risks

Table A13.1

Frequent Sadness

	Grade 5 %
No, never	28
Yes, some of the time	64
Yes, most of the time	6
Yes, all of the time	2

Question ES A.80: Do you feel sad?

Note: Cells are empty if there are less than 10 respondents.

Table A13.2

Wellness

	Grade 5 %
Do you feel good and happy?	
No, never	2
Yes, some of the time	15
Yes, most of the time	61
Yes, all of the time	22

Question ES A.79: Do you feel good and happy?

Note: Cells are empty if there are less than 10 respondents.

14. Race/Ethnic Breakdowns

Table A14.1

School Engagement and Supports by Race/Ethnicity

	Grade 5 %
School Connectedness[†]	
American Indian or Alaska Native	
Asian or Asian American	83
Black or African American	
Hispanic or Latino/a	82
Native Hawaiian or Pacific Islander	
White	85
Mixed (two or more) ethnics	89
Something else	77
School Connectedness[†ψ] ***(Remote Only)***	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Academic motivation[†]	
American Indian or Alaska Native	
Asian or Asian American	88
Black or African American	
Hispanic or Latino/a	84
Native Hawaiian or Pacific Islander	
White	83
Mixed (two or more) ethnics	90
Something else	91

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.*

[ψ]*The scale was based on four questions for remote respondents.*

Table A14.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
School boredom[σ]	
American Indian or Alaska Native	
Asian or Asian American	27
Black or African American	
Hispanic or Latino/a	38
Native Hawaiian or Pacific Islander	
White	33
Mixed (two or more) ethnics	24
Something else	33
Caring adults in school[†]	
American Indian or Alaska Native	
Asian or Asian American	73
Black or African American	
Hispanic or Latino/a	79
Native Hawaiian or Pacific Islander	
White	78
Mixed (two or more) ethnics	77
Something else	72
High expectations-adults in school[†]	
American Indian or Alaska Native	
Asian or Asian American	87
Black or African American	
Hispanic or Latino/a	91
Native Hawaiian or Pacific Islander	
White	88
Mixed (two or more) ethnics	93
Something else	88

Notes: Cells are empty if there are less than 10 respondents.

[σ] *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

[†] *Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.*

Table A14.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Meaningful participation[†]	
American Indian or Alaska Native	
Asian or Asian American	43
Black or African American	
Hispanic or Latino/a	48
Native Hawaiian or Pacific Islander	
White	45
Mixed (two or more) ethnics	44
Something else	36
Facilities upkeep[σ]	
American Indian or Alaska Native	
Asian or Asian American	83
Black or African American	
Hispanic or Latino/a	88
Native Hawaiian or Pacific Islander	
White	79
Mixed (two or more) ethnics	86
Something else	83
Parent involvement in schooling[†]	
American Indian or Alaska Native	
Asian or Asian American	69
Black or African American	
Hispanic or Latino/a	74
Native Hawaiian or Pacific Islander	
White	73
Mixed (two or more) ethnics	74
Something else	71

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.*

[σ]*Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.1

School Engagement and Supports by Race/Ethnicity – Continued

	Grade 5 %
Social and emotional learning supports[†]	
American Indian or Alaska Native	
Asian or Asian American	80
Black or African American	
Hispanic or Latino/a	83
Native Hawaiian or Pacific Islander	
White	78
Mixed (two or more) ethnics	78
Something else	72
Antibullying climate[†]	
American Indian or Alaska Native	
Asian or Asian American	77
Black or African American	
Hispanic or Latino/a	73
Native Hawaiian or Pacific Islander	
White	73
Mixed (two or more) ethnics	72
Something else	75

Notes: Cells are empty if there are less than 10 respondents.

[†]*Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.*

Table A14.2
School Safety by Race/Ethnicity

	Grade 5 %
Feel safe at school[σ]	
American Indian or Alaska Native	
Asian or Asian American	94
Black or African American	
Hispanic or Latino/a	79
Native Hawaiian or Pacific Islander	
White	92
Mixed (two or more) ethnics	92
Something else	78
Feel safe on way to and from school[σ]	
American Indian or Alaska Native	
Asian or Asian American	95
Black or African American	
Hispanic or Latino/a	90
Native Hawaiian or Pacific Islander	
White	94
Mixed (two or more) ethnics	95
Something else	87
Been hit or pushed	
American Indian or Alaska Native	
Asian or Asian American	19
Black or African American	
Hispanic or Latino/a	28
Native Hawaiian or Pacific Islander	
White	23
Mixed (two or more) ethnics	16
Something else	26

Notes: Cells are empty if there are less than 10 respondents.
[σ] *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.2
School Safety by Race/Ethnicity – Continued

	Grade 5 %
Mean rumors spread about you	
American Indian or Alaska Native	
Asian or Asian American	24
Black or African American	
Hispanic or Latino/a	33
Native Hawaiian or Pacific Islander	
White	22
Mixed (two or more) ethnics	30
Something else	46
Called bad names or target of mean jokes	
American Indian or Alaska Native	
Asian or Asian American	38
Black or African American	
Hispanic or Latino/a	35
Native Hawaiian or Pacific Islander	
White	31
Mixed (two or more) ethnics	43
Something else	48
Saw a weapon at school[§]	
American Indian or Alaska Native	
Asian or Asian American	4
Black or African American	
Hispanic or Latino/a	8
Native Hawaiian or Pacific Islander	
White	3
Mixed (two or more) ethnics	5
Something else	4

Notes: Cells are empty if there are less than 10 respondents.
[§] *Past year.*

Table A14.3
Cyberbullying by Race/Ethnicity

	Grade 5 %
Cyberbullying[¶]	
American Indian or Alaska Native	
Asian or Asian American	11
Black or African American	
Hispanic or Latino/a	13
Native Hawaiian or Pacific Islander	
White	9
Mixed (two or more) ethnics	8
Something else	13

Notes: Cells are empty if there are less than 10 respondents.
[¶]*Past 30 days.*

Table A14.4

School Disciplinary Environment by Race/Ethnicity

	Grade 5 %
Rule clarity$^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	81
Black or African American	
Hispanic or Latino/a	86
Native Hawaiian or Pacific Islander	
White	86
Mixed (two or more) ethnics	78
Something else	87
Students well behaved$^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	61
Black or African American	
Hispanic or Latino/a	50
Native Hawaiian or Pacific Islander	
White	41
Mixed (two or more) ethnics	51
Something else	40
Students treated fairly when break rules$^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	66
Black or African American	
Hispanic or Latino/a	69
Native Hawaiian or Pacific Islander	
White	63
Mixed (two or more) ethnics	68
Something else	62

Notes: Cells are empty if there are less than 10 respondents.

$^{\sigma}$*Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.4

School Disciplinary Environment by Race/Ethnicity – Continued

	Grade 5 %
Students treated with respect$^{\sigma}$	
American Indian or Alaska Native	
Asian or Asian American	88
Black or African American	
Hispanic or Latino/a	93
Native Hawaiian or Pacific Islander	
White	86
Mixed (two or more) ethnics	95
Something else	89

Notes: Cells are empty if there are less than 10 respondents.

$^{\sigma}$*Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.5

Substance Use by Race/Ethnicity

	Grade 5 %
Alcohol or drug use$^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	17
Black or African American	
Hispanic or Latino/a	10
Native Hawaiian or Pacific Islander	
White	15
Mixed (two or more) ethnics	24
Something else	13
Marijuana use$^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	0
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	0
Something else	0
Cigarette use$^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	0
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	0
Something else	0

Notes: Cells are empty if there are less than 10 respondents.

$^{\phi}$*Lifetime.*

Table A14.5

Substance Use by Race/Ethnicity – Continued

	Grade 5 %
Vaping$^{\phi}$	
American Indian or Alaska Native	
Asian or Asian American	0
Black or African American	
Hispanic or Latino/a	0
Native Hawaiian or Pacific Islander	
White	0
Mixed (two or more) ethnics	0
Something else	0

Notes: Cells are empty if there are less than 10 respondents.

$^{\phi}$*Lifetime.*

Table A14.6

Health Routines by Race/Ethnicity

	Grade 5 %
Eating of breakfast[|]	
American Indian or Alaska Native	
Asian or Asian American	93
Black or African American	
Hispanic or Latino/a	78
Native Hawaiian or Pacific Islander	
White	90
Mixed (two or more) ethnics	92
Something else	82
Late bedtime (at 10 pm or later)[±]	
American Indian or Alaska Native	
Asian or Asian American	23
Black or African American	
Hispanic or Latino/a	36
Native Hawaiian or Pacific Islander	
White	12
Mixed (two or more) ethnics	11
Something else	24

Notes: Cells are empty if there are less than 10 respondents.

[|]*This morning.*

[±]*Last night.*

Table A14.7

Remote Schooling by Race/Ethnicity (Remote Only)

	Grade 5 %
Remote learning frequency (5 days per week)[¶]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Synchronous instruction (4 days or more)[‖]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	
Meaningful opportunities[δ]	
American Indian or Alaska Native	
Asian or Asian American	
Black or African American	
Hispanic or Latino/a	
Native Hawaiian or Pacific Islander	
White	
Mixed (two or more) ethnics	
Something else	

Notes: Cells are empty if there are less than 10 respondents.

[‖] *Past 7 days.*

[¶] *Past 30 days.*

[δ] *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Table A14.8

Mental Health by Race/Ethnicity

	Grade 5 %
Frequent sadness[δ]	
American Indian or Alaska Native	
Asian or Asian American	7
Black or African American	
Hispanic or Latino/a	18
Native Hawaiian or Pacific Islander	
White	5
Mixed (two or more) ethnics	5
Something else	7
Wellness[δ]	
American Indian or Alaska Native	
Asian or Asian American	84
Black or African American	
Hispanic or Latino/a	78
Native Hawaiian or Pacific Islander	
White	83
Mixed (two or more) ethnics	92
Something else	85

Notes: Cells are empty if there are less than 10 respondents.

[δ] *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

15. Gender Breakdowns

Table A15.1

School Engagement and Supports by Gender

	Grade 5	
	Female %	Male %
School connectedness[†]	84	82
School connectedness[†ψ] ***(Remote Only)***		
Academic motivation[†]	89	85
School boredom[†]	20	37
Caring adults in school[†]	76	74
High expectations-adults in school[†]	89	87
Meaningful participation at school[†]	46	40
Facilities upkeep[σ]	85	82
Parent involvement in schooling[†]	71	71
Social and emotional learning supports[†]	79	78
Antibullying climate[†]	75	75

Notes: Cells are empty if there are less than 10 respondents.

[†]Average percent of respondents reporting "Yes, most of the time" or "Yes, all of the time" across survey questions that comprise the scale.

[ψ]The scale was based on four questions for remote respondents.

[σ]Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."

Table A15.2

School Safety, Cyberbullying, School Disciplinary Environment, and Substance Use by Gender

	Grade 5	
	Female %	Male %
School Safety and Cyberbullying		
Feel safe at school[σ]	89	91
Feel safe on way to and from school[σ]	90	94
Been hit or pushed	14	28
Mean rumors spread about you	29	27
Called bad names or target of mean jokes	30	44
Saw a weapon at school[§]	3	4
Cyberbullying[¶]	11	10
School Disciplinary Environment		
Rule clarity[σ]	83	83
Students well behaved[σ]	47	58
Students treated fairly when break rules[σ]	70	61
Students treated with respect[σ]	90	89
Substance Use		
Alcohol or drug use[ϕ]	10	20
Marijuana use[ϕ]	0	0
Cigarette use[ϕ]	0	0
Vaping[ϕ]	0	0

Notes: Cells are empty if there are less than 10 respondents.

[σ] *Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

[§] *Past year.*

[¶] *Past 30 days.*

[ϕ] *Lifetime.*

Table A15.3

Health Routines, Remote Schooling, and Mental Health by Gender

	Grade 5	
	Female %	Male %
Health Routines		
Eating of breakfast[|]	88	91
Late bedtime (after 10 pm)[±]	22	20
Remote Schooling		
Remote learning frequency (5 days per week)[¶δ]		
Synchronous instruction (4 days or more)[‖δ]		
Meaningful opportunities[†δ]		
Mental Health		
Frequent sadness[σ]	10	6
Wellness[σ]	78	87

Notes: Cells are empty if there are less than 10 respondents.

[|]*This morning.*

[±]*Last night.*

[¶]*Past 30 days.*

[δ]*Remote only.*

[‖]*Past 7 days.*

[σ]*Percent of respondents reporting "Yes, most of the time" or "Yes, all of the time."*

Tobacco-Use Prevention Education Module

1. Module Sample

Table H1.1
Student Sample for Tobacco-Use Prevention Education Module

	Grade 5
Student Sample Size	
Target sample	751
Final number	382
Response Rate	51%

2. Tobacco Use and Vaping

Table H2.1

Use of Cigarettes and Vape Products, Past 30 Days

	Grade 5 %
In the last 30 days, have you...	
smoked a cigarette?	
No	100
Yes	0
vaped?	
No	100
Yes	0

Question ES H.1, 2: Have you smoked a cigarette in the last 30 days?... Have you vaped in the last 30 days?
Note: Cells are empty if there are less than 10 respondents.

3. Peer Smoking/Vaping Behavior and Attitudes

Table H3.1

Peer Smoking and Vaping Behavior

	Grade 5 %
Do any of your friends smoke cigarettes?	
No	99
Yes	1
Do any of your friends vape?	
No	99
Yes	1
In the last 30 days, have you seen any students...	
smoke cigarettes at school?	
No	100
Yes	0
vape at school?	
No	100
Yes	0

Question ES H.5-8: Do any of your friends smoke cigarettes?... Do any of your friends vape?... In the last 30 days, have you seen any students smoke cigarettes at school?... In the last 30 days, have you seen any students vape at school?

Note: Cells are empty if there are less than 10 respondents.

Table H3.2

Peer Disapproval of Tobacco Use and Vaping

	Grade 5 %
How wrong would your close friends feel it would be if you...	
smoked cigarettes?	
Very wrong	83
Wrong	15
A little wrong	1
Not at all wrong	1
vaped?	
Very wrong	85
Wrong	12
A little wrong	2
Not at all wrong	1

Question ES H.9, 10: How wrong would your close friends feel it would be if you smoked cigarettes?... How wrong would your close friends feel it would be if you vaped?
Note: Cells are empty if there are less than 10 respondents.

4. Household Smoking and Vaping Rules

Table H4.1

Rules About Cigarette Smoking and Vaping in the Home

	Grade 5 %
Is smoking cigarettes allowed inside your home?	
No	93
Yes	1
Don't know	6
Is vaping allowed inside your home?	
No	94
Yes	1
Don't know	5

Question ES H.3, 4: Is smoking cigarettes allowed inside your home?... Is vaping allowed inside your home?
Note: Cells are empty if there are less than 10 respondents.

5. Perceived Accessibility and Intention to Use

Table H5.1

Perceived Difficulty of Obtaining Cigarettes and Vape Products

	Grade 5 %
How easy or difficult would it be if you wanted to...	
get a cigarette?	
Very easy	1
Fairly easy	4
Fairly difficult	16
Very difficult	79
get a vape?	
Very easy	1
Fairly easy	2
Fairly difficult	15
Very difficult	83

Question ES H.13, 14: If you wanted to get a cigarette, how easy or difficult would it be?... If you wanted to get a vape, how easy or difficult would it be?

Note: Cells are empty if there are less than 10 respondents.

Table H5.2

Intentions to Smoke and Vape

	Grade 5 %
Do you think you will...	
smoke a cigarette at any time during the next year?	
Definitely not	96
Probably not	4
Probably yes	0
Definitely yes	0
vape at any time during the next year?	
Definitely not	97
Probably not	3
Probably yes	0
Definitely yes	0

Question ES H.11, 12: Do you think you will smoke a cigarette at any time during the next year?... Do you think you will vape at any time during the next year?

Note: Cells are empty if there are less than 10 respondents.

6. Tobacco-Use Prevention Education Activities

Table H6.1

Dangers of Smoking and Vaping Discussed

	Grade 5 %
In the last 12 months, did any of your classes or school activities talk about...	
how smoking cigarettes is bad for a person's health?	
No	68
Yes	32
how vaping is bad for a person's health?	
No	77
Yes	23

Question ES H.15, 16: In the last 12 months, did any of your classes or school activities talk about how smoking cigarettes is bad for a person's health?... In the last 12 months, did any of your classes or school activities talk about how vaping is bad for a person's health?

Note: Cells are empty if there are less than 10 respondents.

Z. Palo Alto Unified Custom Questions

1. Module Sample

Table Z1.1
Student Sample for Custom Questions

	Grade 5
Student Sample Size	
Target sample	751
Final number	388
Response Rate	52%

2. Custom Questions

Table Z.2.1
At the beginning of the survey, you were asked if you identify as male or female. Do either of these describe you?

	Grade 5 %	Total %
Yes	89	89
No	2	2
I am not sure	9	9

Question ES Z.2.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.2
Some students describe themselves as transgender when the sex assigned at birth does not match the way they think or feel about their gender. How do you describe yourself?

	Grade 5 %	Total %
I am transgender	1	1
I am not transgender	90	90
I am genderqueer	2	2
I think of myself differently	7	7

Question ES Z.3.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.3
Which of the following best describes you?

	Grade 5 %	Total %
Bisexual	3	3
Gay or Lesbian	1	1
Heterosexual/Straight	43	43
I am not sure yet	45	45
I think of myself differently	9	9

Question ES Z.4.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.4
How safe do you feel in the neighborhood where you live?

	Grade 5 %	Total %
Very safe	51	51
Safe	39	39
Neither safe nor unsafe	8	8
Unsafe	1	1
Very unsafe	0	0

Question ES Z.5.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.5
During the past 30 days, on how many days did you not go to school because you felt unsafe at school or on your way to or from school?

	Grade 5 %	Total %
0 days	97	97
1 day	2	2
2 or 3 days	1	1
4 or more days	0	0

Question ES Z.6.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.6
Do you know where to go for help with a problem?

	Grade 5 %	Total %
No, never	3	3
Yes, some of the time	10	10
Yes, most of the time	31	31
Yes, all of the time	56	56

Question ES Z.7.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.7
My family really gets along well with each other.

	Grade 5 %	Total %
Not at all true	2	2
A little true	9	9
Pretty much true	46	46
Very much true	42	42

Question ES Z.8.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.8
I have a friend my age who talks with me about my problems.

	Grade 5 %	Total %
Not at all true	19	19
A little true	23	23
Pretty much true	31	31
Very much true	28	28

Question ES Z.9.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.9
I have a friend my age who helps me when I'm having a hard time.

	Grade 5 %	Total %
Not at all true	7	7
A little true	14	14
Pretty much true	28	28
Very much true	51	51

Question ES Z.10.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.10
In my home, there is a parent or some other adult who expects me to follow the rules.

	Grade 5 %	Total %
Not at all true	0	0
A little true	5	5
Pretty much true	26	26
Very much true	69	69

Question ES Z.11.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.11
In my home, there is a parent or some other adult who is interested in my schoolwork.

	Grade 5 %	Total %
Not at all true	2	2
A little true	15	15
Pretty much true	38	38
Very much true	45	45

Question ES Z.12.
Note: Cells are empty if there are less than 10 respondents.

Table Z.2.12
In my home, there is a parent or some other adult who talks with me about my problems.

	Grade 5 %	Total %
Not at all true	5	5
A little true	8	8
Pretty much true	30	30
Very much true	56	56

Question ES Z.13.
Note: Cells are empty if there are less than 10 respondents.

Appendix

2025–26 CHKS Elementary Survey Response Rates

Eligible Schools	5th %
Addison Elementary	62
Barron Park Elementary	68
Duveneck Elementary	40
El Carmelo Elementary	63
Escondido Elementary	48
Fairmeadow Elementary	64
Herbert Hoover Elementary	48
Juana Briones Elementary	79
Lucille M. Nixon Elementary	53
Ohlone Elementary	34
Packard Children's Hospital/Stanford	
Palo Verde Elementary	56
Walter Hays Elementary	68

Notes: Response rates are presented by grade level. Eligible schools listed are based on CBEDS 2025–26 public school and 2024–25 enrollment data files. Directly funded charter schools have been excluded from the list.