

SJUSD Elementary Lunch -September 2026

Lunch Entrée	Protein Source
Bean & Cheese Burrito	Beans, Dairy
Beef Tacos	Beef
Beef Rib B' Que	Beef
Bkfst 4 Lunch	Dairy
Breaded Chicken Drumstick	Chicken
Burger - Beef	Beef
Butter Chicken with Rice	Chicken
Cheese Quesadilla	Dairy
Cheesy Southwest Queso Pull-Apart	Dairy
Chicken Burger	Chicken
Chicken Caesar Salad	Chicken
Chicken Corn Dog	Chicken, Dairy
Chicken Tenders	Chicken
Enchirito	Dairy
Grilled Cheese	Dairy
Hot Dog Turkey	Turkey
Italian Dunkers	Dairy
Italian Cheese & Garlic Pull Apart	Dairy
Macaroni and Cheese	Dairy
Italian Pasta Bake	Dairy
Nachos - Beans and Cheese	Dairy
Nachos - Turkey Taco Meat & Beans	Beef, Dairy
Orange Popcorn Chicken with Rice	Chicken
Pasta Alfredo	Dairy
Pizza - Galaxy Cheese	Dairy
Pizza - Pepperoni	Dairy, Turkey
Popcorn Chicken Salad w/ Roll	Chicken
Spicy Chicken Burger	Chicken
Spicy Chicken Tenders w/ Pretzels	Chicken, Dairy
Southwest Pull Apart	Dairy
Sun Butter & Jelly Sandwich	Dairy
Sweet & Sour Chicken w/ Rice	Chicken
Sweet & Sour Veggie Chicken w/ Rice	Chicken
Turkey Tacos	Turkey
Turkey, Gravy and Mashed Potatoes	Turkey, Dairy
Turkey -Ham & Cheddar Sandwich	Turkey, Dairy
Veggie Burger	Dairy
Yogurt with Cinnamon Graham & String Cheese	Dairy

Allergens
Wheat, Milk, Soy
Wheat, Soy, Milk
Wheat, Milk, Soy
Egg, Milk, Soy, Wheat
Wheat
Milk, Wheat
Milk
Milk, Soy, Wheat
Milk, Soy, Wheat
Wheat, Soy
Milk, Wheat, Egg, Fish
Egg, Milk, Soy, Wheat
Soy, Wheat
Milk, Soy, Wheat
Milk, Soy, Wheat
Wheat
Wheat, Milk, Soy, Egg
Milk, Wheat, Soy
Milk, Wheat
Milk, Wheat
Milk
Soy, Milk
Soy, Wheat
Wheat, Milk
Milk, Soy, Wheat
Milk
Soy, Wheat
Wheat, Soy
Milk, Wheat, Soy
Milk, Wheat, Soy
Milk, Soy, Wheat
Soy, Wheat
Soy, Wheat
Soy, Wheat, Milk
Milk, Wheat
Milk, Wheat
Egg, Milk, Soy, Wheat
Milk, Wheat