September

HF Intermediate

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
*THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER. THIS PROGRAM IS FUNDED BY THE USDA.	1 **NATIONAL YOGURT DAY!** YOGURT PARFAIT CELERY STICKS SIDE SALAD PEARS 	2 MEATBALLS & GRAVY W/ ROLL MASHED POTATOES STEAMED CARROTS WATERMELON	3 CRISPITOS REFRIED BEANS FRESH BROCCOLI PEACHES	4 **NATIONAL CHEESE PIZZA DAY!** CHEESE PIZZA OR HAMBURGER FRENCH FRIES SIDE SALAD FRUIT SLUSH CUP 
7 LABOR DAY  NO SCHOOL!	8 SPAGHETTI W/ TX TOAST SEASONED CORN SIDE SALAD APPLESAUCE	9 CHICKEN DRUMSTICKS MASHED POTATOES FRESH BROCCOLI PEACHES	10 MUNCHABLE BABY CARROTS BELL PEPPER STRIPS CRAISINS	11 BREADED CHICKEN SANDWICH FRENCH FRIES TROPICAL TRIO GRAPES
14 **GRANDPARENTS' DAY!** CHICKEN FRIED STEAK W/ ROLL MASHED POTATOES GREEN BEANS APPLE SLICES 	15 HOT DOG/CHILI DOG BAKED BEANS SIDE SALAD CRAISINS	16 CALZONE CUCUMBER+TOMATO SEASONED CARROTS APPLESAUCE	17 CHICKEN ALFREDO W/ TX TOAST GREEN BEANS BABY CARROTS GRAPES	18 **NATIONAL CHEESEBURGER DAY!** CHEESEBURGER/ HAMBURGER FRENCH FRIES SIDE SALAD FRUIT SLUSH CUP 
21 GRILLED CHEESE TOMATO SOUP CELERY STICKS RAISINS	22 CHICKEN STRIPS RANCHERO BEANS MASHED POTATOES PEACHES	23 PANCAKES+SAUSAGE TATER TOTS TROPICAL TRIO APPLE CRISPS	24 BBQ PULLED PORK SANDWICH CHEESY BROCCOLI BABY CARROTS FRUIT SLUSH CUP	25 BREADED CHICKEN SANDWICH FRENCH FRIES SIDE SALAD APPLESAUCE
28 STEAK FINGERS BABY CARROTS TROPICAL TRIO APPLE SLICES	29 CRISPITOS REFRIED BEANS FRESH BROCCOLI PEACHES	30 MEATBALLS & GRAVY W/ ROLL MASHED POTATOES STEAMED CARROTS WATERMELON	**ALT LUNCH OPTIONS** **M:** CHICKEN NUGGETS W/ ROLL **Tu:** CRUNCHY BEEF TACOS **W:** CORN DOG **Th:** BOSCO STICKS **F:** CHEESE PIZZA	

Breakfast Menu

MONDAY:
WAFFLE+BACON OR DONUT

TUESDAY:
SAUSAGE KOLACHE OR BANANA BREAD

WEDNESDAY:
BREAKFAST BURRITO OR CINNAMON ROLL

THURSDAY:
CHICKEN BISCUIT OR MUFFIN

FRIDAY:
BREAKFAST PIZZA OR COWGIRL BREAD

MENU PRICING

Student Breakfast: $2.00
Student Lunch: $3.00
Adult Breakfast: $3.50
Adult Lunch: $5.00

FREE OR REDUCED FOR ELIGIBLE STUDENTS

A variety of milk, fruit & vegetables (when applicable) are offered w/ all meals.
Menu items may vary based on availability.