

Center For Lifelong Learning
LUNCH

September 1 - September 30

What's Cooking Today?

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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	1	2	3	4
			W/G Chicken Fries Sweet Potato Fries Fruit Whole Grain Bread Milk	W/G Turkey & Beef Pepperoni Pizza Pocket Romaine Salad w/ Dressing. Fruit Milk
7	8	9	10	11
	All Beef Hamburger on Wheat Hamburger Bun Sweet Potato Fries Fruit Milk	Cheese Lasagna with Spaghetti Sauce Green Beans Whole Wheat Dinner Roll Fruit Milk	BREAKFAST FOR LUNCH French Toast Sticks w/Syrup Turkey Sausage Patty Black Bean & Corn Salad Fruit Milk	Whole Wheat 3x5 Cheese Pizza Romaine Salad w/ Dressing. Fruit Milk
14	15	16	17	18
Sliced Turkey w/ Gravy Mashed Potatoes Fruit Wheat Dinner Roll Milk	W/G Popcorn Chicken w/ Sweet & Sour Sauce Vegetarian Beans Fruit Whole Grain Bread Milk	Beef Meatballs Parmigiana on Wheat Sub Diced Carrots Fruit Milk	Beef Nachos w/ Cheddar Cheese Sauce on W/G Tortilla Scoops Sliced Cucumbers w/Dip Fruit Milk	W/G Turkey & Beef Pepperoni Pizza Pocket Romaine Salad w/ Dressing Fruit Milk
21	22	23	24	25
	W/G Cheese Ravioli w/ Beef Meat Sauce Corn Whole Grain Bread Fruit Milk	All Beef Italian Wheat Sub (Beef Bologna, Beef Salami, & American Cheese Sub) Sliced Cucumbers w/Dip Fruit Milk	Tri Color Tortellini w/ Alfredo Sauce Diced Carrots Fruit Wheat Dinner Roll Milk	Whole Wheat 3x5 Cheese Pizza-2 Romaine Salad w/ Dressing Fruit Milk
28	29	30		
W/G Breaded Chicken Patty on Wheat Bun Vegetarian Beans Fruit Milk	Turkey & Cheese on Wheat Hamburger Bun Potato Salad Cup Fruit Milk	W/G Toasted Cheese Sandwich Sliced Cucumbers w/Dip Fruit Milk		